

**Hourly and Meal Breakdown for Subsistence Allowances  
For overnight travel occurring on or after 10/1/18**

<b>HOURLY BREAKDOWN</b>			
<b>Daily Allowance</b>	<b>3 to less than 6 hours 25% of Full Daily Allowance</b>	<b>6 to less than 15 hours 62.5% of Full Daily Allowance</b>	<b>15 to less than 24 hours 100% of full Daily Allowance</b>
\$55.00	13.75	34.38	55.00
\$56.00	14.00	35.00	56.00
\$61.00	15.25	38.13	61.00
\$66.00	16.50	41.25	66.00
\$71.00	17.75	44.38	71.00
\$76.00	19.00	47.50	76.00

**M&IE (Meals and Incidental Expenses) Breakdown\*  
For overnight travel**

<b>M&amp;IE</b>	<b>\$55.00</b>	<b>\$56.00</b>	<b>\$61.00</b>	<b>\$66.00</b>	<b>\$71.00</b>	<b>\$76.00</b>
Breakfast	11.55	11.76	12.81	13.86	14.91	15.96
Lunch	11.55	11.76	12.81	13.86	14.91	15.96
Dinner	31.90	32.48	35.38	38.28	41.18	44.08

\* Figures per Board of Governors Travel Expense Regulations

Revised 10/02/18