

# IUP Counseling Department Newsletter

*"A semi-annual newsletter for the IUP Department of Counseling  
alumni and students"*



**Welcome** to this edition of the Dept. of Counseling Newsletter. Another busy academic year has come to a close; they fly by so fast. This is the 10<sup>th</sup> edition of the Newsletter, which has become an important way for us to com-municate with over 1200 alumni.

The department's most significant growth comes in the approval to add two full-time temporary faculty to our ranks for the upcoming year, as a result of the success of the Monroeville/Pittsburgh Community Counseling program. We anticipate admitting 25 new students to this program in the fall, bringing our total enrollment in Pittsburgh to over 60 students. We are hopeful that these two positions will soon become tenure-track. On-campus applications have been higher than ever, allowing us to be quite selective in our recent admission's screening process.

We are proud of our alumni and again have included information about your work. Mike Reed and Francine Endler share their work experiences (see pg. 6). We have also included updated information on the recent progress made in implementing the counselor license.

On a personal note, I recently decided, after much reflection, to shave off my beard of 17 years. It has been a "gestalt" figure-ground experience, as many folks like my **new** mustache, which I've had for almost 30 years. We hope you find this issue of the Newsletter informative, and we look forward to hearing from you about your professional and personal activities.



Dr Bob Witchel

## IUP Faculty & Alumni receive PSCA Awards



**Dennis Clawson, Walter Clark, John Worzbyt, and Sandra Goldfarb** (left to right above) received Counselor of the Year awards at the recent 2001 PSCA Annual Conference held in Lancaster, PA (see continued story on page six).

**Dr. John Worzbyt** was selected to receive the award for **Counselor Educator of the Year for 2001**. Nominees for this award are judged using the following criteria: professional leadership, original and effective approach to the delivery of counseling services, competence as a counselor, and evidence of continuing interest in professional growth.

Dr. Worzbyt felt honored to be recognized for this award and his nomination packet will be submitted to the American School Counselor Association for consideration for the national award. Dr. Worzbyt was also the recipient of the 1997 Eminent Practitioner Award from the PA Counseling Association.



## Faculty News



**Dr. Dandeneau** has had an atypical semester. Due the increase in course offerings and the addition of temporary faculty, she increased her administrative workload and decreased teaching activities. And, as luck would have it, the department had decided to offer it's first-ever spring semester daytime course and it was her course that was chosen to pilot the early time slot.

In her role as chair, Dr. Dandeneau has been advocating the need for improved and advanced clinical training technology in the departmental counseling rooms. A multidisciplinary team of faculty members from other clinical training departments, wrote a collaborative grant that was submitted to the Office of Educational Technology Dept. of Ed. under their Link-to-Learn Initiative. The proposed upgrade would add many new features to training and supervision of our students. For example, faculty could observe counseling sessions on the computers in their offices, route sessions to a classroom for observation, create a supervision tape by dubbing over their comments on a taped session, and students could digitally edit their sessions to focus on specific learning goals.

Professionally, Dr. Dandeneau has continued her work with SCI-Pine Grove. Her evaluation team has prepared a survey instrument and will soon begin data collection. She has also been an active member of an advisory committee that is working on developing a national correctional education center here at IUP. The group is hoping to receive both state and federal funding to support this important initiative. Dr. Dandeneau worked with two students making presentations at PSCA: Candace Rawley and Jennifer Lynch (see page 4). Dr. Dandeneau and Jennifer Lynch are submitting the presentation for publication in a teacher education journal, Childhood Education. Lastly, Dr. Dandeneau was asked to serve on the search committee for the Director of Off-Campus Studies.

## Faculty News

**Dr. Fontaine** encourages graduates to consider submitting articles to **The Professional School Counselor** journal. Since she has been on the Journal's editorial board, she has found that many student papers completed for classes are of the quality of articles submitted to the Journal. If you believe you've got an idea of interest to other school counselors, contact her to discuss the prospects of publishing in the Journal.

Dr. Fontaine just returned from Washington, D.C. where she attended a meeting of the Healthy Lesbian, Gay, Bisexual Adolescents Project at APA. National survey results of school nurses, school psychologists and social workers and school counselors provided valuable insights into what type of training school professionals need to better prepare them to work with the LGB population in their schools. Within a week, she was off to San Antonio to present at the American Counselors Association National Conference. It's a busy spring for her! In June, she'll attend the American School Counselor's Association conference in Portland for an Editorial Board meeting as well as the yearly meeting of ASCA National Standards Train the Trainers Program.

**Dr. Guth** is enjoying watching her son Alex grow and explore. He recently turned two and went ice-skating for the first time! Dr. Guth recently represented the Department at the Hot Topics for Counselor Education meeting at Kutztown University. She was recently awarded a technology mini-grant for integrating technology into her community counseling class.

Dr. Guth is the Association for Specialists in Group Work (ASGW) Awards Committee Co-Chair and helped present the awards at the ASGW luncheon held during the ACA Conference in San Antonio. She is also the Co-Chair for the ASGW Board Approved Workshop Presenter Committee. She also served as the Division 49 (Group Psychology and Group Psychotherapy) Program Co-Chair for the 2001 American Psychological Assoc. Conference to be held in San Francisco.

Dr. Guth was recently awarded a Proposal Development Incentive Plan grant to write a grant entitled "Student Attitudes Towards Homosexuality: The Effects of Internet Training." Drs. Guth and Witchel are beginning to analyze the data they have collected for their grant-funded study examining the self-concept, gender identity, and sexuality of individuals with Congenital Adrenal Hyperplasia. Dr. Guth was also recently appointed to the editorial board for the New Jersey Journal of Professional Counseling.

## Faculty News

**Dr. Guth's** recent publications and presentations:

Guth, L. J., Lopez, D. F., Clements, K. D., & Rojas, J. (2001). Student attitudes toward lesbian, gay, and bisexual issues: Analysis of self-talk categories. *Journal of Homosexuality*, 41, 137-156

Guth, L. J., Tyler, J. M., Sisak-Brown, P., Thompson, J., & Tyler, C. (2001). Counseling students' attitudes toward homosexuality: An update two decades later. Presentation at the ACA Annual Convention, San Antonio, TX.



**Dr. L'Amoreaux** and her husband welcomed their daughter, Emma, into their family on January 28, 2001. They are greatly enjoying her and marveling at how she changes day by day. She has also been welcomed into the world by the counseling department and has made

regular appearances at department faculty meetings.

Instead of taking maternity leave, Nadene used the Internet for course instruction, utilizing WebCT, a virtual classroom program. This enabled her to pilot distance education instruction for Counseling Across the Lifespan, Legal & Ethical Issues for School Counseling and Field Experience. Students were surveyed at the end of the experience so that she could learn more about the experience from the students' perspective and to make any instructional/design improvements for future use. She also applied for and received a technology mini-grant from the college, allowing her to enhance her ability to design appealing lessons. Her plan is to eventually design some distance education courses that could benefit alumni and counseling professionals who need continuing education credits for certification and licensure. She would be interested in hearing suggestions for possible course offerings, and can be contacted at [nlamoro@grove.iup.edu](mailto:nlamoro@grove.iup.edu).

**Dr. Witchel** continues to coordinate the Monroeville program, including student recruitment and advising. This summer & fall, for the first time since joining the dept. in 1986, he will not be teaching on the Indiana campus as he will be teaching full-time in Monroeville. Bob has been working on Power-Point presentations focusing on the stages of a group, and has submitted samples to Brooks Cole Publishers to explore their interest in his work. The presentations utilize still and animated clipart and music to illustrate the concepts.

## Faculty News

**Dr. Witchel** has been invited to be the program co-chair for the 2002 AAP Institute and Conference, titled: "Pleasure and Perversity: The Erotic in Psychotherapy" to be held in Washington, D.C. in Nov. 2002. He will be attending the AAP Summer Workshop titled, "Dance with Meaning" in Catskills. He also maintains the AAP websites, located at: <http://www.coe.iup.edu/aap/main.html> He invites alumni to check out the recently updated web site as AAP has now established associate and student memberships.

For personal growth, Bob has become involved in "drumming" (West African and Caribbean) by attending a series of workshops with Jim Donovan (from Rusted Root). He also will be attending a week-long Hero's Journey experience this summer sponsored by Hero's Journey Programs; see their website at: <http://www.herosjourneyprograms.com/>.

**Dr. Worzbyt** continues to work with the University School in developing an elementary school counseling program. The program has been successful thanks to the hard work of Amy Barkowski and Denise DeNofa who manage day-to-day operations of this program. In addition to his University School activities, Dr. Worzbyt continues to work on the second edition of Elementary School Counseling: A Blueprint for Today and Tomorrow. He is also in the process of planning a series of statewide workshops (Fall 2001) on *Highway Safety and Decision-Making* for the Pennsylvania Department of Education.

Other projects that Dr. Worzbyt is currently managing involve a presentation on "Caring Children Building Caring Communities" he made at the Pennsylvania School Counselors Conference (Spring 2001) and developing a one-week summer 2001 workshop on *Caring Children*. Dr. Worzbyt continues to collect ideas for a new book on *People Building in Five Minutes A Day*. Anyone interested in the summer workshop or participating in the *People Building* project should contact Dr. Worzbyt. As mentioned earlier, Dr. Worzbyt has received the PSCA 2001 Counselor Educator of the Year Award

### Dr. Spinelli Memorial Fund

If alumni wish to contribute to the Dr. Spinelli scholarship fund, they can contact the Annual Fund at (724) 357-5555 or write to the Office of Annual Giving, 313 Sutton Hall, IUP, Indiana, PA 15705. The annual award is \$400 and is given to a current counseling student.

### Counseling Alumni in the Dean's Office

Dr. Ed Nardi, a 1996 graduate of the counseling department's former doctoral program, has been named Associate Dean of the College of Education and Educational Technology. In this capacity, Dr. Nardi attends to undergraduate student issues, manages the college's budgets, and oversees college scholarships. His expertise in off-campus programming is an asset to the college and to the counseling department. We are thrilled to have one of our own in the Dean's office. Dr. Nardi wishes to inform our secondary school counseling alumni of the availability of some College scholarship funds to recruit exceptional high school students to teacher education. Alumni who are interested in scholarship information within the college can contact Dr. Nardi by phone at 724-357-2483 or by e-mail at [Ewnardi@grove.iup.edu](mailto:Ewnardi@grove.iup.edu)

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### Workshops and Conferences

**ASCA School Counselor Conference** - Portland, OR, June 24-27, 2001

**PCA Conference** - "Unity through Diversity: Working Together to Make a Difference," Holiday Inn Harrisburg East, October 26-28, 2001.

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### Students Present at PSCA Conference

**Andrea Short** - "Teaching Positive Conflict Resolution Skills: A Guide for School Counselors."

**Ebony Holliday, Nicole Jackson, and Amber Matthews** - "Counselors for a C.A.U.S.E. (Creating Awareness and Unity in the School Environment)"

**Jennifer Shirey and Dr. Dandeneau** - "Teachers and Counselors: Planting and Cultivating the Career Seeds Together"

**Candace Rawley and Dr. Dandeneau** - "The Secret Garden: Exposing the Roots of Parental Divorce in Adolescents' Career Development"

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### Counselor Licensing

The State Board of Social Workers, Marriage & Family & Professional Counselors is still preparing procedures to implement the licensing process. The Department is continuing to monitor this process. For more current details about up-to-date licensure issues we recommend you review

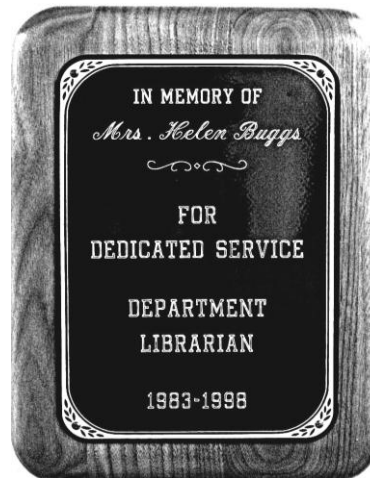
<http://academic.uofs.edu/organization/pca/pacpregs.html>

### Looking For A New Job?

The Counseling Department often receives requests from employers (both schools and community agencies) for **immediate openings** in their organizations. We help qualified graduates who are looking for their **first** place of employment link up with agencies and schools who have vacancies. If you are looking for your first job, please contact Dr. Fontaine at (724) 357-7593 or email her at: [fontaine@grove.iup.edu](mailto:fontaine@grove.iup.edu). An "employment form" will be mailed to you. These forms will be used to identify qualified individuals (e.g., whether you will consider a temporary position, geographic areas you will consider, etc.) to refer to openings. Please note that this service is only for individuals looking for their first job after graduation in the school or mental health counseling fields. The IUP Career Services is available for others at (724) 357-2235 or you can email them at: [career\\_services@grove.iup.edu](mailto:career_services@grove.iup.edu).

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### Plaque Honoring Helen Buggs Department Librarian 1983-1998



A plaque honoring Mrs. Helen Buggs is now displayed in our Dept. library. Alumni contributed toward the plaque, which honors Mrs. Buggs, who dedicated years of service to the department, and its' students and faculty.

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IUP Counseling Department Newsletter,  
Published semi-annually by Counseling Dept.

Editor: Dr. Robert I. Witchel

Graduate Assistant: Kim Stoklosa

Department Secretary: Bobbie Douglass

**Alumni Spotlight: Mike Reed**

I'm very fortunate to have landed a position that fits me. I am the only guidance counselor at Upper Dauphin Area Middle School (grades 5-8), which services about 420 students. I manage a developmental guidance program & have recently wrote and introduced a school-wide Character Education Curriculum that is going over very well.

With assistance from my principal, I wrote a grade 5-8 "Integrity/Character" curriculum. Each month every teacher in the middle school meets with 12-15 students for 50 minutes, to go over a lesson that focuses on one of our monthly integrity themes (themes listed below). The lesson plans are very specific and scripted. However, if a teacher wants to break away from the lesson and add other input, or if he/she wants to do other activities that falls under the monthly theme, they have the freedom to do so. Each teacher will keep the same group of students year after year until they leave the middle school. Once their group graduates to the high school, they will re-start with a group of 5th graders.

Students are randomly grouped by grade. This is only the 2nd year of the program. However, it has been going extremely well. I plan on rewriting/revising the curriculum again this summer for the third time, after collecting and reviewing continual teacher feedback.

Most of the information I used for the curriculum was from the net, magazines, administrative courses, guidance interns, and odds and ends that I've collected. I think the program has been successful thus far because it is practical and rewarding for students.

**Monthly themes:**

|            |                                  |
|------------|----------------------------------|
| September: | Group introductions/ice breakers |
| October:   | Respect                          |
| November:  | Responsibility                   |
| December:  | Self confidence/goal setting     |
| January:   | Attitude                         |
| February:  | Acceptance                       |
| March:     | Career and Teamwork              |
| April:     | Kindness                         |
| May:       | Ethics and Honesty               |

**Alumni Spotlight: Francine Endler****Elementary Character Education**

Character Education programs are designed to reinforce or develop qualities in students, which help make them successful individuals. Character traits such as Respect, Responsibility, Honesty, Citizenship, and Caring are often highlighted in Character Education programs. There are many ways to incorporate character education into the curriculum. Often times, these programs are

done in conjunction with other developmental guidance activities.

Character Education programs are being implemented in schools all across the United States. The size and scope of the programs vary tremendously and children are seeing the benefits of displaying strong character traits. I was fortunate to be given the opportunity to implement a pilot program for Character Education in the elementary school in which I am employed. Here are a few tips for you if your school is considering introducing Character Education into the curriculum:

1. Harness as much talent and energy as you can from your teachers and support staff. Programs such as these are not one-person jobs.
2. Involve parents in the planning and implementation process. Their input is valuable & shows others that the program has parental support.
3. Community members are tremendously helpful in reinforcing character traits with children.
4. Don't reinvent the wheel! There are plenty of existing resources and low-cost ideas that you can readily access.
5. Most importantly, HAVE FUN!

If you would like more information about this pilot program, I am available to talk to and can be contacted through email: [endler@keyconn.net](mailto:endler@keyconn.net)

Francine Endler earned a Master of Arts Degree in Community Counseling in 1994 and earned Certifications in Secondary & Elementary Guidance Counseling in 1998 and 1999 respectively. She is currently employed as an Elementary Guidance Counselor at Foot of Ten Elementary School in the Hollidaysburg Area School District. In December 2000, she was hired as the Guidance Department Chairperson for the district.

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**Patricia Laura Young receives award**

Patricia Young received the Burns Award at Penn State Dubois during a recent Honors Convocation. The award, named for Janet M. Burns, a professor of Speech Communication at the campus from 1959-1975, is given to a faculty or staff member or campus organization that has encouraged, supported or mentored women or enhanced the campus climate for women. Ms. Young is the Advising/Counseling Specialist at Penn State Dubois and teaches an Introduction to Women's Studies course. Patricia received her MA degree in Counseling Services from IUP.

## IUP Faculty & Alumni receive PSCA Awards



**Governor and Mrs. Ridge with IUP awardees**

**Dr. Denny Clawson** is the recipient of the **PSCA High School Counselor of the Year Award for 2001**. Currently Dr. Clawson is Guidance Chair for Hempfield School District. He received his M.Ed. in School Counseling from IUP and was the first person to receive his Doctoral degree from the Counselor Education Department. He is a member of the Department Advisory Board and is an Internship Supervisor for school counseling students. Dr. Clawson also has been an adjunct faculty member with IUP, California University of PA, and Duquesne University.

**Sandra Goldfarb (M.Ed., IUP)** is the Elementary School Counselor of the Year. She has been a counselor since 1985 at Arrowhead Elementary School in Methacton School District, Collegeville, PA. Sandra was named Montgomery County Counselor of the Year in 1997, has served on the PSCA Executive Board since 1991 and is the PSCA conference chairperson for the 2002 conference.

**Walter Clark (M.A., 1984)** is the Multi-level School Counselor of the Year. Walt has been an elementary and junior high counselor for Appalachia I.U. Unit 8 since 1987. He is a former president of PSCA and is currently serving on the PSCA Board of Directors. Walt is described as always having "joy and enthusiasm for helping kids and parents."

## Student Awards

### Spinelli Memorial Scholarship

**Mary C. Balich** is the fourth recipient of the Spinelli Memorial Scholarship, which recognizes outstanding scholarship and achievement. Mary, a school counseling major, lives in New Kensington and has been a special education teacher in the New Kensington/ Arnold School District for 7 years.



### Outstanding Student Award

**Patricia (Tricia) Basile** was selected by the Dept. faculty as the outstanding counseling student for the year 2001. Tricia received the M.Ed. degree in secondary school counseling on May 12, 2001.



She has maintained an outstanding record of scholarship, and has been involved with community service by her participation in the American Cancer Society. Tricia was active in CESA and is a member of ASCA. This is the 7th year the award has been presented and Tricia was among many outstanding graduates nominated.

Tricia was accepted into the master's program in 1998 but had to delay her start date as she was diagnosed with cancer. After six months of chemotherapy and radiation treatment, she began the program. She dedicates this award to her family and friends who supported her and to her "cancer comrades."

### Special Thank You's

We want to extend a special thanks these alumni:

To **Francine Endler** for her willingness to participate in current students' learning by being interviewed or shadowed or presenting in classes.

To **Tim Latsko** who offered to help a student who is exploring counseling in the military.

To **Linda Chirieleison, Billie Wilcox, Dawn Knisley, and Jennifer White** for their calls/faxes about job openings for recent alumni and students.

To **David Hashack** for his recruiting efforts by referring a prospective student to Dr. Dandeneau.

### **Caring Children/Caring Choices: Classroom Strategies for Learning and Caring**

This is a 3-credit special topic elective being offered this summer and will be taught by Dr. John Worzbyt. This workshop is designed for students and educators who wish to help children care more deeply, manage risk responsibly, and experience life more fully. The use of props, magic, humor, storytelling, and other techniques will be used to teach: Life has Value, Seven Themes of Caring, Good Habits-Bad Habits, Hazards and Dangers, Learning to be Careful, and Adventures in Community Building in the Classroom. This course will be offered **July 9 - July 14, 2001, from 8:30 am to 4:30 pm.**

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### **Chi Sigma Iota**

Dr. John Worzbyt presented "The Road to Excellence" at the May 6, 2001 initiation ceremony of the Iota Upsilon Pi Chapter of the Chi Sigma Iota Honorary Society. Eighteen new initiates, including five from the Monroeville campus were initiated. Chance Petro, chapter president and Dr. Claire Dandeneau welcomed the new inductees. A traditional candle lighting ceremony concluded the program. Chi Sigma Iota officers are Chance Petro and Kelly Mack (Vice President & Treasurer). Drs. L'Amoreaux & Dandeneau are chapter advisors.

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### **This Newsletter on the Web**

You can view this newsletter and previous issues on the Web. This issue is located at:

<http://www.iup.edu/ce/newsletterSpring01.htm>

### **Our Department on the Web**

Dr. Witchel maintains the departmental websites on the Internet. If you have any suggestions feel free to e-mail any faculty member. The website is: <http://www.iup.edu/ce/>

### **Faculty email addresses**

**Dr. Dandeneau:** Cdanden@grove.iup.edu  
**Dr. Fontaine:** Fontaine@grove.iup.edu  
**Dr. Guth:** Lguth@grove.iup.edu  
**Dr. L'Amoreaux:** Nlamoro@grove.iup.edu  
**Dr. Witchel:** Bwitchel@grove.iup.edu  
**Dr. Worzbyt:** JCWorz@grove.iup.edu

### **Alumni Updates**

Thanks to all who responded to our Fall News-letter as we are always pleased to hear from alumni. See the page 8 for feedback form.

**1974 W. Barmett Knorr**, Superintendent for Keystone School District.

**Barry W. McVay**, School Psychologist for Fairport Central Schools in Fairport, NY.

**1975 Thomas Sapovits**, School Counselor at North Caroline High School.

**1976 Dennis Ditch**, Elemen. School Counselor for Butler Area School District

**1987 James S. Stombaugh**, Mental Health Liaison for Family Services of Western PA

**1990 Debra Veronesi-Boozer**, Sec. Counselor at Redbank Valley Jr.-Sr. High School

**1991 William E. Bock**, Senior High Counselor at Penns Valley Area High School

**1992 Kris A. Robino (Stevenson)**, Elementary School Counselor (K-5) at Derry Township School District in Hershey, PA

**1994 Robert Gregory**, School Psych. at Kiski Area School District (Westmoreland I.U.)

**Carla Prosser**, Elementary School Counselor in the Clarksville-Montgomery County School District

**1996 Sheila Mendicino**, Elementary Counselor for Saltsburg Elementary School in the Blairsville-Saltsburg School District.

**Heidi Paulinellie**, Elementary Guidance Counselor at Dover Area School District.

**1997 Anise Walker**, Therapist at Affiliate Sante Group, Charles County, Maryland

**1998 Christie Biro (Bodnar)**, Elementary Counselor at Butler Area School District.

**Denise Fazi**, Guidance Counselor at Blairsville Elementary School

**Missy Garman**, Secondary Guidance Counselor at North Star High School

**Shan A. Hohol**, Middle School Guidance Counselor for the Frazier School District

**1999 Dale F. McCall**, Secondary Counselor (9-12) for Huntingdon Area School District

**Jenny White**, Guidance Counselor at the Glendale Jr.-Sr. High School

**2000 Heidi Schrauder**, Academic Advisor at the University of Pittsburgh.

## Alumni Feedback

*We want to know what our alumni are doing – professional activities, publications, employment and so forth. We want to update our mailing list, and obtain e-mail addresses. We are interested in knowing about employment and internship opportunities for our current students. Please return this form (add additional sheet if needed):*

Name \_\_\_\_\_ Year of Graduation \_\_\_\_\_ Degree \_\_\_\_\_  
Address \_\_\_\_\_ Home phone \_\_\_\_\_

E-mail \_\_\_\_\_ Work phone \_\_\_\_\_

Place of Employment \_\_\_\_\_ Job Title \_\_\_\_\_

\_\_\_ Yes, I am interested in being added to the email list to be notified of counseling position openings.

Please list potential class/workshop topics related to ACT 48:

What format(s) might be best: \_\_\_ weeklong workshops; \_\_\_ (other: \_\_\_\_\_)  
\_\_\_ 5-week classes (meets twice per week); \_\_\_ (other: \_\_\_\_\_)



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