LSC Use Only Proposal No: LSC Action-Date:	UWUCC Use Only Proposal No: 14-8 UWUCC Action-Date: App 16/28/15		12/14
Curriculum Proposal C	over Sheet - University-Wide Undergr	aduate Curriculum Committee	
Contact Person(s) Jose' E. R]	
Proposing Department/Unit Health & Ph	ysical Education	Phone (724)357-5507	
Check all appropriate lines and complete all information. Use a	separate cover sheet for each course proposal a	nd/or program proposal.	
Course Proposals (check all that apply) New Course Course Revision Current course prefix, number and full title: HP	Course Prefix Change Course Number and/or Title Change ED 448, Therapeutic Exerc	Course Deletion Catalog Description Cises for Athletic Injury I	
Proposed course prefix, number and full title, if c			
2. Liberal Studies Course Designations, as a			
This course is also proposed as a Liberal Studie		categories below)	
Learning Skills Knowledge Area	Global and Multicultural Awarene	ss Writing Across the Curri	culum (W Course)
Liberal Studies Elective (places mark the	designation/s) that applies must most	at least one)	
Liberal Studies Elective (please mark the	designation(s) that applies – must meet	t at least one)	
Global Citizenship	Information Literacy	Oral Communication	
Quantitative Reasoning	Scientific Literacy	Technological Literacy	
3. Other Designations, as appropriate Honors College Course	Other: (e.g. Women's Studies, Pan Afri	can)	
4. Program Proposals			
		am Title Change Il Studies Requirement Changes	New Track
Proposed program name, if changing:			
	Cia	nature	Date
5. Approvals Department Curriculum Committee Chair(s)	Sig		4 hugh
Department Chairperson(s)	SD- M	20-	412
College Curriculum Committee Chair	Cant	D.A.	and
College Dean	mad	s/	1/10/1
Director of Liberal Studies (as needed)			7.30.19
Director of Honors College (as needed)			
Provost (as needed)			
Additional signature (with title) as appropriate			
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Received OCT 2 2014 Liberal Studies

Part II. Description of Curriculum Change

1. Catalog Description (new):

HPED 448, Therapeutic Exercises for Athletic Injury Management	

Prerequisites: HPED 365 and HPED 375

The theoretical framework for athletic injury assessment and management of the injured athlete is discussed. A problem-solving approach to the selection and implementation of specific tests and therapeutic interventions is utilized. An overview of therapeutic management as well as the development of skill in basic therapeutic exercise procedures for improving muscle performance, relaxation, and mobilization is included.

2. Proposed Changes

> Prerequisites only

Current/old catalog description:

HPED 448, Therapeutic Exercises for Athletic Injury Management	3 class hours
	2 lab hours
	(3c-2l-4cr)

Prerequisites: HPED 365

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Proposed/new Description:

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3. Justification/Rationale:

The HPED 375 course is being added as a prerequisite for this course. Understanding basic muscle properties is necessary for the understanding of rehabilitation strengthening principles. Requiring 375 as a prerequisite will ensure that all students have the prerequisite knowledge in muscle function and strengthening, prior to applying those principles to orthopedic rehabilitation.