COSM

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"Does it hurt the team's chances of winning a championship when I move your leg like this?"

Anterior Drawer test

Checks stability of ATFL



Evaluation of High Ankle Sprain

- Dorsiflex ankle andSqueeze Test rotate the foot





ADVANCED IMAGING STUDIES

- X-rays
- TRIPLE PHASE BONE SCANS
- MRI
- CT SCAN
- STRESS ANKLE VIEWS
- SONOGRAM

MRI of the ankle

 An MRI of the ankle uses harmless radiowaves and a strong magnetic field to create a three-dimensional interior view of the ankle

Computed tomography (CT)

Uses X-rays to create cross sectional images

Triple Phase Bone Scan

- Three phase scan involves the patient receiving a radiotracer injection.
- Detects bone activity
- Useful for identifying stress fractures

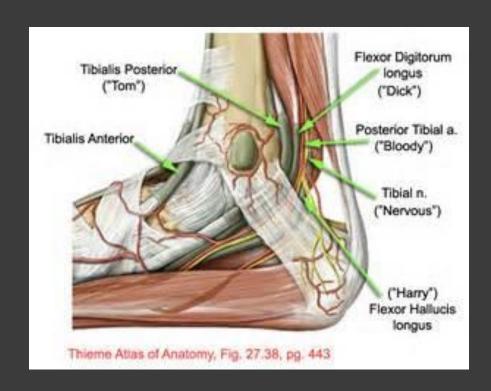
KNOW YOUR ANATOMY!!!!!!



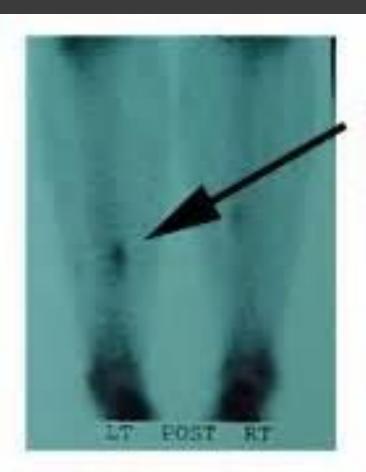
LATERAL ANKLE



MEDIAL ANKLE

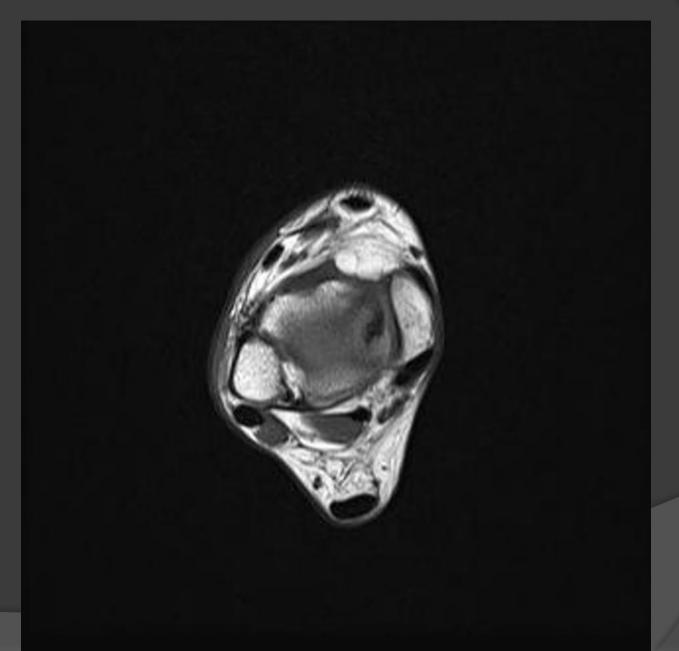




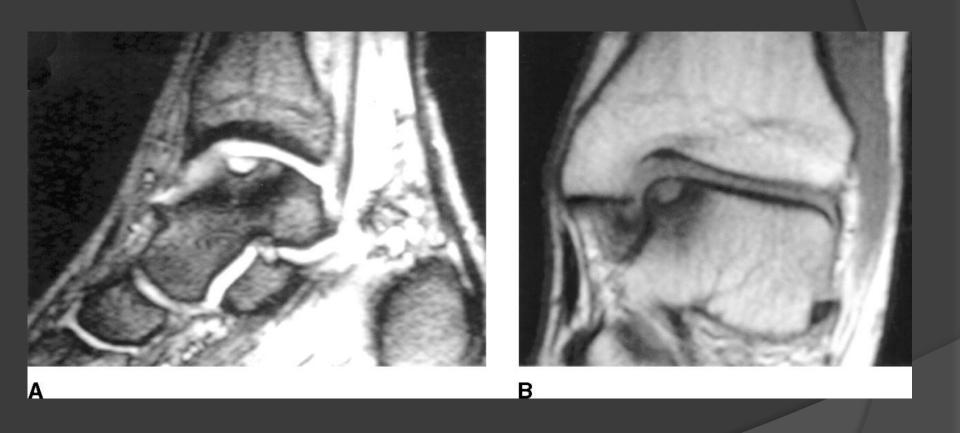


Stress Fracture Diagnosed via Bone Scan

Osteochondral lesion of talus



Osteochondral lesion of the talus

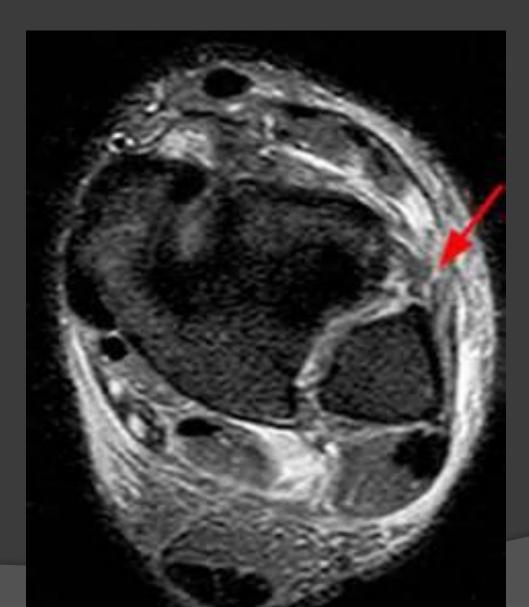


ANKLE STRESS VIEWS

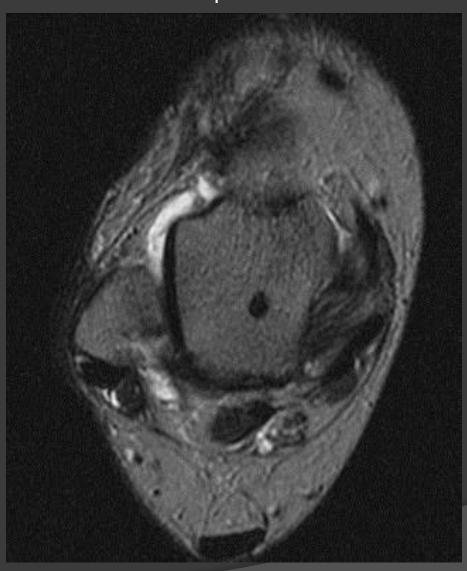




ATFL RUPTURE



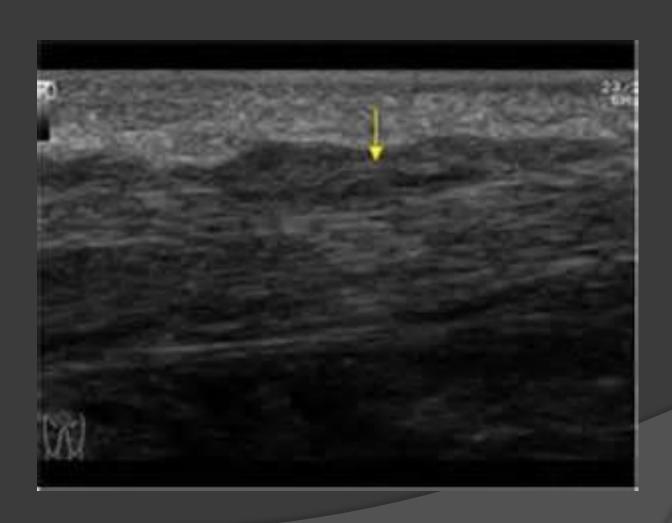
Rupture ATFL



NORMAL ANATOMY



Intratendonis tear of Peroneus brevis



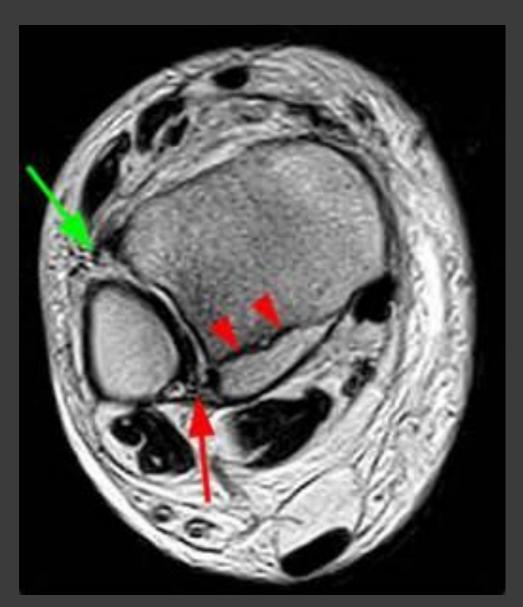
Tear of Peroneus brevis





DISRUPTION OF HIGH ANKLE LIGAMENTS

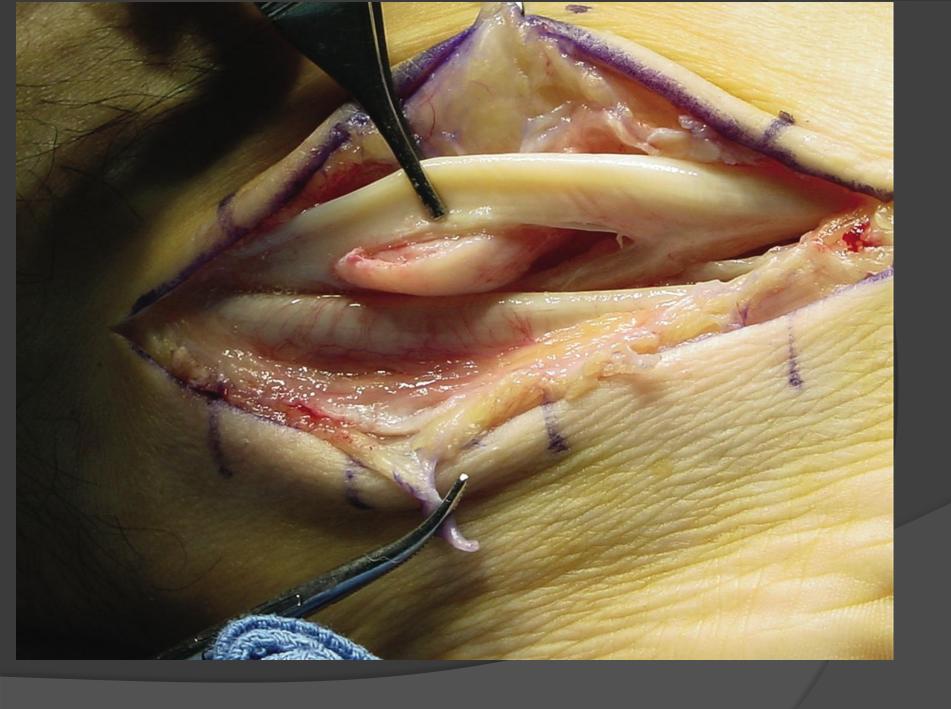




High Ankle Sprain



LONGITUDINAL TEAR OF THE PERONEUS BREVIS



CT FOR TALAR DOME LESION





THANK YOU

