## GHB

GHB stands for gamma-hydroxybutyrate, and is often called other names such as **Liquid Ecstasy**, **Grievous Bodily Harm**, **Liquid G**, or **Georgia Home Boy**. It is approved by the FDA for use in the treatment of narcolepsy (a sleep disorder).

GHB is a clear liquid often slipped into drinks. It causes "short-term amnesia" which means you may not remember what happened to you while under the influence of the drug. The effects of GHB can be felt about 15-20 minutes after taking it.

Side effects include nausea, dizziness, confusion, or heavy drowsiness. In some cases, people have lost consciousness, slipped into a coma and died after taking GHB. It's impossible to predict the effects of the drug because so much of it is "homemade" (some of the ingredients in GHB are floor stripping solvents and drain cleaners). GHB can be detected in the blood for up to 12 hours.

GHB addiction is very rare. In fact, forming an addiction would require constant use for several days. Also, unlike other drugs, GHB withdrawal symptoms are not physically



# Rohypnol

Better known as "**Roofies**", Rohypnol is a medication prescribed by doctors in other countries for people with severe sleeping disorders. It is illegal in the United States.

Rohypnol is a small white tablet that is dropped into drinks to dissolve. Once dissolved in a drink, it is colorless, odorless, and tasteless. There is no "high" involved, and most cases of Rohypnol use involves a predator slipping the drug into someone's drink. Effects of the drug are felt in about 20-30 minutes.

A person who is drugged will feel drowsy, dizzy, and disoriented (much like the effects of being very drunk). Some may also experience memory loss. People who have been drugged often report not remembering anything for periods of about 4-10 hours. It is usually during this time that the predator attacks the victim sexually.



Rohypnol manufacturers have recently developed a new form of the drug which dissolves slower, and gives off a bright blue color as it dissolves, making it easier to detect.



## Ketamine Ketamine

Also known as **K**, **Special K**, **Vitamin K**, and **Ket**. It is commonly used by teens and young adults at dance clubs and raves, but has recently been added to the predatory drugs list.

Ketamine is manufactured as a tranquilizer for animals. It is made in the form of pills, powder, and liquid. The powder resembles cocaine, and the liquid looks like cloudy water. It is odorless, colorless, and tasteless when dissolved in liquid.

Effects of Ketamine are much like the effects of other predatory drugs (amnesia, dissociation, etc.) but with a strong hallucinatory component. Ketamine is much stronger than other predatory drugs and an overdose could stop the heart almost instantly. The effects of the drug typically last for about an hour. However, it is not uncommon for the effects to last as long as six hours. Ketamine is detectable in the blood for up to 48 hours.

Some side-effects of Ketamine are increased or decreased blood pressure and heart rate, severe allergic reactions, difficulty breathing, muscle tightness, nausea, and nightmares.

Ketamine can produce a strong psychological addiction, like cocaine. The psychedelic effects and hallucinations are the main reason the drug is frequently abused.

IN A SURVEY OF COLLEGE WOMEN, 37% REPORTED AT LEAST ONE DRUG OR ALCOHOL RELATED SEXUAL ASSAULT EXPERIENCE.

#### WHAT EVERYONE SHOULD KNOW:

- Consuming predatory drugs is NEVER the fault of the victim
- Predators can take advantage of certain situations like placing drugs in unattended drinks and open punch bowls

## If You or a Friend Has Been Drugged or Assaulted

- Get to a safe place and call 911. (Everything is evidence so don't shower, change clothes, brush teeth etc.)
- Stay with a trusted friend until help arrives.

## Signs You May Have Been Drugged:

- If you feel drunk or dizzy after having little or nothing to drink.
- If you hadn't had a lot to drink, and can't remember events from the night before.
- If you feel as though someone had sex with you but cannot remember any or all of the incident.



#### On Campus

The Counseling Center
G31 Suites on Maple East
724-357-2621

Center for Health and Well-Being Haven Project 724-357-4799

University Police 724-357-2141

#### **Off Campus**

The Alice Paul House 724-349-4444

<u>Indiana Regional Medical Center</u> 835 Hospital Rd Indiana 15701

> <u>The Open Door</u> 334 Philadelphia St. (724) 465-2605

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# Predatory Drugs

