LSC Use Only No: LSC Action-Date:	UWUCC USE Only No. U	JWUCC Action-Date:	Senate Action Date:
	08-90e	App-4/7/09	App-4/28/09
Curriculum Proposal Cover Sheet - University-Wide Undergraduate Curriculum Committee			
Contact Person		Email Address	
Robert E. Alman II, D. Ed		balman@iup.ed	<u>u</u>
Proposing Department/Unit		Phone	
Health and Physical Education		7-4410	
Check all appropriate lines and complete information as requested. Use a separate cover sheet for each course			
proposal and for each program proposal.			
1. Course Proposals (check all that apply)			
New Course Course Prefix ChangeCourse Deletion			Deletion
Course RevisionCourse Number and/or Title ChangeXCatalog Description Change			
HPED 410 Exercise Prescription			
<u>Current</u> Course prefix, number and full title <u>Proposed</u> course prefix, number and full title, if		e, if changing	
2. Additional Course Designations: check if appropriate  This course is also proposed as a Liberal Studies Course.  This course is also proposed as an Honors College Course.  Pan-African)			
3. Program Proposals		gram Revision	
New Degree Program	Program Title Change	Othe	er
New Minor Program	New Track		
Current program name	<u>Proposed</u> prograi	m name, if changing	
4. Approvals			Date
			Dute
Department Curriculum Committee Chair(s)			
Department Chair(s)	Signateures on	08-90a	

\* where applicable

**UWUCC Co-Chairs** 

College Dean

Provost \*

(include title)

College Curriculum Committee Chair

Additional signatures as appropriate:

Director of Liberal Studies \*

Director of Honors College \*

Received

APR 02 2009

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#### Part II. Description of Curriculum Change

#### 1. Proposed catalog description:

## **HPED 410 Exercise Prescription**

3c-01-3cr

Prerequisites: HPED 343 with a grade of C or better

Designed to teach individuals to write exercise prescriptions based upon a subjects tolerance for physical activity. Special emphasis on risk factors, techniques of evaluation, drugs, injuries, environmental factors, and motivation and their role in physical activity assessment.

### 2. Current catalog description:

## **HPED 410 Exercise Prescription**

3c-0l-3cr

Prerequisite: HPED 343

Teaches individuals to write exercise prescriptions based upon a subjects tolerance for physical activity. Special emphasis on risk factors, techniques of evaluation, drugs, injuries, environmental factors, and motivation and their role in physical activity assessment.

3. <u>Rationale</u>: The exercise science program recently received accreditation from the Commission on Accreditation of Allied Health Education Programs (CAAHEP). This accreditation requires course sequencing and academic standards to be in place to maintain this accreditation

# Part III. Letters of Support or Acknowledgement (None)