

LSC Use Only No:	LSC Action-Date:	07-26	UWUCC USE Only No.	UWUCC Action-Date:	App-11/27/07	Senate Action Date:	App-1/29/08
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Curriculum Proposal Cover Sheet - University-Wide Undergraduate Curriculum Committee

Contact Person Jose' E. Rivera	Email Address jose.rivera@iup.edu
Proposing Department/Unit Health and Physical Education	Phone 7-5507/2770

Check all appropriate lines and complete information as requested. Use a separate cover sheet for each course proposal and for each program proposal.

1. Course Proposals (check all that apply)	
<input type="checkbox"/> New Course	<input type="checkbox"/> Course Prefix Change
<input type="checkbox"/> Course Revision	<input type="checkbox"/> Course Deletion
<input type="checkbox"/> Course Number and/or Title Change	<input type="checkbox"/> Catalog Description Change

<i>Current Course prefix, number and full title</i>	<i>Proposed course prefix, number and full title, if changing</i>
2. Additional Course Designations: check if appropriate	
<input type="checkbox"/> This course is also proposed as a Liberal Studies Course.	<input type="checkbox"/> Other: (e.g., Women's Studies, Pan-African)
<input type="checkbox"/> This course is also proposed as an Honors College Course.	
3. Program Proposals	
<input type="checkbox"/> New Degree Program	<input checked="" type="checkbox"/> X Catalog Description Change
<input type="checkbox"/> New Minor Program	<input type="checkbox"/> Program Revision
<input type="checkbox"/> Program Title Change	<input type="checkbox"/> Other
<input type="checkbox"/> New Track	

<i>Current program name</i>	<i>Proposed program name, if changing</i>
4. Approvals	
	Date
Department Curriculum Committee Chair(s)	Robert Kostelink 9/13/07
Department Chair(s)	Carmel Blain 9/13/07
College Curriculum Committee Chair	Elizabeth Palmer 10/12/07
College Dean	Charles J. Jori 10-25-07
Director of Liberal Studies *	
Director of Honors College *	
Provost *	
Additional signatures as appropriate:	
(include title)	
UWUCC Co-Chairs	Gail Sechiest 11/27/07

* where applicable

Received
 NOV 01 2007
Liberal Studies

2. Summary of Changes

Old (2006-2007) and New (2007-2008) Catalog Description:

Department of Health and Physical Education (Old)

The Department of Health and Physical Education provides the following services:

1. instruction in health and wellness courses as part of the university's Liberal Studies requirement
2. instruction in health and physical education courses as Physical Education course electives
3. an undergraduate **major** in health and physical education that leads to the Bachelor of Science degree in Education with potential certification to teach in the Commonwealth of Pennsylvania
4. Bachelor of Science degree in Physical Education and Sport which includes the **specialty tracks** of Aquatics, Athletic Training, Exercise Science, and Sport Administration
5. Certification program in Driver Education

Required Program—Liberal Studies

The department, through its Health and Wellness course in the Liberal Studies program, seeks to enhance the overall well-being of students through instruction planned to promote and maintain desirable levels of physical, mental, emotional, and social well-being. Self-responsibility in the following dimensions of wellness is emphasized: nutritional awareness, stress awareness and management, exercise and fitness, substance use and abuse, and sexually transmitted diseases/AIDS. The importance of reducing risk factors for chronic degenerative disease and managing lifestyle factors for promotion of health is presented with implication for both the present and future. Information is provided during class lectures and enhanced by a variety of practical learning experiences which give students opportunities for self-assessment and personal application of the subject matter.

In addition, the department offers a variety of 1-credit activity courses focusing on physical fitness and the development of skills essential for recreation and lifetime sports. Instruction is offered in many activities including golf, resistive exercise, scuba, swimming, and tennis.

The university's Liberal Studies requirements require that each student successfully complete HPED 143 or its alternate, FDNT 143. Students may also elect to take 4 credits of the ROTC program (MLSC 101-102) as an alternate to the wellness courses. Activity courses will continue to be offered, although they are no longer required. It is encouraged and recommended that students choose these courses as elective credits.

Department of Health and Physical Education (New)

The Department of Health and Physical Education provides the following services:

1. instruction in health and wellness courses as part of the university's Liberal Studies requirement
2. instruction in health and physical education courses as Physical Education course electives
3. an undergraduate **program** in health and physical education that leads to the Bachelor of Science in Education degree with potential certification to teach in the Commonwealth of Pennsylvania
4. Bachelor of Science degree in Physical Education and Sport which includes **programs** in Aquatics, Athletic Training, Exercise Science, and Sport Administration
5. Certification program in Driver Education

Required Program—Liberal Studies

The department, through its Health and Wellness course in the Liberal Studies program, seeks to enhance the overall well-being of students through instruction planned to promote and maintain desirable levels of physical, mental, emotional, and social well-

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Bachelor of Science Degree—Physical Education and Sport (Old)

The Bachelor of Science degree in Physical Education and Sport provides greater emphasis on subject matter/content and less on pedagogy. Students who select this major generally apply their knowledge in the areas of exercise science, community and corporate fitness, cardiac rehabilitation, sports medicine, and/or executive fitness programming. The sports study major is a non-teacher certification program. Students enrolled in this program may be required to purchase a personal liability insurance policy. This will be necessary before beginning the preprofessional experience, the internship, or any other clinical experience on or off campus.

Four specialty tracks of study have been developed for the degree program in Physical Education and Sport. These tracks, in addition to the Nutrition minor within the Physical Education and Sport major, and a business minor in conjunction with the Sport Administration track, provide students with an innovative, relevant, and challenging curriculum and at the same time encourage the promotion of interdisciplinary work. Course content is focused toward specific professions within the major, as well as toward different national credentialing possibilities. Student internships and preprofessional experiences can be more appropriately focused to enhance opportunities for postgraduate employment. Furthermore, these tracks provide emphasis in specific subject content areas and teach skills necessary for students to assume leadership roles in careers related to the health fitness industry as well as the sport science industry.

Aquatics Track

This track of study is designed to provide students with the knowledge and skills necessary to obtain leadership roles, both instructional and administrative, in a variety of professional settings. These opportunities include school districts, both for profit and nonprofit community organizations, and aquatic coaching.

Exercise Science Track

The Exercise Science program is endorsed by the American College of Sports Medicine. Exercise Science students prepare for a variety of careers in the health and fitness industry. Positions are available in private and commercial fitness clubs, medical fitness facilities, profit and nonprofit community organizations, cardiac rehabilitation programs, and aging services. Students may also wish to use this track of study to prepare for graduate education in such areas as exercise physiology, physical and occupational therapy, and other allied health programs.

Sport Administration Track

This program track prepares students to use a variety of skills to function in a management capacity within the sport industry. Graduates of this program can seek employment in such areas as school and college athletic departments, coaching, community recreation organizations, minor and major league sports franchises, commercial sport facilities, and golf courses, as well as other athletic and sports related industries. Students will acquire management skills that can be used in multiple career tracks. Successful completion of this track of study will also earn the student a Minor in Business from IUP's Eberly College of Business and Information Technology.

Athletic Training Track

IUP's Athletic Training program is accredited by the Commission on Accreditation of Athletic Training Education. This track prepares students with the knowledge, skills, and experience to provide prevention, evaluation, acute management, and rehabilitation and/or reconditioning services to professional and amateur athletes, and other individuals involved in sports, exercise, and physical activity in general. The program has an academic and a clinical education and experience component. The clinical education and experience component entails a series of eight sequential laboratory courses and a minimum of four semesters of supervised field experience with the IUP Department of Athletics and affiliated clinical settings (sports medicine clinics, physicians' offices/hospitals, and high schools). Students wishing to pursue this track must file an application for admission into the program during their fourth semester at IUP (spring of their sophomore year). Formal admission into the program is a prerequisite for assignment to clinical field experiences and enrollment in upper-level courses.

Admission into the program is competitive, and fulfillment of the minimum eligibility requirements does not guarantee admission. Each year, the program will select a predetermined number of students from the eligible candidate pool based on demonstrated academic achievement and the evaluation of other criteria (letters of recommendation, essay, etc.).

The Athletic Training Selection Committee will review all completed applications and rank students according to the specified criteria. The number of candidates admitted each year may vary with the quality of the candidate pool, available clinical experience sites, and available supervision. Students not admitted initially may reapply the following year. The minimum standards for eligibility are: (1) sophomore status (minimum of 48 credits), (2) a minimum 2.7 cumulative GPA, (3) a minimum of a "C" grade in HPED 175, 221, 242, 345, and 346, (4) two letters of recommendation, (5) satisfactory completion of a one-semester directed clinical observation, (6) a written essay, and (7) a completed and signed "technical standards" form. Official admission and subsequent assignment to field experiences are also contingent upon obtaining student liability insurance, health clearances (physical, TB, speech, and hearing), and Acts 34 and 151 clearances (criminal and child abuse records). Once admitted, students must continue to demonstrate above-average academic and clinical performance in order to remain in good standing (specific program retention and completion guidelines apply). Students should obtain an Athletic Training Program overview or admissions packet from the department for full details.

Bachelor of Science Degree—Physical Education and Sport (New)

The Bachelor of Science degree in Physical Education and Sport provides greater emphasis on sport science subject matter/content and less on pedagogy. Students who select this degree program generally apply their knowledge in the areas of exercise science, community and corporate fitness, cardiac rehabilitation, sports medicine, sport industry management, and/or executive fitness programming. The physical education and sport degree program is a non-teacher certification program. Students pursuing this degree may be required to purchase a personal liability insurance policy and obtain certain clearances before beginning the preprofessional experience, the internship, or any other clinical experience on or off campus.

Four specialty programs of study have been developed for the degree program in Physical Education and Sport. These programs, in addition to the Nutrition minor within the Physical Education and Sport program, and a business minor in conjunction with the Sport Administration program, provide students with an innovative, relevant, and challenging curriculum and at the same time encourage the promotion of interdisciplinary work. Course content is focused toward specific professions, as well as toward different national credentialing possibilities. Student internships and preprofessional experiences can be more appropriately focused to enhance opportunities for postgraduate employment. Furthermore, these programs provide emphasis in specific subject content areas and teach skills necessary for students to assume leadership roles in careers related to the health fitness industry as well as the sport science industry.

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Bachelor of Science in Education Degree—Health and Physical Education (**Old**)

The Health and Physical Education program is accredited by the National Council for Accreditation of Teacher Education, in both Health Education (with accreditation criteria defined by the American Association for Health Education) and Physical Education (with accreditation criteria defined by the National Association for Sport and Physical Education).

Requirements for the degree of Bachelor of Science in Education with a major in Health and Physical Education include the university's Liberal Studies requirements, Professional Education requirements, and the Health and Physical Education core requirements. Upon completion of the degree program and successfully passing the Praxis Exam, the student is qualified for an Instructional I Certificate in Health and Physical Education, issued by the Pennsylvania Department of Education in Harrisburg. This certificate is valid for teaching health and physical education in grades K-12 for three years in the public schools of Pennsylvania. All students seeking Pennsylvania certification must follow the 3-Step Process described in the section "Admission to Teacher Education and Certification" found in the College of Education and Educational Technology section of this catalog.

Health and Physical Education Core

The Health and Physical Education curriculum identifies a required core of studies which emphasizes a body of knowledge relevant to the study of professional health and physical education, as well as the study of physical education and sport. Courses contained in the core are those which are intended to enable students to identify and solve problems by applying relevant knowledge and also to engage in self-directed learning.

Candidates for degree programs in Health and Physical Education must demonstrate acceptable cognitive and psychomotor qualifications as well as desirable character and personality traits. The professional programs seek to foster those qualities of individual character and competence that are inherent in personal and professional maturity. Specific competencies and curriculum requirements are defined within each degree-specific track, and student progress is supervised by the academic advisor.

Driver Education

Candidates for the driver education certification must possess, or be a candidate for, a valid Pennsylvania certificate in any area of certification. A student must currently complete the following four courses: HPED 251, 252, 353, and 354. Students must request the certificate in driver education when they apply for graduation. For students who have already graduated, contact the Office of the Dean, College of Education and Educational Technology, for correct procedures.

Aquatics School Course Offerings

Each summer the department offers the annual Aquatics School. Students attending must possess the necessary aquatic prerequisites. A fee will be charged. All courses may be taken for college credit, if the student is eligible and pays the additional tuition fee. For more information, contact the aquatic director.

Bachelor of Science in Education Degree–Health and Physical Education (New)

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Current Titles

Bachelor of Science–Physical Education and Sport (*)

(*) Admission to this program is by permission of advisor only

Bachelor of Science–Physical Education and Sport–Exercise Science Track

Bachelor of Science–Physical Education and Sport–Sport Administration Track

Bachelor of Science–Physical Education and Sport–Aquatics Track

Bachelor of Science–Physical Education and Sport–Athletic Training Track

All of the rest of the information for each degree is not changing.

Proposed Titles

Bachelor of Science–Physical Education and Sport (*)

(*) Admission to this track is by permission of advisor only

Bachelor of Science–Physical Education and Sport–Exercise Science

Bachelor of Science–Physical Education and Sport–Sport Administration

Bachelor of Science–Physical Education and Sport–Aquatics

Bachelor of Science–Physical Education and Sport–Athletic Training

3. Rationale for Change

These editorial changes will correct some factual errors, reflect recent changes in State required clearances (i.e. federal criminal records, Act 114) for students engaged in off-campus clinical experiences, and standardize the language/descriptions for all majors within the department. Some of these editorial changes will help clarify and more accurately describe the subject matter and professional opportunities for Physical Education and Sport (PESP) majors. In addition, these changes have satisfied a requirement for continued accreditation of the Athletic Training program. The Commission on Accreditation of Athletic Training Education (CAATE) recently revised its interpretation of a key standard. Prior to 2007, programs were required to be a major equivalent and were permitted to be tagged with an umbrella degree program as long as “Athletic Training” appeared on the transcript. Because the athletic training program meets the major definition/guidelines as stated in policy 1985-01 (i.e. 40-60 credits of specialized coursework), and appears on the student transcript (together with the Physical Education and Sport major designation), the program met this and all other accreditation standards and was granted initial accreditation in 2001. During the spring of 2007, CAATE announced its new interpretation for compliance with this standard. Programs must now be a stand-alone major (cannot be tagged with any other title/major). The Athletic Training program submitted a self-study report during the summer of 2006, and had a site-visit Spring 2007 (prior to the announcement of the new interpretation). The program was cited as being non-compliant because of the use of the term “track”, and the use of the “Physical Education and Sport” qualifier. After consulting the HHS college dean, the registrar, the associate provost, and the chair of the undergraduate curriculum committee, the department decided to utilize the term “program” in place of “track” to describe all Physical Education and Sport majors. This was the only generic term that we found to be suitable for use with all PESP programs without violating SSHE administrative procedures. Following submission of our rejoinder (which included this new language), the commission granted continued accreditation until the 2011-2012 academic year provided that we submit a plan for how it will assure that Athletic Training becomes a stand-alone major consistent with other allied health majors at the institution. The HPE department will forward a proposal for a stand-alone major later this year. The department understands that such a program title and degree designation change requires approval by the Chancellor of the SSHE as per Section B of the SSHE Administrative Procedures for Board of Governors’ Policy 1985-01: Requirements for Initiation or Change of Credit-Based Academic Programs.

Part III. Implementation

No changes to the curricular aspects of the programs in question are being proposed other than the editorial changes outlined. Section not applicable.

Part IV. Periodic Assessment

Departments are responsible for an on-going review of curriculum. Include information about the department's plan for program evaluation.

1. Describe the evaluation plan. Include evaluation criteria. Specify how student input will be incorporated into the evaluation process.

Program evaluation has been ongoing since initial accreditation was granted in 2001. The evaluation includes: exit interviews, national certification examination results, placement reports, and alumni surveys. Evaluation criteria includes: student satisfaction, success in passing the national certification exam (pass percentages), certification exam scores per individual domains (evaluation, rehabilitation, etc.) as compared to national averages, and placement percentages. Student input is evident in exit interviews and alumni surveys.

2. Specify the frequency of the evaluations.

Outcomes data is collected on a yearly basis with the exception of alumni surveys which are performed every 3-5 years.

3. Identify the evaluating entity.

The program director, the department chair, the college dean, and the Commission on Accreditation of Athletic Training Education review and evaluate these outcomes.

Part V. Course Proposals

No course proposals. Section not applicable.