



Mind, Body, and Health
Central Concept: Health

What does it mean for a person to be healthy?

The health sciences increasingly recognize the necessity of considering the whole person, mind and body, when it comes to helping people become and stay healthy. This requires moving beyond the quantifiable body into dimensions of emotions, imagination, history, cultural practices and the various subtleties that impact and influence human life. The Mind, Body, and Health concentration brings together courses from a variety of disciplines outside of the sciences to help students think beyond the scientific emphasis of health and medicine and reinforce the important connection of social and cultural contexts to enhance the quality healthcare.

Core courses: 6 cr *LS Humanities Lit; Global and Multicultural Awareness*



CHSS 122: Big Ideas I, Ancient to Enlightenment (3 cr)
CHSS 123: Big Ideas II, Enlightenment to Present (3 cr)
CHSS 482: Big Ideas Capstone Internship (1 cr)

Students will select three courses:



ARHI 205: Ancient to Medieval Art. *LS Elective Information Literacy.*
ARHI 207: Renaissance through Modern Art.
ANTH 110: Contemporary Anthropology. *LS Elective Social Science, Global and Multicultural Awareness.*
ANTH 240: Introduction to Global Health.
ANTH 430: Anthropology of Food.
ANTH 444: Medical Anthropology. *Prerequisites: any of the following ANTH 100/211; SOC 151/161; with permission.*
ENGL 222: Technical Writing. *Prerequisite: ENGL 101.*
ENGL 225: Introduction to Literature by Women. *Prerequisites: ENGL 121 or 122 and 202.*
ENGL 337: Myth. *Prerequisites: ENGL 202, and 121 or 122.*
ENGL 341: Poetry. *Prerequisites: ENGL 101, and 121 or 122.*

Please turn over for more.



ENGL 350: Gender and Sexual Orientation in Literature, Theory, and Film. *Prerequisite: ENGL 202.*

HIST 240: Zombies: A Cultural History of Death, Disease, and Technology. *LS Elective Information Literacy.*

PHIL 130: Introduction to Biomedical Ethics. *LS Humanities.*

PHIL 240: Philosophy and the Good Life. *LS Humanities.*

PHIL 326: Existentialism.

PHIL 360: Philosophy of Mind. *Prerequisite: Philosophy major or minor, or junior or senior standing, or instructor permission.*

PHIL 390: Philosophy of Human Nature.

PLSC 370: The Practice of Public Administration.

RLST 120: Comparative Religious Ethics.

RLST 245: Women and Religion.

Sociology: Social Relations in Groups and Organizations. *LS Elective Social Science.*

SOC 251: Sociology of Human Sexuality. *LS Elective Global Citizenship, Global and Multicultural Awareness.*

SOC 335: Alcohol and Drug Abuse. *Prerequisite: SOC 151.*

SOC 357: Sociology of Aging and the Life-Course. *Prerequisites: SOC 151 or SOC 161.*

SOC 362: Racial and Ethnic Minorities. *LS Elective Global Citizenship, Global and Multicultural Awareness. LS Elective Global Citizenship, Global and Multicultural Awareness.*

SOC 363: Sociology of Gender. *Prerequisites: SOC 151 or SOC 161.*

SOC 410: Men and Masculinities. *Prerequisite: SOC 151 or SOC 161.*

SOC 442: Medical Sociology. *Prerequisite: SOC 151 or SOC 161.*

SOC 452: Disability and Society. *Prerequisites: SOC 151 or SOC 161.*

SOC 454: Dimension of Rural Public Health. *Prerequisites: SOC 151 or SOC 161.*

THTR 214: History and Literature: Tragedy.

THTR 215: History and Literature: Comedy.

- No more than 2 classes per department may be counted towards the certificate.
- Only 1 class from a student's major may be counted towards the certificate.
- Only 1 100-level course may be counted towards the certificate.
- Substitution of courses may be approved by the director.