

REPORT OF THE STUDENT AFFAIRS COMMITTEE
COUNCIL OF TRUSTEES
Indiana University of Pennsylvania
March 17, 2022

The Student Affairs Committee met today with Vice President for Student Affairs Tom Segar.

Dr. Segar gave opening remarks about the Student Affairs Division.

Student Wellness and Engagement Director Ann Sesti spoke about two offices within her area. First was the Office of Alcohol, Tobacco, and Other Drugs. This office provides many services and programs for students. Among those mentioned were student outreach and individual consultation services, an #IUPLeads program to promote safety messaging during high-risk celebratory times, the use of art creativity to encourage well-being, partnering with alumni and agencies for a speaker series, and alcohol-free social activities for students.

Health and Wellness Promotion was the second office Ms. Sesti talked about. This office provides weekly educational interactive programs for students to gain awareness of the importance of maintaining a healthy lifestyle. Some of the programs mentioned were Wellness Wednesdays, Just Paws with the therapy dogs, relaxation station room, random acts of wellness, and many others.

Counseling Center Director Jessica Miller shared information on how COVID impacted student usage of the Counseling Center and mentioned group programs offered for students. She spoke about partnering with Togetherall, a company that provides virtual peer-to-peer mental health and well-being support for students. Suicide prevention efforts were also discussed.

Athletics Director Todd Garzarelli provided an update on IUP Athletics' winter and spring sports. He also spoke about diversity, equity, and inclusion initiatives in athletics.

This concludes my report.

Laurie Kuzneski, on behalf of Maura King, Chair
Student Affairs Committee