



S.T.A.H.L. NEWS

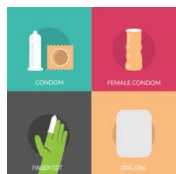
STUDENTS TALKING ABOUT HEALTHY LIFESTYLES



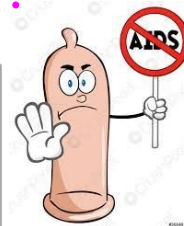
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4/3/2023

LET'S TALK ABOUT (SAFE) SEX, BABY!



SEXUAL HEALTH



WHAT IS AN STI

An infection transmitted through sexual contact, caused by bacteria, viruses, or parasites. The most common types of STI/ STDs are: Human Papillomavirus Infection (HPV), Genital Herpes, Chlamydia, Gonorrhea, Syphilis and HIV/AIDS. STDs are serious illnesses that require treatment. Some STDs, such as HIV/ Herpes cannot be cured.

Symptoms of STI/STDs

- No Symptoms
- Bumps, sores or warts near genitals
- Swelling and or redness
- Skin Rash
- Pain during Urination
- Vaginal or Penile Discharge

GET TESTED

Where: **HEALTH SERVICES Center for Health & Wellbeing Suites on Maple East**

Protect Yourself

- Abstinence
- Use latex condom
- Get tested
- Limit number of partners
- Gardasil Vaccine



HELP INTERRUPT THE STEADY CLIMB IN STDs WITH THESE THREE STEPS:

TALK

Talk openly about STDs with your partners & healthcare providers.

TEST

Get tested. It's the only way to know if you have an STD.

TREAT

If you have an STD, work with your provider to get the right medicine.

15-24 year olds account for half of all new STD Infections



STD WALK IN TESTING
1st WEDNESDAY OF
EVERY MONTH AT THE
HEALTH SERVICE!

THE
RISK IS NOT
KNOWING
GET TESTED

HWP APRIL EVENTS

Kahoot Trivia Night 6:00-7:30PM
Tuesday, 4/4 HUB Allegheny Room
Tuesday, 4/18 HUB Allegheny Room

Just Paws - In Library
Monday, 4/3 6:30PM-8PM
Wednesday, 4/12 1:30PM-3PM
Monday, 4/17 6:30PM-8PM
Wednesday, 4/26 1:30PM-3PM
Monday, 5/1 6:30PM-8:00PM

Fresh Check Day
Tuesday, April 18th
1:00 PM-5:00PM

Oak Grove (Rain Location: Susquehanna Room)
Join Health and Wellness Promotion for our uplifting mental health fair that will have prizes to be won, food, goat yoga and tarot card reading

