

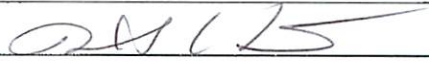
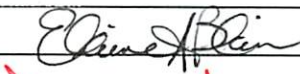
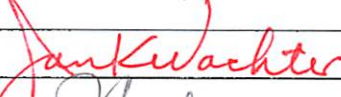
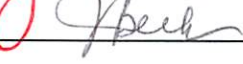

11-16c.

LSC Use Only No:	LSC Action-Date:	UWUCC USE Only No.	UWUCC Action-Date:	Senate Action Date:
		10-80c.	APP 9/10/11	APP 10-11-11

Curriculum Proposal Cover Sheet - University-Wide Undergraduate Curriculum Committee

Contact Person Robert E. Alman II, D. Ed	Email Address balman@iup.edu
Proposing Department/Unit Health and Physical Education- Exercise Science	Phone 724-357-4410

Check all appropriate lines and complete information as requested. Use a separate cover sheet for each course proposal and for each program proposal.

1. Course Proposals (check all that apply) <input type="checkbox"/> New Course <input type="checkbox"/> Course Prefix Change <input type="checkbox"/> Course Deletion <input type="checkbox"/> Course Revision <input type="checkbox"/> Course Number and/or Title Change <input checked="" type="checkbox"/> Catalog Description Change	
HPED 286 Strength/Personal Training Practicum	
<u>Current Course prefix, number and full title</u> <u>Proposed course prefix, number and full title, if changing</u>	
2. Additional Course Designations: check if appropriate <input type="checkbox"/> This course is also proposed as a Liberal Studies Course. <input type="checkbox"/> Other: (e.g., Women's Studies, Pan-African) <input type="checkbox"/> This course is also proposed as an Honors College Course.	
3. Program Proposals <input type="checkbox"/> New Degree Program <input type="checkbox"/> Program Title Change <input type="checkbox"/> Other <input type="checkbox"/> New Minor Program <input type="checkbox"/> New Track <input type="checkbox"/> Catalog Description Change <input type="checkbox"/> Program Revision	
<u>Current program name</u> <u>Proposed program name, if changing</u>	
4. Approvals	
Department Curriculum Committee Chair(s)	Date
	03/01/2011
Department Chair(s)	Date
	3/2/11
College Curriculum Committee Chair	Date
	4/8/11
College Dean	Date
	3/2/11
Director of Liberal Studies *	
Director of Honors College *	
Provost *	
Additional signatures as appropriate: (include title)	
UWUCC Co-Chairs	Date
	9/16/11

* where applicable

Received SEP 6 2011 Liberal Studies	Received APR 8 2011 Liberal Studies
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Part II. Description of Curriculum Change

1. Prerequisite description (new)

HPED 286 Strength/Personal Training Practicum

1c-1l-2cr

Prerequisite: PESP/Exercise Science Majors and a C or higher in HPED 221 Structure and Function OR BIO 150 Human Anatomy OR Athletic Training Majors.

Provides theoretical knowledge of leadership skills necessary to design, implement, and evaluate safe and effective personal training programs. An emphasis is placed on individualized fitness instruction and the development of training programs for cardiovascular fitness and strength. Observations within the field are available as well as opportunities to apply introductory concepts of exercise training through practical application.

2. Prerequisite description (current)

HPED 286 Strength/Personal Training Practicum

1c-1l-2cr

Prerequisite: PESP/Exercise Science Majors

Provides theoretical knowledge of leadership skills necessary to design, implement, and evaluate safe and effective personal training programs. An emphasis is placed on individualized fitness instruction and the development of training programs for cardiovascular fitness and strength. Observations within the field are available as well as opportunities to apply introductory concepts of exercise training through practical application.

3. Justification/Rationale

The exercise science program is accredited by the Commission on Accreditation of Allied Health Education Program (CAAHEP). The certification requires course sequencing and academic standards to be in place to maintain accreditation.