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|------------------|------------------|--------------------|--------------------|---------------------|
| LSC Use Only No: | LSC Action-Date: | UWUCC USE Only No. | UWUCC Action-Date: | Senate Action Date: |
|                  |                  | 08-90h             | AP-4/7/09          | App-4/28/09         |

**Curriculum Proposal Cover Sheet - University-Wide Undergraduate Curriculum Committee**

|                                                            |                                 |
|------------------------------------------------------------|---------------------------------|
| Contact Person<br>Robert E. Alman II, D. Ed                | Email Address<br>balman@iup.edu |
| Proposing Department/Unit<br>Health and Physical Education | Phone<br>7-4410                 |

Check all appropriate lines and complete information as requested. Use a separate cover sheet for each course proposal and for each program proposal.

|                                                                                                                                                                                                                                                                                                                                                       |                      |                                                                   |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------|-------------------------------------------------------------------|
| <b>1. Course Proposals (check all that apply)</b><br><input type="checkbox"/> New Course <input type="checkbox"/> Course Prefix Change <input type="checkbox"/> Course Deletion<br><input type="checkbox"/> Course Revision <input type="checkbox"/> Course Number and/or Title Change <input checked="" type="checkbox"/> Catalog Description Change |                      |                                                                   |
| HPED 492 Health Fitness Instruction                                                                                                                                                                                                                                                                                                                   |                      |                                                                   |
| <u>Current</u> Course prefix, number and full title                                                                                                                                                                                                                                                                                                   |                      | <u>Proposed</u> course prefix, number and full title, if changing |
| <b>2. Additional Course Designations: check if appropriate</b><br><input type="checkbox"/> This course is also proposed as a Liberal Studies Course. <input type="checkbox"/> Other: (e.g., Women's Studies, Pan-African)<br><input type="checkbox"/> This course is also proposed as an Honors College Course.                                       |                      |                                                                   |
| <b>3. Program Proposals</b> <input checked="" type="checkbox"/> Catalog Description Change <input type="checkbox"/> Program Revision<br><input type="checkbox"/> New Degree Program <input type="checkbox"/> Program Title Change <input type="checkbox"/> Other<br><input type="checkbox"/> New Minor Program <input type="checkbox"/> New Track     |                      |                                                                   |
| <u>Current</u> program name                                                                                                                                                                                                                                                                                                                           |                      | <u>Proposed</u> program name, if changing                         |
| <b>4. Approvals</b>                                                                                                                                                                                                                                                                                                                                   |                      |                                                                   |
| Department Curriculum Committee Chair(s)                                                                                                                                                                                                                                                                                                              |                      | Date                                                              |
| Department Chair(s)                                                                                                                                                                                                                                                                                                                                   | Signatures on 08-90a |                                                                   |
| College Curriculum Committee Chair                                                                                                                                                                                                                                                                                                                    |                      |                                                                   |
| College Dean                                                                                                                                                                                                                                                                                                                                          |                      |                                                                   |
| Director of Liberal Studies *                                                                                                                                                                                                                                                                                                                         |                      |                                                                   |
| Director of Honors College *                                                                                                                                                                                                                                                                                                                          |                      |                                                                   |
| Provost *                                                                                                                                                                                                                                                                                                                                             |                      |                                                                   |
| Additional signatures as appropriate:<br>(include title)                                                                                                                                                                                                                                                                                              |                      |                                                                   |
| UWUCC Co-Chairs                                                                                                                                                                                                                                                                                                                                       | Gail S. Schriest     | 4-7-09                                                            |

\* where applicable

## **Part II. Description of Curriculum Change**

### **1. Proposed catalog description:**

#### **HPED 492 Health Fitness Instruction**

**3c-01-3cr**

#### **Prerequisites:**

**HPED 411 with a grade of C or**

**better**

Students acquire the knowledge, skills, and abilities required to develop programs of physical activity and fitness for healthy adults and those with controlled disease. Experience in leading an exercise class, knowledge of functional anatomy, and exercise physiology is also expected prior to participation in the class.

### **2. Current catalog description:**

#### **HPED 492 Health Fitness Instruction**

**3c-01-3cr**

**Prerequisites:** HPED 221, 343, 411 or equivalent

Students acquire the knowledge, skills, and abilities required to develop programs of physical activity and fitness for healthy adults and those with controlled disease. Experience in leading an exercise class, knowledge of functional anatomy, and exercise physiology is also expected prior to participation in the class.

3. **Rationale:** The exercise science program recently received accreditation from the Commission on Accreditation of Allied Health Education Programs (CAAHEP). This accreditation requires course sequencing and academic standards to be in place to maintain this accreditation.

## **Part III. Letters of Support or Acknowledgement**

(None)