



# S.T.A.H.L. NEWS

STUDENTS TALKING ABOUT HEALTHY LIFESTYLES

Brought to you by IUP Health Service, a part of the Center for Health & Well-Being

January 2023

## How do I know if I have an STI?

### (Sexually Transmitted Infection)

Many people think they would know if they had a sexually transmitted infection (STI). The truth is many STIs have no signs or symptoms or they have mild signs that can be easily overlooked. **The only way to know if you have an STI is to get tested.**

Anyone who is sexually active can get an STI. If you've had unprotected sex, have a new partner (or more than one partner), or for any reason are worried you have been exposed to an STI,

### **GET TESTED!**

#### **IUP Health Service**

offers STI Testing

M-Th 8:30-4:00

F 10-4:00

\$25 lab fee will be billed to your IUP student account as a "Wellness Visit"

#### **Tests available**

Chlamydia

Gonorrhea

Syphilis

HIV

Results typically in 4-5 days

#### **GONORRHEA**

- Can infect the genitals, rectum and throat
- Transmitted by vaginal, anal, or oral sex with someone who has gonorrhea
- Symptoms can include burning with urination, unusual discharge, or anal burning or itching
- Testing requires a urine sample or a swab from affected area.
- Treatment consists of antibiotics

#### **Chlamydia**

- Can damage a woman's reproductive system and cause infertility
- Transmitted by having vaginal, anal or oral sex with someone who has Chlamydia
- Symptoms can include burning with urination, unusual or smelly discharge, pain in testicles
- Testing requires a urine sample or a swab from affected area
- Treatment consists of antibiotics

#### **Syphilis**

- Transmitted by direct contact with a Syphilitic sore
- Develops in stages
- 1st stage appears as sores where the syphilis entered your body
- 2nd stage appears as a rash on your hands or feet, can have fever, sore throat, muscle pain weakness or unusual vaginal/penile discharge
- 3rd (Latent) no symptoms
- 4th (Tertiary) occurs over time if not treated for syphilis -damage to internal organs can occur
- Without treatment, can spread to your brain, nervous system, eyes or ears
- Testing requires a blood sample
- Treatment consist of antibiotics

**Walk in Gonorrhea/Chlamydia Screening**  
**The 1st Wednesday of the month 8:30-3:00**  
**-only \$10**

**2/1/23**

**3/1/23**

**4/5/23**



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