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IUP KINESIOLOGY, HEALTH, & SPORT SCIENCE DEPARTMENT NEWSLETTER



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Student Showcase: Dylan Lyons

Dylan Lyons ('25) is originally from Erie, PA. He's an undergrad in the sport administration program here at IUP. "I have a love and passion for sports and would love to work in the professional sports industry".

Dylan has enjoyed his major classes, especially Social Issues in Sport class. "Not only do I love Dr. Castle as a professor, but I also love the way this class gets your mind thinking and issues in the sports world." Dr. Castle is known for his interactive teaching style and approaching different subjects than how perhaps someone normally would. Lyons enjoyed the class greatly, and the experience gave him a better understanding of a multitude of topics in modern day sports.

Outside of the classroom, Dylan maintains a very busy schedule with different positions. He is a manager on the highly ranked IUP football team, plays on the men's club soccer team, and is the alumni engagement chair for the IUP ambassadors program. He enjoys all of his positions and sees the benefit of the experience with them.

Student Advice to Prospective Students: "Get as involved as much as possible and make the most out of your time here. You aren't going to benefit by just going to class and back home, but if you get around campus and start setting students and even alumni, this will surely benefit your career."



Faculty Focus: Professor David Lorenzi, Department of Health and Physical Education Professor

In addition to a Master of Art in Athletic Training from University of Georgia, Dr. Lorenzi holds a Bachelor of Science in Health & Physical Education from Slippery Rock University. Along with his bachelor degree, he became certified in adapted physical education and sport management while also playing varsity soccer for 4 years. He went on to earn his Educationis Doctor degree in Physical Education/Teacher Education with a focus in cognate area in special education.



Dr. Lorenzi has had many valuable work experiences thus far. He has been a K-12 health and physical education teacher in Georgia and Virginia, and holds an abundant amount of certifications, including Adapted Physical Educator (CAPE), American College of Sport Medicine Certified Personal Trainer, Inclusive Fitness Trainer, and Autism Exercise Specialist. He's taught a multitude of different sports, such as soccer, skiing, and swimming. He's even held the role as a personal trainer, too. He formerly was IUP's Special Needs Activity Program Director. Currently along with his role as a professor, he is the Executive Director of the Phi Epsilon Kappa Fraternity.

Interested in giving to the IUP KHSS Department?

The Kinesiology, Health, and Sport Science Department is happy to announce that we have decided to establish a KHSS Freshman Scholarship. We are looking forward to providing financial support to incoming freshmen to show commitment to our discipline and our belief in the talent of incoming freshmen who have chosen fields and future careers in KHSS.

Anyone wishing to help fund this scholarship can donate using the link:

<http://www.iup.edu/givetoKHSS>

(Please share this link with alumni, student organizations, and all in the IUP community!)



Alumni Showcase: Brooke Keslar

Brooke Keslar ('22) is originally from Connellsville, PA, where she attended Connellsville Area High School. She attended IUP through the department as a sports science major. "I loved my experience at IUP because all of the professors go above and beyond to help you grow as a professional in your field of study."

To her surprise, Brooke's favorite class was research methods. She states that when continuing to grow and learn professionally, she used the skills from that class the most. The research methods course includes a deep dive into the types of research, how to write a research report, and evaluations that are commonly used techniques for data analysis.

Her experience at IUP has paved the way for her success in her current role at Jefferson Hospital doing both inpatient and outpatient cardiac rehab. "It's a field that is incredibly rewarding, watching someone immediately post surgery to months later getting back to what they love with your help."

Student Advice to Prospective Students: "My advice to students is to get close to your professors and let them help you network. They are your most valuable resource."



Event Recap: IUP Athletic Hall of Fame Introduces Five Former Kinesiology, Health, & Sport Science Majors

On Saturday, September 9th, IUP's Athletic Hall of Fame received new inductees with a class of 10 former athletes, 2 long-time athletic trainers and one team. The department's 28th total induction class included multiple individuals who had come through IUP's Kinesiology, Health & Sports Science programs.

Brianna Liebold ('11), Women's Track & Field Nominee

Liebold starred as a two time NCAA indoor All-American in the long jump, and one time in the outdoor long jump. With this, she was named 2010 USTFCCCA Atlantic Region Field Athlete of the Year, PSAC indoor field athlete of the year (2010, 2011), and seven total PSAC championships in jumping events throughout her IUP career, among other awards. Away from Track & Field, Brianna graduated in 2011 with a Bachelor of Arts in sports administration.



Jaclyn Rutkowski ('07), Women's Lacrosse Nominee

Rutkowski was one of IUP's greats in women's lacrosse, compiling 162 points and 58 assists in her career, IUP's leader in both categories. She was voted All-PSAC First Team in 2007, and left as second in program history for career goals at 134. She also owns the single-game program records for goals (9) and assists (8) in IUP history. In the classroom, Jaclyn graduated in 2007 with a Bachelor of Science degree in health and physical education.

Chris Morgan ('08,'09M), Football Nominee

Chris was the 2006 offensive player of the year in the PSAC West, where he rushed for 1,318 yards, a top 10 mark in program history for a single season. He holds additional honors as All-PSAC 2nd team in 2004. In his collegiate career he amassed 3,817 rushing yards (third in program history), and 34 touchdowns. He left IUP in 2008 with a Masters degree in sports administration and a Bachelors of Science in sports administration (2008).

Frank & Ronald Trenney ('92), Athletic Training Nominees

Brothers Frank and Ronald Trenney both had worked in the sports medicine department for IUP, spanning over 30 years. Combined, they hold more than 60 years of athletic training experience. Having worked with 100+ IUP student-athletes, they were essential to the behind the scenes of dozens of championships and school records. Frank and Ronald graduated in 1992 with degrees in health/physical education and health/physical training, respectively.

