

11-16b.

LSC Use Only No:	LSC Action-Date:	UWUCC USE Only No.	UWUCC Action-Date:	Senate Action Date:
		10-80b.	APP 9-06-11	App 10-11-11

Curriculum Proposal Cover Sheet - University-Wide Undergraduate Curriculum Committee

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Proposing Department/Unit Health and Physical Education- Exercise Science	Phone 724-357-4410

Check all appropriate lines and complete information as requested. Use a separate cover sheet for each course proposal and for each program proposal.

1. Course Proposals (check all that apply)

New Course Course Prefix Change Course Deletion
 Course Revision Course Number and/or Title Change Catalog Description Change

HPED 285 Group/Individual Exercise Leadership

<u>Current</u> Course prefix, number and full title	<u>Proposed</u> course prefix, number and full title, if changing
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2. Additional Course Designations: check if appropriate

This course is also proposed as a Liberal Studies Course. Other: (e.g., Women's Studies, Pan-African)
 This course is also proposed as an Honors College Course.

3. Program Proposals

New Degree Program Program Title Change Program Revision
 New Minor Program New Track Other
 Catalog Description Change

<u>Current</u> program name	<u>Proposed</u> program name, if changing
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4. Approvals

	Date
Department Curriculum Committee Chair(s)	3/1/2011
Department Chair(s)	3/2/11
College Curriculum Committee Chair	4/8/11
College Dean	3/2/11
Director of Liberal Studies *	
Director of Honors College *	
Provost *	
Additional signatures as appropriate: (include title)	
UWUCC Co-Chairs	9/26/11

* where applicable

Received

SEP 6 2011

Liberal Studies

Received

APR 8 2011

Liberal Studies

Part II. Description of Curriculum Change

1. Prerequisite description (new)

HPED 285 Group/Individual Exercise Leadership

1c-2l-3cr

Prerequisites: PESP/Exercise Science Majors, HPED 221 OR BIO 150 with a grade of C or better

Provides theoretical knowledge of leadership skills necessary to design, implement, and evaluate safe and effective exercise programs in group and individual settings. An emphasis is placed on group exercise leadership and fitness instruction. Students are also be introduced to the management and administration of such programs. Observations within the field are required, as well as opportunities to apply introductory concepts of exercise training through practical application.

2. Prerequisite description (Current)

HPED 285 Group/Individual Exercise Leadership

1c-2l-3cr

Prerequisite: PESP/Exercise Science Majors

Provides theoretical knowledge of leadership skills necessary to design, implement, and evaluate safe and effective exercise programs in group and individual settings. An emphasis is placed on group exercise leadership and fitness instruction. Students are also be introduced to the management and administration of such programs. Observations within the field are required, as well as opportunities to apply introductory concepts of exercise training through practical application.

3. Justification/Rationale

The exercise science program is accredited by the Commission on Accreditation of Allied Health Education Program (CAAHEP). The certification requires course sequencing and academic standards to be in place to maintain this accreditation.