

LSC Use Only
Number: _____
Submission Date: _____
Action Date: _____



UWUCC USE Only
Number: 02-27
Submission Date: _____
Action Date: App 10/22/03
Senate App 11/5/02

CURRICULUM PROPOSAL COVER SHEET
University-Wide Undergraduate Curriculum Committee

I. CONTACT

Contact Person Madeline P. Bayles Phone X 7835
Department Health and Physical Education

II. PROPOSAL TYPE (Check All Appropriate Lines)

 COURSE _____
Suggested 20 character title

 New Course* _____
Course Number and Full Title

 X Course Revision HPED 492 Health Fitness Instruction
Course Number and Full Title

 Liberal Studies Approval + _____
for new or existing course Course Number and Full Title

 Course Deletion _____
Course Number and Full Title

 Number and/or Title Change _____
Old Number and/or Full Old Title

_____ New Number and/or Full New Title

 Course or Catalog Description Change _____
Course Number and Full Title

 PROGRAM: Major Minor Track

 New Program* _____
Program Name

 Program Revision* _____
Program Name

 Program Deletion* _____
Program Name

 Title Change _____
Old Program Name

_____ New Program Name

III. Approvals (signatures and date)

Madeline P. Bayles
Department Curriculum Committee

David A. Stein
Department Chair

[Signature]
College Curriculum Committee

Barbara P. Zoni
College Dean

+ Director of Liberal Studies (where applicable)

*Provost (where applicable)

Department of Health and Physical Education Course Revision

Part II. Description of Course Revision

1. Proposed Catalog Description

HPED 492 Health Fitness Instruction (3c-01-3sh)

Prerequisites: HPED 221, 343, 411 or equivalent

The purpose of this course is to acquire the knowledge, skills, and abilities required to develop programs of physical activity and fitness for healthy adults and those with controlled disease. Experience in leading an exercise class, knowledge of functional anatomy and exercise physiology is also expected prior to participation in the class.

2. Summary of Proposed Revision

Old Prerequisites: HPED 221, 343, 441 or equivalent

New Prerequisites: HPED 221, 343, 411 or equivalent

3. Justification for the Revision

The catalog description for this course includes “Experience in leading an exercise class (HPED 441), knowledge of functional anatomy (HPED 221), and Exercise Physiology (HPED 343) is also expected prior to participation in the class. HPED 441 is Psychosocial Aspects of Health. This course was never a prerequisite for HPED 492 Health Fitness Instruction and appears to be a typographical error made at the time of curriculum submission. HPED 411 is Exercise Appraisal, this is the appropriate prerequisite class.

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