

Be Ready, Be Safe, Be Responsible

## XII. Adverse Driving Conditions

1. Driving At Night
2. Visibility
  - Glare
  - Fog, Smoke, Rain, Snow

Lessons and Hints to Work With  
Your New Teen Driver  
Part 12



**IUTP** Institute for  
Rural Health & Safety



# ADVERSE CONDITIONS THAT AFFECT SAFE DRIVING

Controlling What You Have No Control Over



## LESSON BENEFITS

- This lesson will allow you to become aware of the effects that changing environmental conditions have on you, your vehicle, and the countermeasures and approach that you should take when driving in these conditions.
- You can't change the weather conditions or time of day, but you can reduce risk by adapting your driving to them.



# OBJECTIVES

TO:

- ▶ Demonstrate a knowledge of the problems associated with reduced visibility such as driving at night, in fog, in rain, snow, smoke and glare conditions.

# Visibility



# NIGHT DRIVING

Most serious collisions occur in twilight or darkness.(11 pm & 5 pm) 34% of 16 yr. old drivers crash at night.  
(Restrictions on permit & Jr. Licenses)

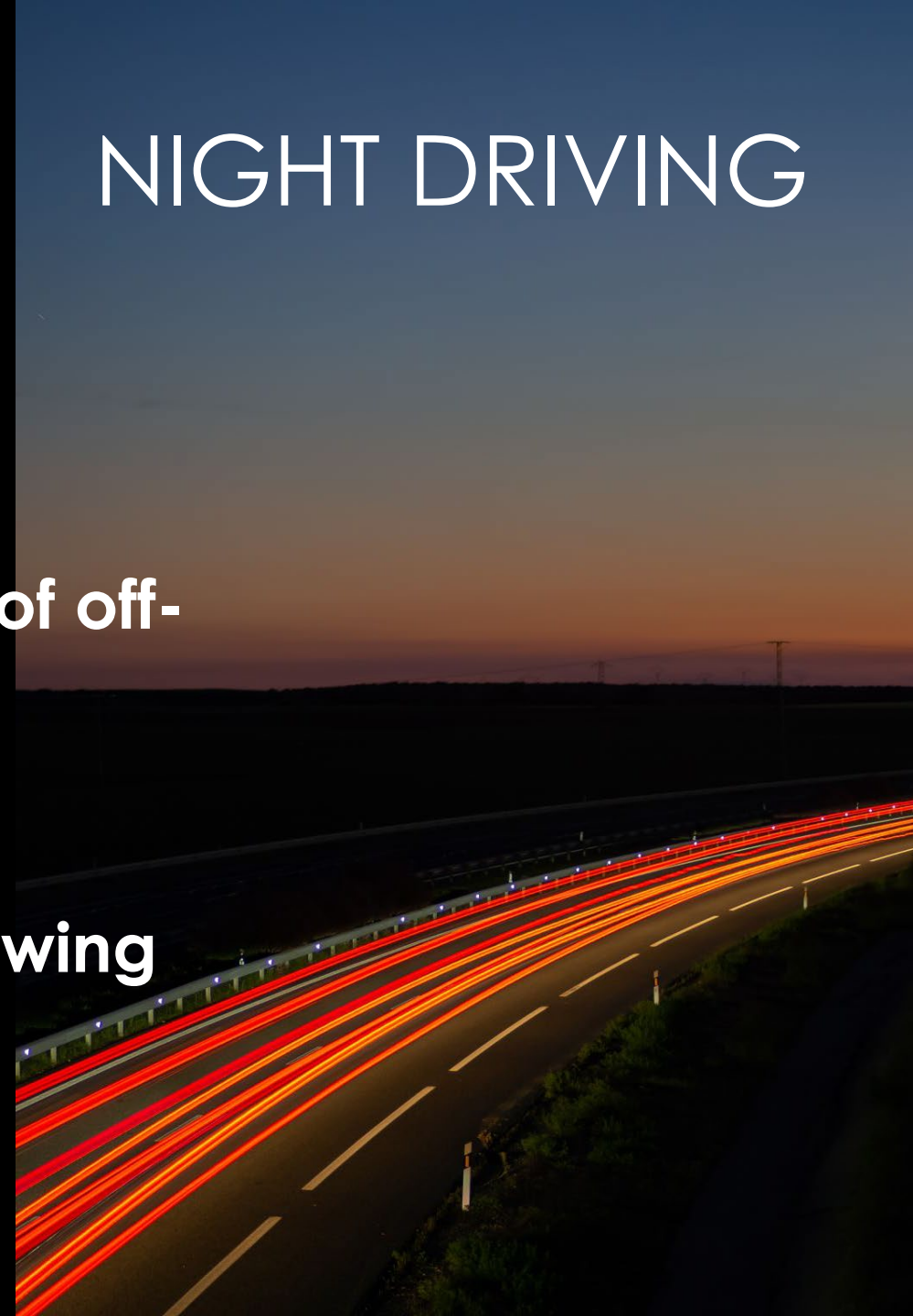
**Headlights –to see AND be seen**

**Required:**

- between sunset & sunrise
- Unfavorable weather or light conditions-wipers on-lights on
- Visibility less than 1,000 ft.
- Work zones

# NIGHT DRIVING

- Distance you can see ahead is limited
- Headlights provide limited illumination of off-road areas
- Loss of contrast and impaired distance judgment
- Glare from lights of oncoming and following vehicles and glare recovery time



# CONDITIONS OF VISIBILITY NIGHT DRIVING

- **Driving at night is more dangerous because-**
  1. **Vision is severely limited at night (90% of reactions depend on vision)**
- **Color vision, depth and distance perception are all reduced.**
  - **Difficult to make safe gap judgments because landmarks and references aren't visible.**
  - **Difficult to see pedestrians and bicyclists**
    - **Look for reflection from clothing ,reflective tape or reflectors**

# CONDITIONS OF VISIBILITY NIGHT DRIVING

**2. Glare from oncoming headlights makes it difficult to see and can be temporarily blinding**

- Glare recovery of pupils (affected by drugs & alcohol)
- Reflections from wet road surface

**3. Fatigue at night**

- Slows reaction time & concentration



# NIGHT DRIVING

## Reducing the Effects of Headlight Glare

1. Look toward the opposite side of the road as the car passes.
  - DO NOT stare into the headlights
2. Use the Enhanced Mirror Settings and flip the inside rearview for night driving.
3. Keep the windows clean.

# NIGHT DRIVING

## Other Precautions

- Wipe all lights clean (50 to 90 percent loss of headlight efficiency due to road grime)
- Reduce speed compared to daytime.  
(Light doesn't bend around curves or into dips)
- Increase following distance.  
(shorter reaction distance)
- Turn off or dim interior convenience lights
- Proper use of high/low headlight beams
- Use parking lights only when parked

# SOME THINGS TO WATCH FOR...

## Reflections

- Road signs
- Lane markings, center line & edge markers
- Animal eyes
- Metal/glass on the road

## Movement/Changes in Contrast

- Vehicle driving with lights off
- Pedestrian in dark clothes
- Dark spot in the road surface-pothole or obstacle

# SOME THINGS TO DO... AND NOT TO DO

## Do

dim your high beams to oncoming vehicles (500 ft.) and when following vehicles (300ft.)

## Do

flash your high beams once to warn oncoming drivers if they do not dim.

## Do Not

Don't "punish" oncoming drivers who don't dim- can blind them and drivers behind them cause collision.

# NIGHT DRIVING



# SOME THINGS TO DO... AND NOT TO DO

**Do Not “overdrive“ your headlights.**

**Your search area and the area that you react, is limited to how far you can see-**

- **Visibility of about 255 ft. w/properly aligned low beams - allow for a maximum safe speed of 40-45 mph.**
- **Visibility of about 300 ft. w/properly aligned high beams allow for a maximum safe speed of 55-60 mph**

# NIGHT DRIVING

High beams



# NIGHT DRIVING

Low beams





# GLARE

Glare can also occur...

- Dirty windshield
- Paper on dashboard
- Snow-covered landscape
- Facing the sun (dawn and dusk)
- Flashing advertisement signs
- Flood lights
- Failure to dim own headlights in fog, snow or driving rain at night

# GLARE

## How to fight it...

- Clean all windows and lights
- Keep objects off dashboard
- Adjust sun visors
- Adjust mirrors
- Sit high in the seat-use windshield tint
- Wear sunglasses on sunny days-
  - Snow glare
- Adjust speed to visibility conditions





GLARE





SUNRISE/SUNSET





SUNRISE/SUNSET





**SNOWBLINDNESS**



**SNOWBLINDNESS**





Dashboard Glare



Dashboard Glare



# Fog

- **Fog forms when the air cools to a point at which water vapor in it begins to condense into tiny water droplets.**
- **The temperature at which water vapor will begin condensing from the air at any particular time is called the "dewpoint".**

# FOG

## **Different kinds of fog, where fog forms:**

- **Advection fog forms when humid air flows over cold ground or water.**
- **Radiation fog forms on generally clear, cool nights.**
- **Steam fog forms over water, often in the fall.**
- **Overnight rain can enhance fog that forms in the morning.**
- **Precipitation fog forms when rain or snow falls.. Upslope fog is very common along large hills and mountains. It forms when winds blow up the side of a hill or mountain, which cools the air.**
- **Valley fog forms in mountain valleys during winter and can be more than 1,500 feet thick. Often, the winter sun is not strong enough to evaporate the fog during the day.**

A landscape photograph showing a road curving through a valley. The background is heavily obscured by a thick, grey fog, creating a sense of depth and atmosphere. The foreground shows a road and some greenery, while the middle ground is dominated by dark, silhouetted trees and hills. The overall tone is muted and atmospheric.

FOG



FOG

FOG



FOG

## Driving in Drifting Fog

- Reduce speed
- Headlights are on low beam to reduce reflected glare
- Turn on windshield wipers
- Turn on defroster or air conditioner



## Driving in Heavy Fog

- Further reduce speed, but do not stop in a travel lane
- Turn on emergency flashers
- Look for an exit from the highway
- If impossible to leave highway, stop beyond end of guard rail, check the area, if possible, back up to the outside of the guardrail, turn off all lights and wait for fog to lift.

# OTHER DANGEROUS CONDITIONS

Countermeasures for Driving in Smoke, Rain and Snow

- **Maintain lane position (center of your lane)**
- **Turn on windshield wipers**
  - Snow and smoke may require use of windshield washer
- **Be alert for vehicles stopped in roadway**
- **Be prepared for effects of gusting or strong steady crosswinds**
- **Make steering, acceleration and braking actions gently and smoothly**

# OTHER VISIBILITY PROBLEMS

## Problem:

- Frozen/Broken Wipers

## Prevention:

- Pre-entry and equipment check

## Solution:

- Do Not continue driving.
- Pull to a safe spot.
- Clear ice or snow blocking wiper movement.



Worn wiper blade or no washer fluid



High beams in snow/rain



High beams in fog & snow/rain

A photograph of a foggy road scene. In the foreground, the dark, bare branches of a tree are visible on the left side. The road ahead is shrouded in thick fog. In the distance, a car is visible, and its high beams are turned on, creating a bright, circular glow that illuminates the fog. A deer is standing in the middle of the road, directly in the path of the car's headlights. The overall atmosphere is misty and obscured.

**High beams in fog**



Glare at Night in Rain

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# DANGEROUS CONDITIONS

## Countermeasures for Driving in Smoke, Rain and Snow

- Reduce speed to limits imposed by visibility and road conditions, but do not stop in travel lane or on shoulder near road
  - For snow conditions, look for exit from highway and turn on radio for weather report.
  - If impossible to leave highway, stop beyond end outside of guardrail.
- Turn headlights to low beams
- Turn on emergency flashers