

LSC Use Only No: Date:	LSC Action-Date:	UWUCC USE Only No. Date:	UWUCC Action-Date:	Senate Action
		02-104a	App 4/15/03	App 4/29/03

**Curriculum Proposal Cover Sheet - University-Wide Undergraduate Curriculum Committee**

Contact Person Linda Klingaman	Email Address lrklinga
Proposing Department/Unit Department of Health and Physical Education	Phone 724-357-4429

Check all appropriate lines and complete information as requested. Use a separate cover sheet for each course proposal and for each program proposal.

**1. Course Proposals (check all that apply)**

New Course                       Course Prefix Change                       Course Deletion  
 Course Revision                       Course Number and/or Title Change                       Catalog Description Change

<i>Current Course prefix, number and full title</i>	<i>Proposed course prefix, number and full title, if changing</i>
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**2. Additional Course Designations: check if appropriate**

This course is also proposed as a Liberal Studies Course.                       Other: (e.g., Women's Studies, Pan-African)  
 This course is also proposed as an Honors College Course.

**3. Program Proposals**

New Degree Program                       Program Title Change                       Program Revision  
 New Minor Program                       New Track

Bachelor of Science in Education Health and Physical Education <i>Current program name</i>	<i>Proposed program name, if changing</i>
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4. Approvals	Date
Department Curriculum Committee Chair(s) <i>Marilyn Patyko Bogles</i>	3/21/03
Department Chair(s) <i>John Blin</i>	3-21-03
College Curriculum Committee Chair <i>John Miller</i>	3-24-03
College Dean <i>Robert J. Jovi</i>	3-24-03
Director of Liberal Studies *	
Director of Honors College *	
Provost *	
Additional signatures as appropriate: (include title) <i>Joseph Domarader TECC</i>	3-24-03
UWUCC Co-Chairs <i>Gail Sechrist</i>	4/15/03

**MAR 25 2003**

LIBERAL STUDIES

## PART II: DESCRIPTION OF CURRICULUM CHANGE

### 1. Catalog description

Requirements for the degree of Bachelor of Science in Education with a major in Health and Physical Education include the university's Liberal Studies requirements, Professional Education requirements, and the Health and Physical Education core requirement. Upon completion of the degree program and successfully passing the PRAXIS Exam, the student is qualified for an Instructional I Certificate in Health and Physical Education, issued by the Pennsylvania Department of Education in Harrisburg. This certificate is valid for three teaching years in the public schools of Pennsylvania. At that time the applicant will be eligible to apply for tenure in the state of Pennsylvania. All students seeking Pennsylvania certification must follow the 3-Step Process described in the section "Admission to Teaching Education and Certification" found in the College of Education and Educational Technology section of this catalog.

## 2. Summary of Changes

### Bachelor of Science in Education—Health and Physical Education (\*)

<i>Current</i>		<i>Proposed</i>	
<b>Liberal Studies:</b> As outlined in Liberal Studies section with the following specifications:	54	<b>Liberal Studies:</b> As outlined in Liberal Studies section with following specifications:	48
<b>Mathematics:</b> <u>MATH 217</u>		<b>Mathematics:</b> MATH 217 and 3 additional credits (Must be an approved liberal studies MATH course)	
<b>Health and Wellness:</b> <u>FDNT 143</u> or <u>MLSC 101-102</u>		<b>Natural Science:</b> BIOL 103-104 or CHEM 101-102	
<b>Natural Science:</b> <u>BIOL 103-104</u> or <u>CHEM 101-102</u>		<b>Social Science:</b> PSYC 101	
<b>Social Science:</b> <u>PSYC 101</u> , <u>SOC 151</u>		<b>Liberal Studies Electives:</b>	0
<b>Liberal Studies Electives:</b> <u>FDNT 145</u> , <u>PSYC 378</u> , or approved alternatives		<b>Major:</b>	
<b>Major:</b>		<b>Course Requirements:</b>	31
<b>Course Requirements:</b>	31	HPED 142 Foundations of Health, Physical Education, and Sport	3sh
HPED 142 Foundations of Health, Physical Education, and Sport	3sh	HPED 175 Prevention and Care of Injuries to the Physically Active	2cr
HPED 200 Fundamentals of Physical Activity	1sh	HPED 200 Fundamentals of Physical Activity	1cr
HPED 210 Motor Development	2sh	HPED 210 Motor Development	2cr
HPED 221 Human Structure and Function	3sh	HPED 221 Human Structure and Function	3cr
HPED 251 Foundations of Safety and Emergency Health Care	3sh	HPED 242 Emergency Health Care (+)	1cr
HPED 263 Aquatics	1sh	HPED 263 Aquatics	1cr
HPED 315 Biomechanics	3sh	HPED 315 Biomechanics	3cr
HPED 341 Evaluation in Health and Physical Education	3sh	HPED 341 Evaluation in Health and Physical Education	3cr
HPED 343 Physiology of Exercise	3sh	HPED 343 Physiology of Exercise	3cr
HPED 344 Adapted Physical Education	3sh	HPED 344 Adapted Physical Education or	
HPED 441 Psychosocial Implications for Health and Physical Education	3sh	HPED 370 Adapted Health and Physical Education (-)	3cr
HPED 442 Seminar in Health, Physical Education, and Recreation I	3sh	HPED 441 Psychosocial Implications for Health and Physical Education	3cr
		HPED 442 Seminar in Health, Physical Education, and Recreation I	3cr
<b>Professional Requirements</b>		<b>Professional Requirements</b>	20
<b>Health and Physical Education:</b>	22	<b>Health and Physical Education:</b>	
HPED 211 Dance, Rhythm Activities, and Gymnastics	3sh	HPED 214 Teaching Health Fitness & Gymnastics	1cr
HPED 212 Team Sports	3sh	HPED 215 Teaching Rhythmic Activities and Dance	1cr
HPED 213 Individual and Dual Sports and Adventure Activities	3sh	HEPD 216 Teaching Elementary Physical Education	2cr
HPED 318 Preprofessional Experience I	1sh	HPED 217 Teaching Middle School Physical Education	2cr
HPED 321 Methods in Elementary Health and Physical Education	3sh	HPED 218 Teaching High School Physical Education	2cr
HPED 325 School and Community Health	3sh	HPED 316 Teaching Elementary Health Education	2cr
HPED 426 Health Science Instruction	3sh	HPED 318 Preprofessional Experience I	1cr
HPED 450 Curriculum and Programming in Sexuality Education	3sh	HPED 325 School and Community Health	3cr
		HPED 426 Health Science Instruction	3cr
<b>Professional Education Requirements: (1)</b>	24	HPED 450 Curriculum and Programming in Sexuality Education	3cr
COMM 103 Digital Instructional Technology	3sh	<b>Professional Education Requirements:</b>	21
EDSP 102 Educational Psychology	3sh	COMM 103 Digital Instructional Technology	3cr
EDUC 242 Pre-student Teaching Clinical Exp I	1sh	EDSP 102 Educational Psychology	3cr
EDUC 342 Pre-student Teaching Clinical Exp II	1sh	EDUC 242 Pre-student Teaching Clinical Exp I	1cr
EDUC 421 Student Teaching	6sh	EDUC 342 Pre-student Teaching Clinical Exp II	1cr
EDUC 441 Student Teaching	6sh	EDUC 421 Student Teaching	6cr
EDUC 442 School Law	1sh	EDUC 441 Student Teaching	6cr
FDDED 102 American Ed in Theory and Practice	3sh	EDUC 442 School Law	1cr
		<b>Other Requirements:</b>	0
<b>Other Requirements:</b>	0	<b>Free Electives:</b>	0
<b>Free Electives:</b>	0	<b>(#)Total Degree Requirements:</b>	120
<b>(#)Total Degree Requirements:</b>	131		

- (\*) See requirements leading to teacher certification, titled "Admission to Teacher Education," in the College of Education and Educational Technology section of this catalog.
- (1) Special Education Competency Requirement: Revision pending will eliminate exam option and will require EDEX 301 (2sh).
- (#) See advisory paragraph "Timely Completion of Degree Requirements" in the section on Requirements for Graduation.

- (\*) See requirements leading to teacher certification, titled "IUP Teacher Education 3-Step Process" in the College of Education and Educational Technology section of this catalog.
- (#) See advisory paragraph "Timely Completion of Degree Requirements" in the section on Requirements for Graduation.
- (+) Students are required to keep CPR Instructor Certification current from completion of HPED 242 until graduation.
- (-)Teacher Education majors must take HPED 370

**3. Summary and Rationalization for Program Changes**  
 Department of Health and Physical Education

<b>Proposed Change</b>	<b>Action Required</b>	<b>Rationale</b>
Six credits of liberal studies MATH replaces current requirement of 3 credits	Change <i>Mathematics</i> requirement to read: MATH 217 and 3 additional credits of a college level math course	Pennsylvania State Department of Education requires two college level math courses for teacher certification. These two courses must add to at least 6 credits.
Deletion of SOC 151 as a required course in the Social Science section of liberal studies	Eliminate SOC 151 from specifications of liberal studies outline in Health and Physical Education	Students will have an opportunity to choose a course of their personal interest and professional development from the list of approved social science courses.
Addition of HPED 143 Health and Wellness as a choice for the Health and Wellness section of liberal studies	Remove current specifications for Health and Wellness section of liberal studies for Health and Physical Education majors. Allow them to choose from any of the courses listed under this section.	Students will follow specifications listed in liberal studies program (FDNT 143, HPED 143, MLSC 101 & 102)
Change Liberal Studies Electives from 9 credits to 0 credits.	Remove current specifications for Liberal Studies Electives.	This change is being made to meet the 120 credits requirement.
HPED 211 Dance, Rhythm, and Gymnastics	Delete course from program	This course will be replaced with the new course proposals HPED 214 Health Fitness and Gymnastics and HPED 215 Rhythmic Activities and Dance. The new courses include updated content to meet state and national standards.
HPED 212 Team Sports & HPED 213 Individual/Dual Sports	Delete course from program	These classes will be replaced with new course proposals HPED 216 Teaching Elementary Physical Education, HPED 217 Teaching Middle School Physical Education, and HPED 218 Teaching High School Physical Education. The new courses include updated content to meet state and national standards.

<p>HPED 251 Foundations of Safety and Emergency Health Care HPED 175 Care &amp; Prevention of Injuries to the Physically Active HPED 242 Emergency Health Care</p>	<p>Delete HPED 251 from program  Add HPED 175 and HPED 242 to the program</p>	<p>Replace HPED 251 with HPED 175 Care and Prevention of Injuries to the Physically Active (2 credits) and HPED 242 Emergency Health Care (1 credit). These two courses better serve the needs of future teachers.</p>
<p>HPED 321 Methods in Elementary Health and Physical Education</p>	<p>Delete this course from the program</p>	<p>The material in this course will be covered in the new course proposals HPED 216 Teaching Elementary Physical Education and HPED 316 Teaching Elementary Health Education</p>
<p>HPED 214 Health Fitness and Gymnastics</p>	<p>New course proposal</p>	<p>Replaces part of the content in HPED 211 Dance, Rhythm, and Gymnastics. New state and national standards require more focus on fitness and developmental gymnastics</p>
<p>HPED 215 Rhythmic Activities and Dance</p>	<p>New course proposal</p>	<p>Replaces part of the content in HPED 211 which has been deleted from the program. This course focuses on new state and national standards.</p>
<p>HPED 216 Teaching Elementary Physical Education</p>	<p>New course proposal</p>	<p>Replaces content currently taught in HPED 321 Methods in Elementary Health and Physical Education. This course allows the content to be spread over the entire semester and provides more opportunities for students to understand developmental physical education. Students will also be able to focus on the Pennsylvania standards for PE in the elementary school. It also provides students with a lab experience that will provide opportunities for their personal skill development as well as more opportunities for teaching.</p>
<p>HPED 217 Teaching Middle School Physical Education</p>	<p>New course proposal</p>	<p>Provides opportunities for students to better understand developmental physical education and focus on those activities that are appropriate for middle school students. It will also allow students to become familiar with Pennsylvania physical education standards for middle school students. The lab experience will provide opportunities for students to improve their personal skills and have more opportunities to practice teaching.</p>

HPED 218 Teaching High School Physical Education	New course proposal	Provides opportunities for students to better understand developmental physical education and focus on those activities that are appropriate for high school students. It will also allow students to become familiar with Pennsylvania physical education standards for high school students. The lab experience will provide opportunities for students to improve their personal skills and have more opportunities to practice teaching.
HPED 316 Teaching Elementary Health Education	New course proposal	Replaces content currently taught in HPED 321 Methods in Elementary Health and Physical Education. Allows health content of the course to be taught over the duration of the semester. Students will have more time to focus on national and Pennsylvania health education standards as well as have more opportunities to practice teaching.
HPED 325 School and Community Health	Add prerequisite HPED 142	HPED 142 Foundations of Health and Physical Education provides background information students should have before enrolling in this course
HPED 370 Adapted Health and Physical Education HPED 344 Adapted Physical Education	New course proposal Add HPED 370 to Professional Requirements section and delete HPED 344 from Course Requirements section	HPED 370 replaces HPED 344 and EDEX 301 Education of Students with Disabilities in Inclusive Secondary Settings. Course content of HPED 370 will be similar to that of HPED 344 and EDEX 301.
HPED 426 Health Science Instruction	Add prerequisite: HPED 316	HPED 316 Teaching Elementary Health Education is an introductory methods course that will prepare students for the content and activities of HPED 426
FDED 102 American Education in Theory and Practice	Course deletion from the program	No longer required by the College of Education for teacher certification

### PART III: IMPLEMENTATION

1. Students entering the program in the fall of 2003 will follow the new curriculum guidelines.
2. Students currently enrolled in the program who have completed the courses being changed will continue under the old guidelines.
3. Students who are currently in the program, but have not finished courses that are affected by these changes will proceed using the guidelines outlined in the chart below.

New courses:	Courses being replaced:	Transition:
HPED 175 Prevention and Care of Injuries to the Physically Active HPED 242 Emergency Health Care	HPED 251 Foundations of Safety and Emergency Health Care	Students who have completed HPED 251 will not be required to take HPED 175 & 242. This course will continue to be taught as it is a requirement for the driver education certification
HPED 370 Adapted Health and Physical Education	HPED 344 Adapted Physical Education EDEX 301 Education of Students with Disabilities in Inclusive Secondary Settings	Students who have completed HPED 344 and EDEX 301 will not be required to take HPED 370 Students who have only taken HPED 344 will be required to take EDEX 301. This includes transfer students who have a previous adapted physical education class. Students who have only taken EDEX 301 may choose to take either HPED 344 or HPED 370
HPED 214 Teaching Health Fitness and Gymnastics HPED 215 Teaching Rhythmic Activities and Dance	HPED 211 Dance, Rhythm Activities, and Gymnastics	Students who have completed HPED 211 will not be required to take HPED 214 & 215 HPED 211 will be offered for the last time in the fall semester of 2003
HPED 216 Teaching Elementary Physical Education HPED 217 Teaching Elementary Health Education	HPED 321 Methods in Elementary Health and Physical Education	Students who have completed HPED 321 will not be required to take HPED 216 and 217 HPED 321 will be offered for the last time in the fall semester of 2003
HPED 217 Teaching Middle School Physical Education HPED 218 Teaching High School Physical Education	HPED 212 Team Sports HPED 213 Individual and Dual Sports and Adventure Activities	Students who have completed HPED 212 & 213 will not be required to take HPED 217 & 218 HPED 212 & 213 will be offered for the last time in the fall semester of 2003 Students who have taken only one of these two courses will be advised to complete the other one. Students who are not able to have both of these classes completed at the conclusion of the fall semester will complete either HPED 217 or HPED 218 under the advisement of their academic advisor and the course instructors.
Change in College of Education requirements	FDED 102 American Education in Theory & Practice	Students who have not yet been admitted into the College of Education will not be required to complete FDED 102

These revisions will not require a change in faculty resources, space, equipment, or supplies. The number of students as a result of these revisions is expected to be unaffected.



#### PART IV: PERIODIC ASSESSMENT

The program is evaluated on a regular basis by the Pennsylvania Department of Education (PDE) and the National Council of Accreditation for Teacher Education (NCATE). The competencies and standards developed by the Pennsylvania Department of Education, the National Association for Sport and Physical Education, and the American Association of Health Education are used to evaluate the program. A comprehensive written evaluation is completed every five years. This includes a review of course syllabi, faculty vitae, program goals, course sequencing, and a site visit by PDE and NCATE reviewers.

Students who graduate from the program participate in an exit interview with the chair and members of the faculty. Alumni studies are also conducted to determine the success rate of obtaining employment in school and non-school settings. Feedback is also obtained from the alumni regarding their preparedness for entering the field of education.

Student evaluation of each course are conducted throughout the academic year as well as faculty peer evaluations.

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**From:** "Linda R Klingaman" <lrklinga@iup.edu>  
**Subject:** PSYC 378  
**Date:** Fri, 07 Feb 2003 10:26:24 -0500  
**To:** mlzanich@iup.edu



Dr. Zanich, This is to inform the Department of Psychology that the requirements for Health and Physical Education teacher education majors will be changing with our program revision to meet the 120 credit mandate. Our students will no longer be "required" to take PSYC 378 Death and Dying, however, they will still be strongly encouraged to do so as this course has been helpful in providing our students with important content as future teachers. If you have any questions please contact me.  
 Linda Klingaman

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**From:** "Linda R Klingaman" <lrklinga@iup.edu>  
**Subject:** Soc 151  
**Date:** Sun, 02 Feb 2003 20:41:31 -0500  
**To:** aheckert



Dr. Heckert,

The Department of Health and Physical Education is dropping Sociology 151 as a required liberal studies social science course for students in the education track. Students may still elect to take the course and will be encouraged to do so. They may elect to take other choices from the social science area. Our reason for doing so is the reduction in liberal studies free electives. This will provide more opportunity for each student to select courses of his/her interest. We do not anticipate a great number of students from our department will elect other choices and therefore should not impact on the enrollment in SOC 151. If you have any questions please feel free to contact me at 724-357-4429. Sincerely,

Linda Klingaman  
 HPE Student Teaching Coordinator

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**From:** "Linda R Klingaman" <lrklinga@iup.edu>  
**Subject:** FDNT 145  
**Date:** Sun, 23 Mar 2003 20:26:53 -0500  
**To:** ssdahl



Dr. Dahlheimer, It has come to my attention the previous email I sent you regarding changes in the Health and Physical Education curriculum had listed FDNT 143 as HPED 143. Please note that the program changes include dropping 6 credits of liberal studies required electives. This includes FDNT 145 Introduction to Nutrition. Students will still be encouraged to take this course for their own professional development. The Health and Wellness section of liberal studies will also be changed to allow students to take any of the courses now listed under that section of the catalog. This would be a change from the specification for our majors to take FDNT 143. Since many students already take either HPED 143 or MLSC 101 and 102, we don't expect this to impact FDNT 143 greatly. If you have any question, please feel free to contact me...Linda Klingaman

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**From:** "Linda R Klingaman" <lrklinga@iup.edu>  
**Subject:** HPED Liberal Studies Change  
**Date:** Sun, 06 Apr 2003 20:31:18 -0400  
**To:** higgins



Major Higgins, This is to inform the Military Science Department that the Department of Health and Physical Education (teacher education track) has changed the Health and Wellness requirement in our program revision submitted to the Liberal Studies Committee to allow our students to choose HPED 143, FDNT 143, or MLSC 101/102. It currently states our students must take FDNT 143 or MLSC 101/102. We do not believe this will have an impact on the number of our students who continue to choose MLSC 101/102 in your department. If you have any questions please feel free to contact me at 724-357-4429. Thank you, Linda Klingaman, Ph.D., Professor of Health and Physical Education

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