



# Human Development and Family Science, BS

**Department:** Human Development, Fashion, Interior Design  
**College:** Health and Human Services  
**Website:** <https://www.iup.edu/hdes/human-development-family-science/>  
**Contact Information:** Dr. Sarah Brown, HDFS Program Coordinator  
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**Career Opportunities:** Human service careers: community education, mental and behavioral health support, early care and education, adoption services, foster care services, service coordinator.

Current alumni working across the country in human service careers: locations in Southwestern PA include Justice Works, the Children's Institute of Pittsburgh, The Children's Home of Pittsburgh, the YMCA, Wesley Family Services, Head Start, Private Early Childhood Education (e.g., Goddard, Kindercare, CMU Cyert).

Projections for future employment: According to the Occupational Outlook Handbook on the Bureau of Labor Statistics ([www.bls.gov](http://www.bls.gov), accessed on July 18, 2019): Social worker: 2016-2026 = 16% increase; Social and human service assistants 16% increase; Community education 16% increase; Preschool and Childcare Center Directors: 2016-2026 = 11% increase

**Program Features:** This unique program is the only one of its kind in the Pennsylvania State System of Higher Education. Its comprehensive curriculum will train you for a wide range of positions that address all aspects of child and family life, from early intervention to counseling "at-risk" youth. What's more, community service agencies on the local, state, and national levels need your skills and dedication.

The HDFS program meets the course requirements for the PA Key Pennsylvania Director Credential. It focuses on leadership, program quality, organization and administration, business management, curriculum, and pedagogy. Graduates can apply for their PA Director Credential and they should be preferred candidates for director positions in programs participating in Pennsylvania's Quality Initiative: Keystone Stars.

The HDFS courses are also available for students to complete wherever they are in the world. Ask us about how to complete your degree completely online. Convenient, flexible, and affordable!

**Student Organization:** The Child and Family Studies Association (CFSA) is a very active service club for majors and other interested students. The club enables students to become involved in community service projects, fundraising for service organizations, and participate in field visits to the local community.

**Experiential Learning:** One of the strengths of the Human Development and Family Science Program is the opportunity for direct experience with children, youth, and families. Throughout your studies, students will be working directly with children, youth, and families in childcare, preschool, and other community settings. Students will complete volunteer work with human service agencies to prepare you for your chosen field.



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 Degree: **Bachelor of Science**  
 Calendar Year: **2020-2021**  
 Website: <https://www.iup.edu/hdes/human-development-family-science/>

### Concentrations:

- (1) Early Intervention
- (2) Infant Toddler Mental Health
- (3) Youth and Family
- (4) Child Life

**Program Description:** The Human Development and Family Science program leads to a Bachelor of Science degree. Primary objectives of the program are to prepare professionals to work in or supervise human service agencies that serve children, youth, and/or families. The program also provides preparation for students who want to pursue graduate study in applied programs such as social work, counseling, or education.

<b>Freshman Year:</b>	<b>Fall</b>	<b>Grade</b>	<b>Spring</b>	<b>Grade</b>	
PSYC 101	General Psychology	3cr _____	MATH 101	Foundations of Math (or higher)	3cr _____
Fine Arts	Intro to Art/The/Mus/Dan	3cr _____	ENGL 121	Humanities Literature	3cr _____
Natural Science	Choose any Science w/lab	4cr _____	HIST (LS)	LS Requirement 196, 197, 198	3cr _____
ENGL 101	Composition I	3cr _____	SOC 151/161	Principles of Sociology	3cr _____
Health/Wellness	143, recommend FCSE, KHSS, NURS	3cr _____	PHIL/RLST	Choose any Religion or Philosophy	3cr _____
	<b>Total 16cr</b>			<b>Total 15cr</b>	
<b>Sophomore Year:</b>	<b>Fall</b>		<b>Spring</b>		
ENGL 202	Composition II	3cr _____	ANTH 110	Contemp Anthropology	3cr _____
Natural Science	Choose any Science lab or non	3-4cr _____	FCSE 315	Consumer Econ & Family Finance	3cr _____
FDNT 145	Nutrition	3cr _____	CDFR 310	Observation & Assessment	3cr _____
CDFR 218	Child Development	3cr _____	CDFR 321	Preschool Edu: Play & DAP	3cr _____
CDFR 224	Marriage and Family	3cr _____	Con/Min/El	Concentration/Minor/Elective	3cr _____
	<b>Total 15-16cr</b>			<b>Total 15cr</b>	
<b>Junior Year:</b>	<b>Fall</b>		<b>Spring</b>		
CDFR 323	Family Issues	3cr _____	CDFR 411	Family & Community	3cr _____
CDFR 410	Infant Toddler Development	3cr _____	CDFR Elective	Choose a CDFR elective	3cr _____
CDFR 425	Adolescence: Risk & Resiliency	3cr _____	Con/Min/El	Concentration/Minor/Elective	3cr _____
NURS202/BIO150	Child Health or Human Anatomy	3cr _____	Con/Min/El	Concentration/Minor/Elective	3cr _____
SOC 428	Child Abuse	3cr _____	Con/Min/El	Concentration/Minor/Elective	3cr _____
	<b>Total 15cr</b>			<b>Total 15cr</b>	
<b>Senior Year:</b>	<b>Fall</b>		<b>Spring</b>		
CDFR 426	Techniques of Parent Education	3cr _____	CDFR 427	Administration of Programs	3cr _____
CDFR 428	Family Dynamics	3cr _____	CDFR 429	Teaching in Community Settings	3cr _____
Con/Min/El	Concentration/Minor/Elective	3cr _____	Con/Min/El	Concentration/Minor/Elective	3cr _____
Con/Min/El	Concentration/Minor/Elective	3cr _____	Con/Min/El	Concentration/Minor/Elective	3cr _____
Con/Min/El	Concentration/Minor/Elective	3cr _____	Con/Min/El	Concentration/Minor/Elective	3cr _____
	<b>Total 15cr</b>			<b>Total 15cr</b>	
<b>Total Credits for Degree:</b>				<b>120cr</b>	

**Additional Information:**



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Degree: **Bachelor of Science**

Calendar Year: **2020-2021**

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**Summary of Requirements:** The Human Development and Family Science program leads to a Bachelor of Science degree. Primary objectives of the program are to prepare professionals to work in or supervise human service agencies that serve children, youth, and/or families. The program also provides preparation for students who want to pursue graduate study in applied programs such as social work, counseling, or education.

<b>Liberal Studies Requirements</b>				<b>Credits: 46-49</b>
ENGL 101	Composition I	3cr	Science Option 1	Two Lab courses - 4 credits each 7-8cr
ENGL 202	Composition II	3cr	OR Option 2	One Lab - 4cr and One Non-Lab - 3cr
ENGL 121	Humanities Literature	3cr	ANTH 110	Contemp Anthro (NW) 3cr
MATH 101	Foundations of Math (or any higher Math)	3cr	PSYC 101	General Psychology 3cr
HIST	(1) HIST 196 or 197 or 198	3cr	SOC 151/161	Principles of Sociology 3cr
PHIL/RLST	(1) Philosophy or Religious Studies	3cr	Health&Well	Any 143-recommend FCSE, KHSS, NURS 3cr
Fine Arts	(1) LS Fine Arts course	3cr	FCSE 315	Consumer Econ & Family Finance 3cr
			FDNT 145	Nutrition 3cr

<b>Major Requirements</b>				<b>Credits: 45</b>
CDFR 218	Child Development	3cr	CDFR 426	Techniques of Parent Education 3cr
CDFR 224	Marriage and Family	3cr	CDFR 427	Administration of Programs 3cr
CDFR 310	Observation & Assessment	3cr	CDFR 428	Family Dynamics 3cr
CDFR 321	Preschool Ed: Play & DAP	3cr	CDFR 429	Teaching in Community Settings 3cr
CDFR 323	Family Issues	3cr	CDFR Elective	Choose a CDFR Elective 3cr
CDFR 410	Infant and Toddler Development	3cr	SOC 428	Child Abuse 3cr
CDFR 411	Family and Community	3cr	NURS 202	Foundations of Child Health 3cr
CDFR 425	Adolescence: Risk & Resiliency	3cr	OR BIOL 150	Human Anatomy

**Free Electives** **Credits: 26-29**  
Students are encouraged to choose a minor, concentration, or certificate. Concentrations in HDFS are listed for ease of advising.

<b>Youth and Family Concentration *CFLE Eligible</b>		<b>15cr</b>
SOC 251	Sociology of Human Sexuality	3cr
FCSE 350	Teaching Family Life Education	3cr
PSYC 312	Adult Development and Aging	3cr
CDFR 430	Poverty and Development	3cr
CDFR 493	Internship (Human Services)	3cr

<b>Infant Toddler Mental Health Concentration</b>		<b>18cr</b>	<b>Early Intervention Concentration</b>		<b>18cr</b>
EDEX 111	Intro to Exceptional Persons	3cr	CDFR 315	Intro to Early Intervention	3cr
EDEX 460	Family Perspectives on Disabilities	3cr	EDEX 111	Intro to Exceptional Persons	3cr
CDFR 315	Intro to Early Intervention	3cr	EDEX 114	Atyp Dev in Infants, Children, and Adoles	
CDFR 420	Infant Toddler Mental Health	3cr	OR EDEX 415	Preschool for Child with Disabilities	3cr
CDFR 430	Poverty and Development	3cr	EDEX 460	Family Perspectives on Disabilities	3cr
CDFR 493	Internship (Vulnerable populations)	3cr	KHSS 209	Motor Behavior	3cr
			KHSS 344	Adapted Physical Activity	3cr

**Total Credits for Degree:** **120**