



# S.T.A.H.L. NEWS

## Students Talking About Healthy Lifestyles

Brought to you by the Haven Project at the Center for Health and Well-Being

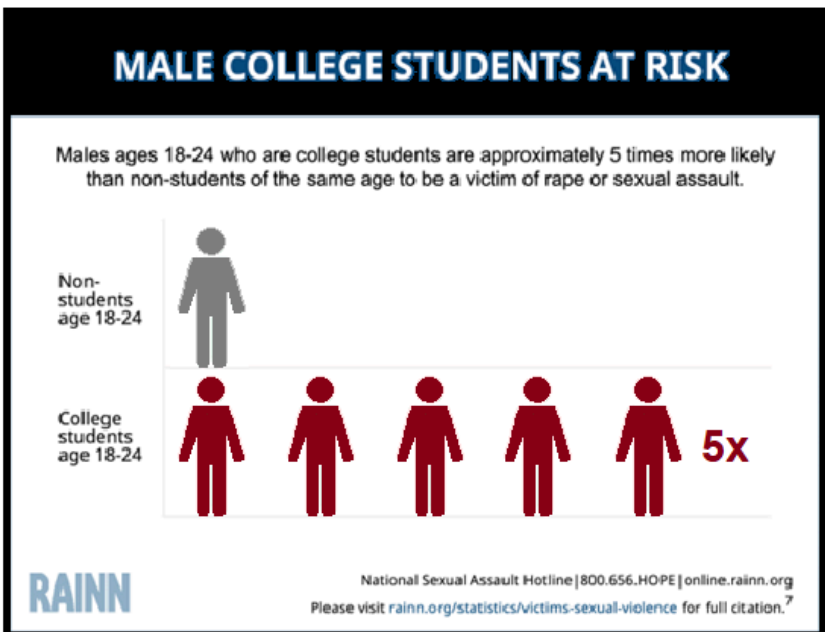
November 4, 2024

### It's On Us TO END SEXUAL VIOLENCE!

It's On Us is to build the movement to combat campus sexual assault by engaging all students, including young men, and activating the largest student organizing program of its kind in grassroots awareness and prevention education programs.

Sources: It's On Us and RAINN

- ### UPCOMING EVENTS
- Wed. 11/6, Green Dot Training with Phi Eta Sigma, 6-7pm, HUB Monogahela
  - Wed. 11/6, It's On Us with Phi Kappa Tau, 6:30-7:30pm, Leonard B11
  - Tues. 11/12, Behind the Post with Alpha Sigma Tau, 5-6:30pm, Leonard B10
  - Sun. 11/17, It's On Us with Kappa Sigma, 7-8pm, Suites on Maple East G60
  - Tues. 11/19, Green Dot Training with Kappa Delta Rho, 6 - 7pm, Leonard 126



### CONSENT

Freely Given  
Reversible  
Informed  
Enthusiastic  
Specific

### It's on Us to...

- Recognize that non-consensual sex is sexual assault.
- Identify situations in which sexual assault may occur.
  - Intervene in situations where consent has not been given.
  - Create an environment in which sexual assault is unacceptable and survivors are supported.

**Take the pledge!**



**You are not alone.**  
Help is available.

### Campus & Community Resources

- Haven Project.....724-357-3947
  - \*IUP Counseling Center.....724-357-2621
  - \*Alice Paul House (24/7 hotline)....724-349-4444
  - University Police.....724-357-2141
  - Title IX Coordinator.....724-357-3402
  - Multicultural & LGBTQIA Support...724-357-2598
- \*Confidential Resource

**IT'S ON**

**CONSENT**  
just ask.

**HAVEN PROJECT**

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