If you choose to drink, here are some ways you can stay out of trouble:

- Avoid drinking games
- Avoid pre-gaming
- Go out later and come in earlier
- Keep track of the number of drinks
- Avoid chugging drinks
- Set a limit before attending a social drinking event
- Pace yourself
- Alternate alcoholic drinks with non-alcoholic drinks
- Eat food before and/or during drinking
- Arrange transportation

There are other ways to also have fun as an IUP student:

- Travel to other cities and states with IUP organizations, such as the Discovery Club
- Participate in on-campus housing activities
- Fitness and recreational classes at the HUB and Center for Health and Well-Being
- Events listed in The Beak
- Attend Concerts http://iuptickets.com/
- Events sponsored by the Office of International Education

Remember, ONE drink is measured as...

- 5 fl oz (148 mL) of wine
- 12 fl oz (355 mL) of beer or wine cooler

One mixed drink with:
- 1.5 fl oz (44 mL) of 80-proof liquor (such as vodka, gin, scotch, bourbon, brandy, or rum)

Brought to you by the
Alcohol, Tobacco, and Other Drugs Program
Center for Health and Well-Being
G57 Suites on Maple East
724-357-1265
Email: ATOD-OASIS@iup.edu
Website: www.iup.edu/atod

For additional information on alcohol and the law in Pennsylvania, go to:
O:ATOD/General Outreach and Education/Brochures/32-
Alcohol International Students.pub
In the United States, you have to be 21 years of age to legally consume alcohol. If you are under 21, it is against the law, and university policy to consume, transport, purchase, or attempt to purchase any alcoholic beverages.

**IUP is a “dry campus”… what does that mean?**

This means that all IUP students are restricted from carrying and/or consuming alcohol on campus, and are in violation of the policy and will face university sanctions if caught. If a student is under 21 years of age and is caught on campus with alcohol, or under the influence of alcohol, the student is in violation of university policy. If the University Police are involved, the student may also be charged and face PA law violations.

**I am over 21 years old, does the “dry campus” policy still apply to me?**

Yes. The only residential building you can possess and/or consume alcohol in is University Towers. However, large quantities of alcohol, such as kegs, are not allowed in ANY residential building, including University Towers.

**Here are things you should know if you live on campus regardless of your age…**

- Alcoholic beverage containers (even empty ones!) should not be on university campus, buildings, gymnasiums, or athletic fields
- You cannot provide alcoholic beverages to anyone who is under 21 years old
- Alcohol-related neon signs or posters should not be placed in windows or other areas in the residence halls
- University Police are contacted for all incidents involving alcohol

**Do you live off-campus? The following are prohibited regardless of your age:**

- Public drunkenness (being intoxicated in public and can include public urination, stumbling, slurring)
- Operating a motor vehicle while under the influence of alcohol
- Having an open container of alcohol in a public location (cup, or bottle)

Students who reside in the Residence Halls who are found in violation of IUP’s alcohol policy are sanctioned to the following:

- Stayed Removal from Housing—one calendar year (means you are on probation and any other violation could result in removal from the hall)
- Disciplinary Probation—one calendar year
- Parent/Guardian Letter (if under the age of 21 and financially dependent)
- BASICS Alcohol Education Session
- Individual Assessment for blood alcohol content over 0.16

If you get caught for an alcohol violation either on or off campus, the following University **JUDICIAL** fines may be charged to your IUP account as applicable:

- BASICS Workshop $35
- Alcohol Assessment $35
- Stayed removal, removal, and/or banned from on-campus housing $75
- Suspension $100

In addition to fines for breaking university policy, if you are cited by the police you will face **LEGAL consequences through the Indiana County Court for underage drinking that may include:**

- Fines ranging from $0-$300
- Jail time from 0-90 days
- License suspension of 90 days

There are also fines (determined by the Indiana County Court System) for an Open Container and Public Drunkenness Violation.