



# IUP Counseling Department Newsletter

*A semi-annual newsletter for the IUP Department of Counseling alumni and students*



**CACREP**  
Council for Accreditation of  
Counseling and Related  
Educational Programs

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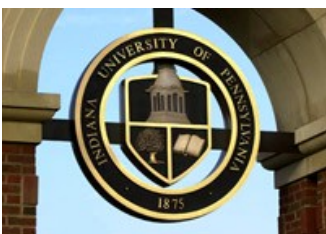
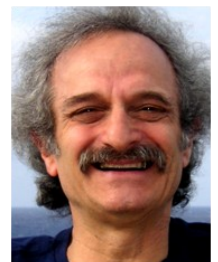
**Welcome** to the Spring 2009 edition of the Department of Counseling Newsletter! The 2008-2009 academic year has come to an end and we held graduation ceremonies for students on both campuses. In addition, we recently held our first annual **Celebration** banquet, co-coordinated by Drs. McCarthy and Branthoover on May 9th with over 60 alumni, faculty, emeritus faculty, current students, and family members attending. This first Celebration was to acknowledge our CACREP accreditation and recognize students and alumni.

As I came to IUP in 1981 and moved to the Counseling Dept. in 1986, I had the opportunity to work with some of the faculty who started the Counseling Department 44 years ago, in 1965. Alumni from the 1970's will recall that the Department was located in the basement of Uhler Hall. Some of you will recall that **George Spinelli** was the first Chairperson, and the faculty included, **Jim Wilson, Everett Pesci, Robert Saylor and Ed Shaffer**. In 1969, **Jane Washburn** joined the staff when the Elementary School Counseling program began. In 1972, **John Worzbyt** arrived and, in the mid-70's, **Bill Culp** joined the faculty replacing Ed Shaffer who had Lou Gehrig's Disease. In 1977, the Department moved into the new education building, Stouffer Hall. In 1968, **Linda Butler** began working as department secretary, a position she held for 31 years.

I contacted retired faculty and Linda Butler to invite each of them to join us at the Celebration. Jim Wilson and Jane Washburn were able to join us and John Worzbyt was the keynote speaker. I also enjoyed talking with Everett Pesci, Bob Saylor and Bill Culp who were unable to join us. If you would like to contact any of these faculty or Linda Butler send it to me at the Counseling Department or email me, and I will make sure it is forwarded to them. We hope you can join us at next year's banquet, date to be announced.

**Sibyl Cato** was selected to join our faculty this coming fall; Sibyl is completing her PhD at The Ohio State University. The Spinelli scholarship was awarded to Angela Orbin, Brenda Shetler Ambrisco received the Janet Fontaine Outstanding Student Award, and Susan Sibert received an alumni recognition. We received a record breaking number of applications for our counseling programs for the Fall. Many thanks to Angela Orbin, my GA, for her excellent work on this newsletter over the past 2 years. Hopefully, many of you will be attending the ACA conference in Pittsburgh next Spring. In our fall newsletter, we will include information about an IUP gathering at the ACA Conference. Enjoy your summer!

*Bob Witchel*



## Faculty Updates

**Dr. Michelle Bruno** will be presenting at the 2009 American School Counselor Association Conference in Dallas, Texas. She and Dr. Lisa Hinkelman of the Ohio State University will be presenting research on an evidence-based empowerment program for urban girls (ROX! Ruling Our Own Experiences). Thanks to an opportunity provided by the Research Institute, Dr. Bruno will be writing a grant to secure funding for a project that would bring the ROX program to rural districts in our area. Dr. Bruno was also selected as a participant in the 2009 PASSHE Weekend Writing Retreat at State College, offering her the opportunity to work on a manuscript related to her dissertation research.

**Dr. Stacia Carone** had a publication in *Rehabilitation Education* with four faculty members from the University of North Carolina Chapel Hill entitled "Specialization in rehabilitation counseling: One program's vision." Dr. Carone also had a national presentation with Dr. Desmond and Dr. Murray at the ACA Annual Conference and Exposition in Charlotte, NC. The presentation was titled "Changing more than diapers: How counselor training changes student parents."

**Dr. Kimberly Desmond** has been busy with her two year old son, Mason. He has started talking and continues to busily explore his world. Elmo and matchbox cars are two of his favorites! She is looking forward to spending time outdoors this summer bike riding with her husband and son.



Professionally, Dr. Desmond also gave two presentations with colleagues at the ACA Conference in Charlotte, NC, in March 2009. The title of one was, "Changing more than diapers: How counselor training changes student parents." This presentation was based on qualitative research being conducted by Dr. Desmond and Dr. Murray. The other presentation was titled, "Integrating technology into coursework: A primer for counselor educators."

Dr. Desmond continues to serve the American Counseling Association on a national level as a member of the Publications Committee. She is also a book review board member for the *Family Journal*. Most recently, she had an article published in the *Family Journal* that examined the use of therapeutic letters with couples and families.

**Dr. Lorraine Guth** was excited to mark her 11th year of service in the Department. At IUP, Dr. Guth is the Department Internship Coordinator and she serves on the University Senate Research Committee. She is excited about an upcoming conference at the Counseling and Diversity Institute in Ireland in Aug. She will be conducting a research study on the impact that the institute has on the participants and will be delivering an international presentation. She is very interested in learning more about counseling practices and the culture in Ireland.

Additionally, Dr. Guth continues to engage in several collaborative projects related to technology, diversity, and group work. She recently had the following publications and presentations:

Guth, L.J., & McDonnell, K.A. (2009). Group work terminology. In B.T. Erford (Ed.), *ACA encyclopedia of counseling* (pp. 246-248). Alexandria, VA: ACA.

Guth, L.J., Durham J.C., Armeniox, L., Christensen, T., McCollum, V., Thomas, P., Remley, T., & McAuliffe, G. (2009, March). *Counseling practices and culture in Italy: Reflections from a panel of counselor educators*. Paper presentation at the ACA Conference, Charlotte, NC.

McDonnell, K., & Guth, L.J. (2009, March). *Analysis of The Journal for Specialists in Group Work: Author identification, institutional affiliation, and article content*. Poster presentation at the American Counseling Association Conference, Charlotte, NC.

Dandeneau, C.J., & Guth, L.J. (2008, October). *The non-linear supervision process model in action*. Paper presentation at the North Atlantic Regional Association for Counselor Education and Supervision (NARACES) Conference, Portland, ME.

Durham, J.C., Guth L.J., & McAuliffe, G. (2008, October). *Under the Tuscan sun: Potential for a renaissance*. Paper presentation at the NARACES Conference, Portland, ME.

Guth, L.J. (2008, May). *State of the art Counselor training facilities in the United States: An example from one university*. Paper presentation at the Counseling in Italy Study Institute, Regello, Italy.

Personally, Dr. Guth's son Alex recently turned 10 and attends Eisenhower Ele-

## Faculty Updates

mentary School. Her daughter Adriana is 6 1/2 and just finished kindergarten at Keys Montessori School. In her free time, Dr. Guth enjoys watching her children's ice hockey games. She is also looking forward to a family summer vacation in Disney World.

**Dr. John McCarthy** offered a poster presentation on mental health literacy at the 2009 conference of the American Counseling Association. He has an article in press with an alumna, Amy Jo Thompson, and his current graduate assistant, Teresa Fernandes, that will highlight professional development among counselors as well as the Center for Counselor Training and Services. He presented on teen depression at the conference of the Canadian Counseling Association in May in Saskatoon, Saskatchewan, and has an article in press on the same topic in an Australian journal. He will present at the Association of Counselor Education and Supervisors conference in the Fall and is the President—Elect of the Board of the Center for Credentialing & Education (CCE), an affiliate of the National Board for Certified Counselors (NBCC).

**Dr. Laura Marshak** My year has been a very busy one and I am looking forward to having most of the summer off. I am perhaps happiest about the fact that Drs. Dandeneau, L'Amoreaux, and I (along with Fran Prezant) have finished writing *The School Counselor's Guide to Helping Students with Disabilities*. It is on schedule to be published in the fall. In addition to (almost) finishing this new project, I have been very involved with activities

related to my previous book, *Married with Special-Needs Children [A couples guide to staying connected]*. I have been fortunate enough to receive many invitations and opportunities to speak about this topic. This past year I was keynote speaker at the University of Michigan's Disability Awareness Conference as well as for a statewide parents' disability network for the state of Florida. Other presentations include one at the International Family Therapy Association (in Slovenia), the National Autism Association and many support groups for parents of children with disabilities and illnesses. I also wrote an article about marriage and disability for the *Autism File* and have enjoyed the fact that it was distributed to readers in Europe. I am working with a colleague and Danielle Wolfe (my G.A.) on finishing a children's book that has been in progress for a long time. It is about Dr. Geerart Vermeij, a scientist who has traveled the world studying mollusks (and won the MacArthur genius award) and does his work without vision. He developed blindness as a child. I met with him years ago in a project supported by an IUP research grant. My goal is to spend less time at the computer this summer. In June, I will be going to Norway and then Spitsbergen for a cruise on an icebreaker that travels to the Arctic and gets as close as 700 miles from the North Pole. That may not be everyone's dream but the thought of polar bears, walrus, glaciers and puffins is pure bliss, although I will be wearing lots of winter gear while people at home are enjoying the summer sun.

**Dr. Nadene L'Amoreaux** I just finished my 10th year at IUP, and am amazed at how fast time passes. My daughters are 8 and 6, and our family life revolves around their activities. They are a daily reminder of the wonder of human growth and development! Their joy with music, nature, and their own accomplishments are very grounding. My husband continues in his golf career and is a testimony to the importance of career satisfaction to one's life.

I am a 4th author with Drs. Marshak and Dandeneau on the soon to be published book directed at helping school counselors meet the special needs of children in school settings. This project has been very rewarding in terms of the contribution it will make to the profession, and an opportunity to collaborate with students who contributed the appendices in the book. I am also involved in providing counseling services through a local agency as a way to not only keep my clinical skills sharp, but also as a way to connect with clients and to share in their journeys to more satisfying lives. I am also working as a consultant with a local non-profit group providing grief support to children and families.

Additionally, changes are afoot with both programs to maintain our CACREP accreditation and to keep our program relevant to the preparation of counselors in training...it's an exciting time for the program, and it's a pleasure to be part of it all!

### Dr. Spinelli Memorial Fund

If you wish to contribute to the Dr. Spinelli Memorial Fund, contact the annual Fund at (724) 357-5555 or write to: The Office of Annual Giving, 313 Sutton Hall, IUP, Indiana, PA 15705. The award is given to a current counseling student..

# IUP Counseling Department Newsletter

## Faculty Updates Continued...

**Dr. Kirsten Murray** has completed her second year in the department and has spent the spring semester presenting at the annual School Counselor Professional Development Day at IUP, disseminating research results at ACA in Charlotte, contributing services as a CACREP site visit team member, and speaking about healthy relationships to adolescent girls at a local high school event. She began a small private practice in Indiana, and is excited to be engaging in counseling again! She and her husband are looking forward to a relaxing, adventurous summer with time set aside to travel and work on projects at home.

**Dr. Holly Branthoover** co-facilitated a presentation in October with Dr. Michelle Bruno on the topic of *Filling in the gap: An exploratory study of how CACREP programs implement practicum* at the NARACES conference in Portland, ME. This presentation highlighted data gathered from a University Senate Research Committee (USRC) grant from last year. Dr. Branthoover also completed a presentation titled *Tools for your Toolbox: Working with students around Friendship Issues* at the Indiana University of Pennsylvania School Counselor Professional Development Day in January 2009. In October 2008, she was appointed as a member of the Board of Directors for the Armstrong-Indiana County Drug and Alcohol Commission, Inc. Dr. Branthoover continues her crisis volunteer work on the Red Cross Disaster Action Team, Southwestern PA Branch, and her private practice work in the Pittsburgh area. She continues to serve as the counseling Department's Practicum Coordinator and has begun co-coordinating the IUP at Monroeville program for school counseling. Dr. Branthoover is currently the President-Elect of the Pennsylvania Counseling Association and will assume the presidency in July 2009.

**Dr. Bob Witchel** I just completed my 28th year at IUP and continue to enjoy my teaching and work as a psychotherapist. I was invited to submit an article to the *International Gestalt Journal*, special edition on Art, Artists, and the Gestalt Approach; the article, *Music, Imagery, and Gestalt Therapy* was published in the Fall 2007 issue. It includes the imagery exercises I developed and have been using for almost 30 years, including in my group counseling classes—"Journey into a Cave" and "A Journey Home." I presented a workshop on *Dream Work with Students* at the Allegheny County Counselors Association in Oct. 2008. I developed and submitted a proposal for a course on Grief Counseling, which was recently approved by the University Senate. I had a photo entitled, *Family Retreat* included in the Winter 2008 issue of *Voices: The Art and Science of Psychotherapy*. My wife, Debbie, Jeremy and I went on a Disney Cruise a few months ago along with a vacation to Orlando, FL.

## Department of Counseling Alumni Recognition - Dr. Susan Sibert

Susan Sibert was presented with a Department of Counseling Alumni Recognition at the celebration banquet on May 9, 2009 by Alumna, Nancy Chelgren, MEd (Guidance Counselor at DuBois Area School District), who nominated Susan for this honor.



**Dr. Susan Sibert with Nancy Chelgren**

Dr. Sibert received her MEd in School Counseling at IUP in 1993, and doctorate at IUP in Administration and Leadership in 2008. Susan is currently Curriculum & Federal Programs Coordinator for the Purchase Line School District. Dr. Sibert's numerous professional contributions have included serving on the PA Department of Education's Model School Counseling Program initiative, being a member of the Department of Counseling Advisory Board since it began in 1999, and a School Board Member for the Cambria Heights School District. Congratulations Susan on a successful career thus far and we wish you the best.

**Pictures from Celebration Dinner, Blue Room, May 9, 2009**



**Bob Witchel with Retired Emeritus Faculty: John Worzbyt, Jane Washburn, and Jim Wilson**



**George Spinelli's daughter, Dotsy Gigliotti with Dr. Denny Clawson, the first doctoral degree recipient in the Counseling Dept.**



**Dr. John McCarthy, co-coordinator of Celebration**



**Dr. Dandeneau honoring Dr. L'Amoreaux for her leadership on our CACREP self-study**



**( from left) Dr. Holly Branthoover, co-coordinator of Celebration, Dr. Lorraine Guth, Dr. Michelle Bruno**



**During Dr Worzbyt's presentation an Alum, Michael Eddy, pushing a needle all of the way through a balloon, without it busting**

# IUP Counseling Department Newsletter

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## Pictures from Celebration Dinner, Blue Room, May 9, 2009



**Alumni Jayna Mood, Sonya Guiffre, and Michael Eddy**



**Teresa Fernandes,  
Graduate Assistant**



**(From left) Dr. Stacia Carone, Alum James Desmond, Elmer Bland, Dr. Nadene Bland-L'Amoreaux, Dr. Kim Desmond**



**Alum Dr. Ray White**



**Dr. Dandeneau and Dr. Guth**



**Dr. Ralph Miranda, Alumna Billie Ann Miranda,  
with Dr. Bob Witchel**

**Pictures from Celebration Dinner, Blue Room, May 9, 2009**



**Dotsy Spinelli-Gigliotti, Angela Orbin, Dr. Michelle Bruno**



**Dr. Witchel and Emeritus Professor Dr. Worzbyt**



**Pittsburgh Alumni Debbie Witchel and Dave  
Wheitner, with Jenn Wheitner**



**(from left) Alumna Christine Butler, and husband, Dr. Barkley Butler,  
and alumna Charlotte Manges**



**Alum Dr. Bob Gregory**



**Alum and Assoc. Dean of  
COEET Dr. Edward Nardi**



**(from left) Alum Tom Washburn, Emeritus Faculty Jane Washburn,  
Dr. Kathy O'Roarke and Emeritus Faculty Dr. Jim Wilson;  
(lower left) Jean Worzbyt**

# IUP Counseling Department Newsletter

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## George L. Spinelli Memorial Scholarship Awarded



**Angela Orbin**, a graduate student at Penn Center in the Secondary School Counseling track, was named the 2009 recipient of the George L. Spinelli Memorial Scholarship by the Scholarship Committee of the College of Education-Educational Technology. The scholarship is named in honor of Dr. Spinelli, the first chairperson of the Counseling Department, and is based on criteria such as faculty evaluations, written essays on the applicants' personal characteristics related to being professional counselors, contributions to the Department, and professional career plans. Angela received her Bachelor's degree in Communication, Media, and Technology from La Roche College. She has been a graduate assistant at the Penn Center campus for two years and worked with Dr. Witchel and Dr. Bruno, who

presented her with the scholarship at the CACREP Celebration dinner. Angela will begin her internship at Fox Chapel Area High School this fall. In addition, she is a member of Chi Sigma Iota, an international honor society in counselor education, ACA, PCA, ACCA, ASCA, and PSCA. [Pictured, from left to right: Dr. George Spinelli's daughter Dotsy Gigliotti; Angela Orbin, Dr. Michelle Bruno]

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## Dr. Janet H. Fontaine Outstanding Student Named

**Brenda Shetler Ambrisco** has been chosen as the IUP Department of Counseling Janet H. Fontaine Outstanding Student Award recipient. This award is named in honor of Dr. Fontaine, an esteemed professor in the department from 1989-2005 and is presented to an individual who has emerged as an outstanding student representing the best in attitude, achievement, and academics. Brenda is a May 2009 graduate of the Elementary School Counseling program. She received her Bachelor's degree from IUP in Psychology and is a member of Chi Sigma Iota, an international honor society in counselor education, and Sigma Alpha Lambda, a national leadership and honor society. She also holds memberships in the Delta Epsilon Iota Honor Society, ACA, PSCA, and the National Association for the Education of Young Children. Brenda has been involved in the Pennsylvania Mountain Service Corps and Habitat for Humanity. She is a Cambria County Court Appointed Special Advocate and a Children and Youth Foster Parent. [Pictured with Brenda is Dr. Stacia Carone]



## Summer 2009 Online Elective

**Leadership in the School (EDUC 781 801/802) June 6—June 27, 2009.** Due to the high demand for this course, another section has been added. There are currently a few seats left. This course is designed for graduate students, teachers, school counselors, administrators, and other school professionals. Students can pace themselves by completing modules throughout the three weeks. If you have an interest in taking this online course or have any questions, please contact the instructor, Dr. Kim Desmond at [kdesmond@iup.edu](mailto:kdesmond@iup.edu) Course description follows:

This course is designed for graduate students in the education profession to develop awareness of their leadership skills and the application of these skills to the school environment. Students will learn about how to apply leadership principles with students, diverse populations, and stakeholders within the school system. Special attention will be given to various characteristics of leadership, models of leadership, and the application of these principles to practice.



**Center for Counselor Training and Services**  
**Mark your calendars for upcoming 2009-2010 CCTS trainings!**



**Nov. 20, 2009:** Dr. David Jobes will be presenting on “Clinical Suicidology: Assessing and Treating Suicidal Clients.” A Professor of Psychology at the Catholic University of America, Dr. Jobes has served as a subject matter expert to the Department of Defense on military suicide rates and currently serves as a consultant to the U.S. Air Force Suicide Prevention Program.

**Update: Other CCTS Workshops and Activities**

The CCTS has offered several successful workshops since the end of the Fall semester. In Dec., Dr. Laura Riffel, the Director of Behavior Doctor Seminars, presented on Functional Behavior Assessment. She gave concrete examples of her techniques based on her own experiences in helping students. Also, Dr. Nadene L’Amoreaux gave a refresher on ethical issues in counseling.

In the Spring, Dr. Fred Hanna presented on counseling difficult, defiant adolescents in IUP’s Eberly Auditorium. Dr. Hanna is the Director of the School of Applied Psychology and Counselor Education at the University of Northern Colorado. He presented innovative techniques for working with difficult adolescents. Finally, in May, Dr. Antonio Hardan offered a workshop on Autism. He is an Associate Professor of Psychiatry at Stanford University where he is the Director of the Autism and Developmental Disorders Clinic. Formerly, he was at Western Psychiatric Institute and Clinic, University of Pittsburgh, for 10 years.

A good way to **keep updated on CCTS activities** is to join the email list. If you would like to be added, send your email address to Dr. John McCarthy at john.mccarthy@iup.edu. You can also view upcoming workshops and register for events by visiting the CCTS website at <http://www.iup.edu/counseling/centers/default.aspx>.

**The Sixth Annual Counselor Professional Development Day Held Jan. 9, 2009**

On Jan. 9th the CCTS held its annual “School Counselor Professional Development Day.” Dr. Lisa Hinkelman, the Executive Director of the Interprofessional Commission of Ohio, based at the Ohio State University presented on “College and Career Planning for Underrepresented Students.” Breakout sessions were offered by IUP Counseling faculty and students, including Dr. Branthoover (“Tools for your Toolbox: Working with Students around Friendship Issues”), Dr. McCarthy (“Teen Mental Health: Recent issues from the Literature and Videotapes”), and Drs. Bruno and Murray (“Stressbusters for School Counselors”). Students involved in the presentations included Angela Orbin and Teresa Fernandes, and a recent alumnae Anne Shick.

**As a way to acknowledge the mark of quality by our accreditation by the Council for Accreditation of Counseling and Related Educational Programs (CACREP), the Department would like to further support Community and School Counseling students by defraying their registration and travel costs for professional conferences and for coursework in other countries. Your support may also be dedicated to faculty initiatives. Thank you!**  
**4450/NCSPF/SUBS/AO09**

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# IUP Counseling Department Newsletter

## Indiana Graduation — May, 2009



## Monroeville Graduation — May, 2009



3rd School Counseling Cohort (above); 8th Community Counseling Cohort (below)



## IUP Counseling Department Faculty - May 9, 2009



### Faculty email addresses

Dr. Branthoover    holly.branthoover@iup.edu  
 Dr. Bruno            michelle.bruno@iup.edu  
 Dr. Carone            stacia.carone@iup.edu  
 Dr. Dandeneau:      cdanden@iup.edu  
 Dr. Desmond        kdesmond@iup.edu  
 Dr. Guth:             lguth@iup.edu  
 Dr. L'Amoreaux:    nlamoro@iup.edu  
 Dr. Marshak:         lmarshak@iup.edu  
 Dr. McCarthy:       mccarth@iup.edu  
 Dr. Murray:          kirsten.murray@iup.edu  
 Dr. Witchel:         bwitchel@iup.edu

### Emeritus Faculty

James Wilson    Robert Saylor    Everett Pesci  
 Jane Washburn    William Culp

John Worzbyt        jcworz@iup.edu  
 904 Peltier Dr, Cary, N.C. 27519

Dr. Witchel and his GA, Angela Orbin, maintain the department website at [www.iup.edu/counseling](http://www.iup.edu/counseling). If you have any feedback or suggestions feel free to email us.

### Alumni Updates

**1980: Robert Yacabucci** is currently employed by the Kennedy Space Center's United Space Alliance as a Senior Software Engineer. He recently received NASA's Awards for Space Flight Awareness & Quest for Excellence

**1985: Stephanie B. Harman** is now retired.

**2006: Maureen Gregorio** is currently employed by DuBois Area High School as a 9th grade counselor. Prior to this position, she worked in a school-based partial program.

**2006: Ann W. Hartman** is working as a therapist with Another Halfway House for men with co-occurring disorders. She received her NCC and LPC in 2008.

**2007: Rebecca Stark Anderson** is employed by the Altoona Area School District as a high school counselor. Rebecca married Stephen Anderson (also an IUP graduate) in June of 2008.

**2007: Jessica Savino** is working as an elementary school counselor in Goochland County Public Schools in the state of Virginia. Jessica loves her job as a school counselor! And she was recently married—her new last name is Zorger.

### Newsletter on the Web

You can view this newsletter and previous issues of our newsletter on the Web. You can find this issue at:

<http://www.iup.edu/page.aspx?id=43721>

**IUP Counseling Department Newsletter**  
**Published semi-annually**  
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**Editor: Dr. Robert I. Witchel**  
**Graduate Assistant: Angela Orbin**

## Alumni Feedback

We want to know what our alumni are doing – professional activities, publications, presentations, current employment positions and so forth. We also want to update our mailing list, and obtain e-mail addresses. We are interested in knowing about employment and internship opportunities for our current students. Please return this form (add additional sheet if needed):

Name \_\_\_\_\_ Year of Graduation \_\_\_\_\_ Degree \_\_\_\_\_

Address \_\_\_\_\_

Home phone \_\_\_\_\_ Work phone \_\_\_\_\_

Email \_\_\_\_\_

Place of Employment \_\_\_\_\_ Job Title \_\_\_\_\_

Publications \_\_\_\_\_

Presentations \_\_\_\_\_

Other news \_\_\_\_\_

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