

LSC Use Only No:	LSC Action-Date:	UWUCC USE Only No.	UWUCC Action-Date:	Senate Action Date:
		08-90d	App-4/7/09	App-4/28/09

Curriculum Proposal Cover Sheet - University-Wide Undergraduate Curriculum Committee

Contact Person Robert E. Alman II, D. Ed	Email Address balman@iup.edu
Proposing Department/Unit Health and Physical Education	Phone 7-4410

Check all appropriate lines and complete information as requested. Use a separate cover sheet for each course proposal and for each program proposal.

1. Course Proposals (check all that apply) ☐ New Course ☐ Course Prefix Change ☐ Course Deletion ☐ Course Revision ☐ Course Number and/or Title Change ☒ Catalog Description Change		
HPED 375 Physiological Basis of Strength Training		
<u>Current</u> Course prefix, number and full title		<u>Proposed</u> course prefix, number and full title, if changing
2. Additional Course Designations: check if appropriate ☐ This course is also proposed as a Liberal Studies Course. ☐ Other: (e.g., Women's Studies, Pan-African) ☐ This course is also proposed as an Honors College Course.		
3. Program Proposals ☒ Catalog Description Change ☐ Program Revision ☐ New Degree Program ☐ Program Title Change ☐ Other ☐ New Minor Program ☐ New Track		
<u>Current</u> program name		<u>Proposed</u> program name, if changing
4. Approvals		Date
Department Curriculum Committee Chair(s)		
Department Chair(s)	<i>Signatures on 08-90d</i>	
College Curriculum Committee Chair		
College Dean		
Director of Liberal Studies *		
Director of Honors College *		
Provost *		
Additional signatures as appropriate: (include title)		
UWUCC Co-Chairs	<i>Gail S Sechrist</i>	<i>4-7-09</i>

Part II. Description of Curriculum Change

1. Proposed catalog description:

HPED 375 Physiological Basis of Strength Training

3c-0l-3cr

Prerequisites: HPED 221 with a grade of C or better

Gives the student the anatomical and physiological basis of muscle function. Students should also gain an understanding of changes that can be made through weight training and knowledge of programs that will bring about these changes. Opportunities for working with various types of equipment will be available.

2. Current catalog description:

HPED 375 Physiological Basis of Strength Training

3c-0l-3cr

Gives the anatomical and physiological basis of muscle function. Students should also gain an understanding of changes that can be made through weight training and knowledge of programs that will bring about these changes. Opportunities for working with various types of equipment will be available.

- 3. Rationale:** The exercise science program recently received accreditation from the Commission on Accreditation of Allied Health Education Programs (CAAHEP). This accreditation requires course sequencing and academic standards to be in place to maintain this accreditation.

Part III. Letters of Support or Acknowledgement

(None)