



IUP Counseling Department Newsletter

A semi-annual newsletter for the IUP Department of Counseling alumni and students

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Welcome to the Spring 2007 edition of the Department of Counseling Newsletter. This is the time of the year for endings and beginnings. Mitch Albom, the author of **The Five People You Meet in Heaven** says, "All endings are beginnings. We just don't know it at the time." For those students who graduated last week, they are ending their time with us and beginning or continuing their journey as counseling professionals. I always appreciate the connections that are recognized at graduation and the celebration of endings and beginnings. One poignant example is the birth of Sarah Genevieve Mirth, the daughter of Mike and Andrea Mirth, at 6:39 p.m. on May 11th at the point that Mike would have been receiving his M.Ed. degree as he is a member of the 1st Monroeville School Cohort. A few weeks earlier, we admitted about 50 new students into both the campus and Pittsburgh area programs; they are also engaged in a process of endings and beginnings. Additional students will be admitted to the Pittsburgh area programs over the summer.

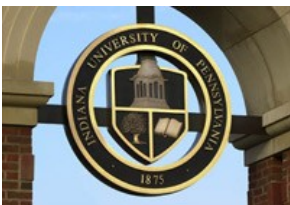
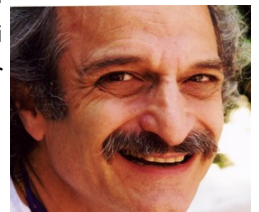
I am ending my 26th year as an IUP faculty member and after this summer will be beginning my first Sabbatical. Two new faculty are ending their doctoral work and beginning their tenure at IUP in late August. Dr. Mary Graham from Oregon State University will be returning east after living in the Northwest for most of her life, and Kirsten Murray (planning to complete her dissertation in June) from Idaho State University will be moving out of Idaho for the first time in her life. See information on Mary and Kirsten on page three. For the first time, the Department will have twelve faculty.

Faculty have also been involved in ending and beginning various projects; read about their activities on pages two and three. We continue in the beginning stages of the planning of a doctoral program. The faculty have identified key issues that need to be addressed in order to proceed. The online survey has been completed by 228 students and alumni; we hope to have additional alumni complete the survey (see page 4). Thus far, 96 respondents expressed high interest in applying for the program, and there is a fairly equal interest in both the campus and Pittsburgh location for the program.

A number of students have been honored recently — Jennifer Sims, a member of Community Cohort 6, was named the Janet Fontaine Outstanding Student for 2006-2007. Sherry Shields, in the School Counseling campus program, is one of 15 recipients nationwide of the Ross Trust Scholarship awarded by the American Counseling Association. Lindsay Swiss, in the School Counseling campus program, is a recipient of the PSCA Scholarship. See more on pages 6 and 7.

The recent tragedy at Virginia Tech once again points to the significant role counseling professionals have in responding to those who experience grief and loss, and effectively deal with people who exhibit signs of distress. I will end quoting a portion of Nikki Giovanni's poem she wrote for the VT memorial service, "We are better than we think. And not yet quite what we want to be." Peace,

Bob Witchel



Faculty Updates

Dr. Michelle Bruno recently co-presented at the American Education Research Association (AERA) convention held in Chicago, Illinois. The presentation was entitled, "Improving Assertiveness and self-efficacy in college women: Can we teach women rape resistant behaviors."

Dr. Stacia Carone I am thrilled to be completing my first semester in the Dept. In addition to teaching courses, I organized the Pregnant and Parenting Teen workshop with the ARIN Intermediate Unit where students in the Career Education course presented excellent interactive career education workshops and were very well-received by the teen participants. My G.A., Alex McConnell, and I will be presenting, "Using Problem-Based Learning Strategies in Clinical Group Supervision" at the 3rd International Interdisciplinary Conf. on Clinical Supervision in Buffalo in June. I revised a co-authored manuscript, "Student Judgments Regarding Problem-Based Learning Strategies which was accepted for publication in the journal, Rehabilitation Education. I'm honored to be part of the Dept. and look forward to meeting more alumni and students.

Dr. Kimberly Desmond was blessed with the birth of her first child this semester. Mason Thomas Desmond was born on Valentine's Day in the middle of an ice storm. He was 10 lbs and 21 inches long. Kim and her husband, James, are



enjoying parenthood and Mason is even letting them get some sleep at night.

Dr. Desmond continues to be a contributing editor for Counselor Audio Source and has completed two podcasts with Dr. McCarthy this semester. The first interview focused on adolescent depression and the second interview was about the Center for Counseling Training and Services. To listen to the podcasts go to: <http://www.counseloraudiosource.net/> Dr. Desmond and two colleagues from other universities (Dr. Clarrice Rapisarda and Dr. Jill Nelson) were fortunate to be awarded an Assoc. for Counselor Ed. and Sup. grant for their research on supervisor development. The grant was awarded at the ACA conference in Detroit.. Dr. Desmond continues to serve the ACA on a national level as a member of the Publications Committee. She is also a book review board member for the Family Journal. Dr. Desmond looks forward to playing outdoors with her son and husband this summer.

Dr. Holly Branthoover Moore co-authored an article in the Journal of Counseling & Development with Dr. Rick Myer of Duquesne University, *Crisis in context theory: An ecological model*. She co-facilitated two presentations on the topic of *Diagnostic evaluation: Should it be taught in practicum?* with Dr. Dandeneau at the NARACES Fall Conference in Lake George, NY and the PCA Fall Conference in State College. She also co-facilitated a workshop with a graduate student, Sherry Shields, at the April 2007 PSCA conference in Lancaster. The topic was *Male self-esteem development: Facts, implications, and interventions*. In addition, she presented two workshops for local

schools *Mean Girls Don't Have to Rule the School: Dare to be Different* for female students in grades 7-12 at Ford City High School and *Relational Aggression* for faculty and staff at Boyce Middle College, an alternative high school in Monroeville. In July 2006, Dr. Branthoover Moore joined the American Red Cross, Disaster Action Team, Southwestern PA Branch, as a crisis volunteer and joined a private practice in the Pittsburgh area, seeing clients one day a week. She began serving as the department's Practicum Coordinator and continues her service on the University Judicial Board and as membership chair for the PA Counseling Association.

Dr. Lorraine Guth continues to enjoy working in the Dept. She is the Dept. Internship Coordinator and serves on the University Senate Research and Tenure Committees. Dr. Guth has had several collaborative projects related to technology and diversity resulting in the following publication and presentations:

- Guth, L. J., Witchel, R. I., Witchel, S. F., & Lee, P. A. (2006). Relationships, sexuality, gender identity, gender roles, and self concept of Individuals who have Congenital Adrenal Hyperplasia: A qualitative investigation. *Journal of Gay and Lesbian Psychotherapy, 10*, 57-75.
- Guth, L. J. & Marshak, L. (2007, March). Counseling students' attitudes toward clients who have disabilities: Implications for counselor education. Poster presentation, ACA, Detroit, Michigan.
- Guth, L. J., & Dandeneau, C. J. (2006, Oct.). Enhanced Discrimination Model supervision using the Landro Play Analyzer. Paper presented at the North Atlantic Regional Association for Counselor Education and Supervision Conference, Lake George, NY.
- Guth, L. J., & Dandeneau, C. J. (2006, September). The supervision experience of

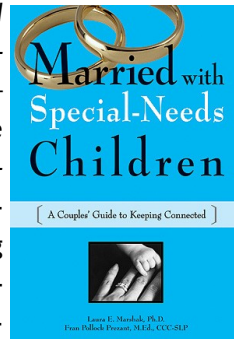
Faculty Updates

your dreams: Using innovative Landro technology. Paper presented at the Southern Assoc. for Counselor Ed. and Sup. Conference, Orlando, FL.

Personally, her son Alex is 8 and attends Eisenhower Elementary School. Adriana is 4½ and attends Keys Montessori School. In her free time, Dr. Guth enjoys attending Alex's ice hockey games and watching Adriana dance and play soccer. She is also looking forward to taking boating, fishing, and Idlewild Amusement Park trips this summer.

Dr. John McCarthy continues to direct the Center for Counselor Training (CCTS), which has had an active year. In addition to coordinating two school counselor events and the Play Therapy workshop in May, CCTS also served as a site for the WPIC videoconference series and offered a two-day conflict resolution workshop during the 2006-2007 academic year. Dr. McCarthy had two articles published in a recent issue of the "Australian Journal of Guidance and Counselling." He also presented on adolescent depression at the 2007 American Counseling Association conference in Detroit and completed the three-day, international "Motivational Interviewing Train the Trainer". He continues to learn the secrets of life from his daughters (ages 4 and 6) and will spend the summer teaching them more about the Boston Red Sox.

Dr. Laura Marshak is looking forward to the summer after an especially busy year. Her activities, outside of the classroom, included the publication of a book she has been working on with Fran Prezant for more than four years: *Married with Special-Needs Children—A Couple's Guide to Staying Connected*. The process of writing this book included interview-



ing many parents of children with severe disabilities about the issues they experience within their marriages and ways in which they cope with them. As a result of the book's publications, she has been involved with many related activities including interviews for radio and print and speaking at support groups. She also published an article with Dr. Holly Belch (of SAHE) titled, *Critical Incidents Involving Students with Psychiatric Disabilities: The Gap between State of the Art and Campus practices*. It appeared in the NASPA journal, a publication primarily for professionals in the area of student affairs.

Dr. Marshak and Dr. Dandeneau (along with Dr. Todd Van Wieren and Ms. Fran Prezant) obtained a contract from Jossey Bass to write a book titled: *The School Counselor's Guide to Working with Students with Disabilities: Practicalities and Possibilities*. So it will be another very busy year. Her summer plans include lots of travel, writing, and getting her youngest son ready for college.

Dr. Nadene L'Amoreaux It's hard to believe I've finished my 8th year at IUP, and a busy one it has been! I am currently involved with teaching the dept's only fully online course: Ethical and Legal Issues in School Counseling. In Oct. 06, I made two presentations at the North Atlantic Region Association for Counselor Ed. and Sup. (NARACES) in Lake George, NY. One presentation was on the development of supervision contracts and the other was on the topic of addressing spiritual issues in teaching and supervision. Also in Oct., I presented with GA's Sherry Shields and Jennifer Alker at the PA Counseling Association meeting in State College on developing student remediation plans. Sherry and Jen did a great job! I also continue to serve the faculty union as grievance chairperson, and was recently elected to serve as chair of the college's Graduate Council.

The CACREP accreditation process continues to hum along. Jen and Sherry have done a phenomenal job of getting the self study ready to submit in electronic format, and we are indebted to them for their dedication to our success. As we near final draft stage, faculty have given the self study a final review. We anticipate that the self study will be submitted to CACREP very soon. Once we've been given the approval for a site visit, we will be contacting students, employees, and site supervisors to participate in interviews at both the Indiana and Penn Center East campuses. My girls are six and four already! I plan to spend much of the summer enjoying them. We're trying to make part of our backyard a natural habitat for native flora and fauna. It's great for the environment and wonderful entertainment for the family. And a little hard work along the way doesn't hurt either....Enjoy!

IUP Counseling Department Newsletter

New Faculty

Dr. Mary Graham has completed her doctorate Counseling, with a focus on Counselor Education and Supervision, at Oregon State University and will be joining the faculty in August 2007. . Mary also has a master's degree in School Counseling Certification from Eastern Washington University. The focus of Dr. Graham's dissertation "The Graham Model of Bibliosupervision: Implications for Counselor Educators and Supervisors." Mary's current position is Director of Talent Search and Upward Bound at Clatsop Community College in Oregon. She has experience as a school counselor in all grade levels as well as community counseling experience. She also served as the Co-Editor for the Oregon School Counselor Journal and was awarded two U.S. Department of Education Talent Search and Upward Bound grants.

Kirsten Murray is completing her doctoral dissertation and degree at Idaho State University and will be joining the faculty in August 2007. Kirsten's degree is in Counselor Education and Counseling, majoring in Couple, Marital and Family. She also has a Master's degree from Idaho State in Marriage and Family Counseling. Kirsten's experience has included providing individual, family and group counseling services for individuals and families impacted by sexual abuse, and group home residents. She has taught a graduate class focusing on Sexuality in Counseling and made a presentation at the 2007 ACA conference on Teaching Sexuality in Counselor Education: A Hidden Affair or an Open Relationship?"

Recent Center for Counselor Training and Services Activities

The Fourth Annual Counselor Professional Development Day

The Center for Counselor Training and Services (CCTS) offers a variety of services based on the needs and interests of professional counselors. The IUP Center for Counselor Training and Services (CCTS) coordinated the fourth annual "School Counselor Professional Development Day". This event was held on January 12 in the Ohio Room of the HUB and was supported by the Office of Undergraduate Admissions. Dr. Susan Sears of The Ohio State University was the keynote speaker. The afternoon sessions included presentations on self-injurious behavior (Dr. Moore); psychiatric disabilities in children (Dr. Carone); and adolescent depression (Dr. McCarthy). The morning remarks were given by Dr. Mary Ann Rafoth, Dean of the College of Education-Educational Technology, and the lunchtime comments were delivered by Dr. Robert Davies, Vice for Institutional Advancement, will offer the lunchtime remarks. About 129 school counselors from Western Pennsylvania were in attendance.



Other workshop activities during Spring semester

CCTS served as a site for the Western Psychiatric Institute and Clinic videoconference series and presented a one-day Play Therapy workshop by Dr. Garry Landreth (pictured with Dr. McCarthy).

Doctoral Program Survey

As indicated on page one, we are continuing to move forward in considering proposing a doctoral program. A part of this process is to survey alumni, current students, and others about the need for a doctoral program, including what focus a doctoral program might take, whether it should be a part-time or full-time program, and what is the preferred times and locations for a doctoral program. If you have not completed an online needs assessment, we invite you to participate in this survey by going to the departmental website (www.iup.edu/ce) and clicking on "Take Doctoral Program Survey" where you will have an opportunity to share your thoughts about a counseling doctoral program. We hope you take the time in the next few weeks to provide your feedback via this survey as it will be helpful to us in our consideration of a doctoral program. Please share the department website and survey with colleagues who are not alumni of our program as we are also interested in their feedback. If you have any questions please contact either Dr. Witchel, Dr. Dandeneau, or Dr. Marshak..

Center for Counselor Training and Services Events for 2007-2008

Plans for its 2007-2008 workshops are well underway, as CCTS is bringing two nationally known speakers, Dr. Fred Hanna and Dr. David Capuzzi, for training activities. Dr. Fred Hanna (pictured at right) will be presenting a one-day workshop entitled "70 Strategies for Counseling Difficult Defiant Adolescents." Dr. Hanna is Director of the School of Applied Psychology and Counselor Education at the University of Northern Colorado. Formerly, he served as Professor of Counseling at Johns Hopkins University for 11 years and remains a Faculty Associate there. This event will take place at the CCAC Boyce Campus Auditorium (Monroeville) October 26, 2007. Participants will learn to produce "initial breakthrough" with difficult, defiant adolescents and how to motivate difficult adolescents to engage in counseling and make positive life changes. He is the author of the book *Therapy with Difficult Clients: Using the Precursors Model to Awaken Change* (2001)



And, mark your calendars for 2008! Dr. David Capuzzi, past president of the American Counseling Association, will be presenting two one-day workshops on April 29 and April 30, 2008. On April 29, Dr. Capuzzi will be delivering a workshop entitled, "Youth Suicide: Prevention and Crisis Management." This event will take place at the Eberly Auditorium at the IUP main campus. He will also be presenting a workshop entitled, "The Many Facets of Grief" on April 30, 2008 at the CCAC-Boyce Campus. Information concerning registration for 2007-2008 workshops will be available in August.

Graduate Student Administration of the NCE (GSA-NCE)

The GSA-NCE will be administered at the IUP Main Campus on October 20, 2007. Students who participate in the Board Eligible GSA-NCE have the advantage of taking the NCE at a reduced rate. In order to register for this exam, you must be a currently enrolled student or a May 2007 graduate. Applications packets will soon be available in 206 Stouffer Hall. The completed application, forms, and fee must be submitted to 206 Stouffer Hall by 5:00 p.m. on June 14, 2007. (Do not send your forms to NBCC). Important Change: Students who graduate more than six months prior to the exam date are not eligible to sit for this exam until the required two years of post-graduate experience needed for the NCC credential is completed. Therefore, if you do not want to wait two years after graduation to take the exam, you should register for the GSA-NCE administration while you are eligible.

Summer 2007 and Fall 2007 Electives

Summer 2007 Indiana and Monroeville

Counseling Issues in Adolescence (COUN 681) **Indiana**, Tues. 4:30-10:30pm (July 9 –Aug 9). In this class, contemporary adolescence along with therapeutic approaches—both individual and group—with teen will be covered. Specific topics will include depression, suicide, eating disorders, and promoting positive mental health. This course is open to students in either the school or community track. **John McCarthy**

Counseling the Bereaved (COUN 681) **Monroeville**, Thurs. 4:45-7:15pm (June 4 –Aug 9). This course is designed as an in-depth study of the grief process and techniques for helping those who are experiencing bereavement. All aspects of grief will be explored, including the various theories of grief and mourning. Differentiation is made between normal and complicated bereavement. Grief in special losses, such as suicide, still birth, murder, etc is also examined. **TBA**

Fall 2007 Indiana and Monroeville

Addictions & Addictions Counseling (COUN 674) **Monroeville**, Tues. 7:20-9:50pm. This course provides an opportunity to develop an understanding of the addictive process and its relation to counseling clients with a variety of chemical and behavioral addictions. This course examines theories, techniques, and practices of addictive behavior and addictions counseling. **TBA**

Introduction to Diagnostic Issues (COUN 671) **Monroeville**, Tues. 4:45-7:15pm and **Indiana**, Mon. 8:00-10:30pm. This course provides an overview of the various mental disorders with a focus on the history of the major classification system definitions of various disorders, their criteria, and counseling approaches. **John McCarthy**.

IUP Counseling Department Newsletter

Congratulations - Dr. Janet Fontaine Outstanding Student

Jennifer Sims, a member of the Monroeville Community Counseling Cohort 6 was named the Dr. Janet H. Fontaine Outstanding Counseling Student at Graduation. This award is in memory of Dr. Fontaine in honor of her numerous contributions during the 16 years she was a faculty member. In May of each year, one graduating student from the Counseling department is recognized at graduation as someone who has completed their degree program in an exemplary manner. In Jenn's application she said, "My passion for helping people is what I brought with me into this program, what I have offered throughout my time at IUP, and what I believe will continue to fuel my contributions to the counseling field. I have channeled my passion into creating positive change in the world. My work with people with disabilities and later, with survivors of sexual assault, has provided me with ample opportunity to make an impact on people's lives." Jennifer added, the only previous honor and award she had received was "the honor of working with my clients." Jennifer made professional presentations to counselors on the national, state and local level.



Monroeville Graduation — May 11, 2007



**First School
Counseling Cohort**

**Sixth Community
Counseling Cohort**



Way to Go, Sherry Shields and Lindsay Swiss: The recipients of the 2007 Ross Trust Scholarship program and the PSCA Scholarship

Sherry Shields, a graduate student in the School Counseling program, is one of 15 recipients nationwide of the Ross Trust Scholarship, awarded by the American Counseling Association (ACA). The Ross Trust Scholarship program recognizes academic distinction long with commitment to volunteer service and desire to work in the future in a k-12 educational environment. She was awarded a \$1000 scholarship, free ACA membership for one year and a complimentary registration to the 2007 ACA convention in Detroit. She was nominated by Dr. L'Amoreaux. Lindsay Swiss, a graduate student in the School Counseling program, is a recipient of the PSCA Scholarship. She was awarded \$1000 that she received at the PSCA conference banquet. Swiss is employed as a milieu therapist at Western Psychiatric Clinic and Institute in Pittsburgh. Lindsay was nominated by Dr. Marshak.

Newsletter on the Web

You can view this newsletter and previous issues of our newsletter on the Web. This issue is located at: www.iup.edu/ce/newsletter/.html

Faculty email addresses

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Emeritus Faculty

Dr. Worzbyt jcworz@iup.edu

The Dept. website is at www.iup.edu/ce If you have any feedback or suggestions feel free to email Dr. Witchel.

Alumni Updates

1978: Dennis Clawson Ed.D.

Dr. Clawson is a currently a k-12 consultant and a former k-12 department chair in the Hempfield area. He was also a Adjunct faculty member at IUP and Duquesne University. He has presented at several county and state counselor conferences. In 2002, Dr. Clawson was recognized as "PSCA Counselor of the year." Way to go!

1991: Lura L. Vereb M.A, CT

Lura was recently recertified by the Association for Death, Education, and Counseling as a CT (Certified Thanatologist). She is in her 15 year of aftercare work at Bowser-Minich Funeral Homes, Inc. Lura says that she is very grateful for her excellent education from IUP's counseling department.

1985: Dennis A. Shaffner

Dennis is currently working as a Senior Counselor at Clearfield High School.

2005: Abby Concino

Abby is a Family Therapist at Circle C Youth and Family Services. She won the Patak award for 2006 at her place of employment. Each year, all staff have the opportunity to select and affirm a staff member whom they believe goes above and beyond for kids, someone who demonstrates the care, concern and love of their founder, John H. Patak. Congratulations Abby!

IUP Counseling Dept. Newsletter,
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 Graduate Assistant: Whitney L. Fry

Alumni Feedback

We want to know what our alumni are doing – professional activities, publications, presentations, current employment positions and so forth. We want to update our mailing list, and obtain e-mail addresses. We are interested in knowing about employment and internship opportunities for our current students. Please return this form (add additional sheet if needed):

Name _____ Year of Graduation _____ Degree _____

Address _____

Home phone _____ Work phone _____

Email _____

Place of Employment _____ Job Title _____

Publications _____

Presentations _____

Other news _____

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