



IUP Counseling Department Newsletter

A semi-annual newsletter for the IUP Department of Counseling alumni and students



Welcome to the Spring/Summer 2014 edition of the Counseling Department newsletter. Please share this newsletter with any alumni you network with as they may not have received this information; ask them to send us their email address. And, make sure to update your email and other information to continue to receive this newsletter and latest information from the Counseling Department and IUP (see p. 12).

Congratulations to **Alisha Bashaw** and **Collin Nordby** recipients of the Dr. Janet Fontaine Outstanding Student Award and to **Ellen Stewart** and **John Tucker**, George Spinelli Scholarship winners (see p. 6). These awards were made at graduation ceremonies for both Indiana and Pittsburgh students (see pictures, p. 7).

Inside this issue:

- Faculty News
- Upcoming CCTS Workshop
- Alumni Updates
- Alumni Spotlight
- Student Awards
- Graduations
- 2014 Career Day Workshop
- Cohort 5 Reunion
- 2014 ACA Ethics

Faculty have shared recent scholarly activities, including international travel to the Republic of Georgia, Africa, and Panama (see p. 2). The **Center for Counselor Training & Services** will sponsor a workshop with Garry Landreth, an internationally known figure in play therapy on October 17, 2014 at the Greensburg Garden and Civic Center (see p. 5).

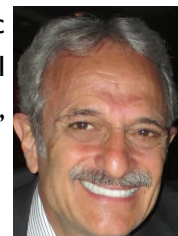
While we have completed our initial admission's process, we are still actively engaged in the recruitment process for new students for the Professional School Counseling and Clinical Mental Health Counseling programs for both campuses this Fall. Our final **Fall 2014 application deadline** is **June 25th**. As we are always interested in enhancing our pool of applicants for programs on both campuses, please encourage potential applicants to contact either Dr. Dandeneau or Dr. Witchel. Alumni are our best recruiters!!

We are offering a number of **elective classes** this summer and fall that alumni may be interested in enrolling; see pg. 10 –11 for a complete list and descriptions. We are excited to share that the Pittsburgh/Penn Center location was completely remodeled (see p. 11).

Paralympic Sled Hockey Team **Gold Medalist**, Dan McCoy spoke in a Multicultural Counseling class (p. 4). We continue to update and expand our Counseling Department **Facebook** page (link on p. 13); check us out and “like us.” Thanks to faculty who contribute to this newsletter, and a special thanks to my Graduate Assistant, **Kailyn Hall** for all of her work on the newsletter and department website.

Completing this Newsletter is one of my last responsibilities of this academic year. I am looking forward to a lighter summer of teaching one class as I complete my 33rd year at IUP. The faculty and I wish you an enjoyable, relaxing, and healthy summer!

Bob Witchel



IUP Counseling Department Newsletter

Faculty News

Dr. Laura Marshak - My umpteenth year of teaching has been a fun one because of several new projects and many enjoyable students. I branched off into new territory for some of my professional speaking. This included two workshops for parents of children with cystic fibrosis as well as a few workshops for young adults with cerebral palsy (and their parents). I appreciated the challenge of presenting on new topics including career planning and coping with a life-shortening disease. I also enjoyed speaking at the International Family Therapy Association's annual conference in Panama. At that conference I presented on cross cultural approaches to family adaptation when raising a child with a disability. I also presented on keeping marriages and partnerships strong while raising children on the autism spectrum. That conference was made even better because I got to visit the rainforest and see sloths, monkeys and toucans.

Between semesters I further fulfilled my wildlife craving by going to the Galapagos Islands. It is true that you see species that don't exist anywhere else in the world and the wildlife is not shy. This includes the sharks we met while snorkeling and every type of reptile you could imagine.

I continued my qualitative study, with Courtney Williams (a former graduate assistant) on the experiences of fathers of young children with Down syndrome. Both the good news and the bad news is that we have enough data to keep us busy for several years. It is very nice to work as colleagues rather than professor and student. Of all my professional activities this year, I have most enjoyed being the advisor of the Friendship Circle of Pittsburgh. Our inclusion group now has 450 members and our focus is on creating communities in which friendship is more accessible to all-especially youth with disabilities who are often excluded.

My major projects this summer are finishing my book on solo parents raising children with disabilities. I am also looking forward to the challenge of speaking at Travis Air Force Base to military couples raising children with disabilities. This is a new ven-

ture for me. And I hope to cap off the summer with a family vacation, gathering my adult kids from all parts of the US.

Dr. John McCarthy - continues to serve as an International Scholar in the Academic Fellowship Program and works with the Direction of Psychology at Tbilisi State University (TSU) in the Republic of Georgia. He is working on a manuscript with TSU faculty and a recent Counseling alumna, Melissa Habedank, on mental health issues in the country. His work in creativity has been highlighted by a presentation at the statewide CSI Conference at Penn State in April and a webinar for the NBCC Foundation in May. He also continues to be the chair of the Ambassadors for the NBCC Foundation.

Dr. Tyler Wilkinson - Congratulations to Dr. Wilkinson for his feature article, The Affordable Care Act and counselor licensure, in the May 2014 issue of Counseling Today.

The full text of his article can be viewed at: http://www.counseling.org/Publications/CT_Flip-Book/0514/. Dr. Wilkinson gave a webinar for the National Board of Certified Counselors Foundation Innovation in Counseling: Working with Minority Populations webinar series in February 2014.

Dr. Lorraine J. Guth has had an incredible 16th year at IUP. She recently participated in the Malawi Counseling Institute. Ten counseling professionals from the United States were selected to be a part of this institute that was sponsored by the National Board for Certified Counselors. She conducted the presentation "Wellness and Self-Care for Counselors" during the institute. In addition, Dr. Guth worked with the Guidance, Counseling and Youth Development Centre for Africa where she provided consultation and direct service in four primary schools. Dr. Guth also had the privilege to meet the President of Malawi, Dr. Joyce Banda, during the trip (see picture on page 9). After returning to the United States, Dr. Guth shared this experience with counseling students at IUP as well as elementary students at several local schools.

Dr. Guth delivered the national presentation "Integrating Wellness Interventions into Counseling Practice: A Review of Research and Possibilities" at the American Counseling Association (ACA) Conference that was held in Hon-

olulu, Hawaii in March. During the conference, Dr. Guth was also presented with a President's Award from the Association for Specialists in Group Work in recognition of dedicated service to this organization.

This semester, Dr. Guth taught the Multicultural and Diversity Issues in Counseling class. There were a number of outstanding guest speakers who shared their experiences with the class. One guest was Dan McCoy, a Paralympic Gold Medalist. He was a member of the 2014 Paralympic Sled Hockey Team. Team USA went on to win the Gold Medal with a 1-0 win over the host team Russia.

Dan shared his life journey of growing up with a disability and his quest for the gold medal. Dan is also the cousin of Sabrina Streightif, a current counseling student.

Personally, her children, Alex (15) and Adriana (11), are growing up and continue to play ice hockey and lacrosse. Both children won their hockey playoff and championship games this year. Dr. Guth is looking forward to enjoying the summer with her family.

Other Collaborative Publications Include:

Guth, L. J., McAuliffe, G., & Michalak, M. (2014). Counselors abroad: Outcomes of an international counseling institute in Ireland. *The Professional Counselor, 4*, 28-34.

Guth, L. J., Dandeneau, C. J., & Lukehart, K. L. (2014). It's ok to be me. In J. DeLucia-Waack, S. Korta, K. Maertin, E. Martin, F. Colvin, & L. Zawadski (Eds.), *School counselors share their favorite classroom guidance activities: A guide to choosing, planning, conducting, and processing* (pp. 286-290). Alexandria, VA: Association for Specialists in Group Work.

Lukehart, K. L. & Guth, L. J. (2014). Diversity rocks. In J. DeLucia-Waack, S. Korta, K. Maertin, E. Martin, F. Colvin, & L. Zawadski (Eds.), *School counselors share their favorite classroom guidance activities: A guide to choosing, planning, conducting, and processing* (pp. 304-307). Alexandria, VA: Association for Specialists in Group Work.

Faculty News

Dr. Holly Branthoover In July 2013, Dr. Branthoover was promoted to Full Professor. She is currently serving as President Elect of the North Atlantic Region Association for Counselor Education and Supervision (NARACES) and will assume the presidency on July 1, 2014. Dr. Branthoover was also recently appointed the 2015 Conference Co-ordinator for the Association for Counselor Education and Supervision (ACES) 2015 conference in Philadelphia, PA. She continues to serve the Pennsylvania Counseling Association (PCA) as membership chairperson.

In addition to her involvement in professional organizations, Dr. Branthoover has co-presented several professional presentations: one in November 2013 at the ACES conference in Denver, CO and two in November 2013 at the PCA conference in State College. Dr. Branthoover has also been involved in student mentoring, co-presenting with a Penn Center student at the PCA conference and mentoring an Indiana campus student to complete an article for PCA Inc., the PCA professional journal. In fall 2013, Dr. Branthoover also conducted two invited presentations: one co-presentation on leadership at the ACES conference and one on licensure for the Westmoreland School Counselors Association.

At IUP, Dr. Branthoover serves on the University Wide Tenure Committee and as the Graduate Coordinator for the department. In addition, she maintains seeing clients at her private practice in the Pittsburgh area.



Dr. Guth being presented ASGW Award by Alicia M. Homrich, ASGW President.

Dr. Bob Witchel - I will be presenting on "Healing Trauma through Somatic Experiencing and Gestalt Intervention Strategies" on May 22nd at the IUP Inaugural REACH Conference: "Understanding and Responding to Violence and Trauma." I attended the ACES (Association for Counselor Education and Supervision) Conference in Denver in Nov. 2013 and the 4th Annual Integrative Medicine for Mental Health conference in Chicago in September 2013.

I attended a premier showing of the documentary "Alive Inside" at the Boulder (Colorado) International Film Festival in February. The film shares the work of the Music and Memory project helping elders, suffering from a wide range of cognitive challenges (dementia, Alzheimer's), find renewed meaning and connection in their lives through the gift of personalized music. I am developing a plan to initiate the Music and Memory project in the Pittsburgh area. More information about this important work can be found at: <http://musicandmemory.org/>.

I continue to coordinate the Counseling programs in the Pittsburgh area, work with our website and the alumni newsletter.

In April, I traveled with my family on a cruise to St. Maarten, St. Thomas and Nassau, and am looking forward to a relaxing summer and a family vacation in Florida. Our son, Jeremy holds leadership positions in the BBYO Jewish Youth Organization and will make a month-long visit to Bulgaria and Israel this summer. He will be a senior this Fall and will be applying to colleges this summer.

My wife, Debbie, an LPC, continues to have a active private practice in the Pittsburgh area. Our son, Josh, is a graduate student in Social Work Administration at the University of Chicago. Our daughter, Rebekah continues to teach third grade in the Allegheny Valley School District. Our grandson, Noah will turn two next month. After our 21-year-old Maine Coon Cat passed away in October, we adopted two kittens and a cat from the Animal Rescue League - Gracie Belle, Stella and Milton. Life is good!

Counselor Awareness Month

The Pennsylvania Counseling Association Counseling Awareness Month Subcommittee selected the IUP departmental submission as the winning entry! Thank you for your efforts to help spread the message about our wonderful profession.

2014 ACA Code of Ethics

The 2014 ACA Code of Ethics was approved by the Governing Council at its meeting at the ACA conference held in Honolulu, Hawaii. The 2014 ACA Code of Ethics replaces the 2005 edition.

The new edition is the first code that speaks to the ethics of using social media with clients. It also presents new or expanded guidelines for preventing the imposition of counselor personal values, distance counseling, confidentiality, dual relationships, multiculturalism and diversity, the use of technology, recordkeeping, diagnosis, end-of life care and the selection of interventions. See more at:

<http://www.counseling.org/knowledge-center/ethics>

Seeking Volunteer Clients for Penn Center

We are seeking Volunteer Clients for Practicum for this Fall Semester at Penn Center. If you are aware of any potential volunteers who are interested in "free" counseling with our practicum students, working under supervision, please contact Dr. Bob Witchel at Bwitchel@iup.edu or call Penn Center at (412) 824-1999

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Alumni—Online Course Survey

We invite you to take a [short survey](#) to help the Counseling Department gauge your interest in [online programs](#) and courses as well as your desired matriculation pace. The survey should take less than five minutes, and we are sincerely grateful for your interest in our program. Your participation in this survey will help us ensure continued effectiveness of IUP Counseling Department programs.

[Take the survey \(click here\)!](#)

Dr. Spinelli Memorial Fund

If you wish to contribute to the Dr. Spinelli Memorial Fund, contact the Office of Annual Giving at (724) 357-5555 or write to: The Office of Annual Giving, 411 Sutton Hall, Indiana University of PA, Indiana, PA 15705. The annual award is given to a current counseling student.

Alumni - Job Leads

As graduation occurred a few weeks ago we have many recent alumni looking for counseling positions in both school and clinical mental health settings. If you know of any position openings either in school or agency settings, please email them to Dr. Dandeneau (cdanden@iup.edu) and she will post them on our FACEBOOK page, or you can link to our FACEBOOK page: [Indiana University of Pennsylvania—Department of Counseling](#) and post the job announcement yourself. *Thanks in advance for helping!*

Department of Counseling Students Meet with Paralympic Gold Medalist Dan McCoy

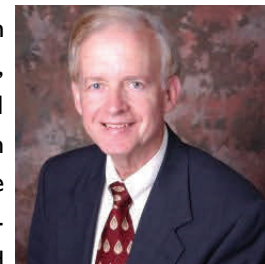
Graduate students enrolled in the Multicultural and Diversity Issues in Counseling class recently had the privilege of meeting with Dan McCoy who was a member of the 2014 Paralympic Sled Hockey Team. Team USA went on to win the Gold Medal with a 1-0 win over the host team Russia. Dan was born with Spina Bifida and Hydrocephalus. At the age of six, he began playing sled hockey and had a dream of one day being on the Olympic team. He shared his life journey of growing up with disability and his quest for the gold medal. His mother, Angela McCoy, also discussed her experiences as an advocate and parent of a child with a disability. It was an honor to have them at IUP.



Dr. Guth and her Multicultural and Diversity Issues in Counseling class with Dan McCoy, 2014 Paralympic Sled Hockey team member.

CCTS offering Play Therapy workshop in Fall 2014

The Center for Counselor Training and Development is pleased to welcome back Dr. Garry Landreth, an internationally known figure in the field of play therapy, who will present a one-day workshop. This event, entitled “Healing the Hurting Child: The Necessary Dimensions of Child-Centered Play Therapy,” will take place at the Greensburg Garden and Civic Center on October 17, 2014, from 8:30am-3:15pm in Greensburg, PA. During the presentation, Dr. Landreth will shed light upon the perceptual world of the child, the dynamic elements of the relationship that facilitate the play therapy process, structuring the relationship in the playroom, “reading” themes in children’s play, the four healing messages needed by a child who is hurting, helping children develop self-control and self-responsibility, the ACT model of therapeutic limit setting, and the language of facilitating change in children. Workshop activities will center around spontaneous demonstrations by Dr. Landreth on specific challenges in the play therapy experience and analysis of videotapes of Dr. Landreth’s play therapy sessions.



Dr. Landreth is internationally recognized for his writings and work in promoting the development of child-centered play therapy. He is a Regents Professor in the Department of Counseling and founder of the Center for Play Therapy at the University of North Texas. Dr. Landreth is a frequent speaker at play therapy conferences around the world. His more than 150 journal articles, books and DVDs include the recent 3rd edition of his award-winning book *Play Therapy: The Art of the Relationship*, which has been translated into several languages.

Registration will open August 1, 2014, with early bird rates available through September 12th. For more information, please visit the CCTS website www.iup.edu/counseling/centers/ or contact the CCTS by phone (724) 357-3807, or email: ccts-coun@iup.edu.

Alumni Spotlight

Our very own Diane Dean, owner of Epiphany! Counseling & Wellness Center, receives the Pittsburgh Business Times 2014 BusinessWomen First Award.

Diane Dean has been honored as one of 25 women selected this year for the BusinessWomen First Awards. This prestigious award is presented by the Pittsburgh Business Times, and sponsored by PNC Bank.

The BusinessWomen First Awards recognize the region's most influential business women in the community. Winners, selected from every industry and profession, are women who've made a difference in their communities, blazed a trail for other women and are leaving a mark on the western Pennsylvania business community. The winners of this award are established business leaders with a strong record of innovation in their field, and outstanding performance in business.

This award is earned by women whose efforts are molding their workplace and industry.

The Women's Leadership Reception and BusinessWomen First awards ceremony and gala dinner was held on Thursday, March 13, 2014, at the Omni William Penn Hotel. Networking was held from 4-6 PM.

Learn more by calling (724) 387-1650 or visit www.epiphanyweb.net



Pictured above: Diane Dean, IUP Counseling Department alumni, owner of Epiphany! Counseling and Wellness Center

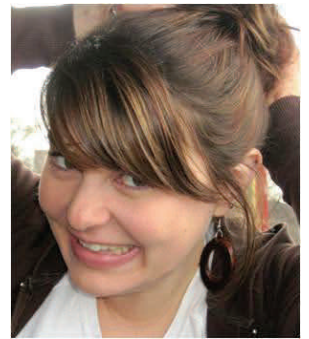
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Outstanding Student Awards

The **Indiana campus** award recipient is **Collin Nordby**, who will be graduating in August 2014. Collin was also the 2014 NBCC Foundation Rural Scholarship awardee, and he received the 2014 IUP President's Fund for Excellence award. Collin has experience as a Crisis Intervention Specialist, Behavioral Support Staff, and was Dr. Dandeneau's Graduate Assistant. He is a member of the American Counseling Association, Psi Chi: The International Honor Society in Psychology. He recently submitted an article to *Counseling Today*, entitled, *What are we treating? The controversy between mental health and addictions treatment*. Collin is pictured with Dr. Claire Dandeneau at the Indiana Graduation.



The Penn Center/**Pittsburgh** award recipient is **Alisha Bashaw**, who graduated in December 2013. Alisha was a member of CMHC Daytime Cohort One. Alisha was President of the Counselor Education Student Association (CESA), Volunteered for the ROX program, was a member of Chi Sigma Iota Honor Society, ACA, PCA, NBCC, Greater Pittsburgh Counseling Assoc., and the Colorado Counseling Association.



Alisha presented with Dr. Bruno and others at the PCA Conference in 2013 on *Let's hear it from the girls: Critical issues impacting adolescent girls*. She also presented, with others from her cohort, on *"The Career Exploration Station"* at the Annual Pregnant and Parenting Teen Workshop at IUP in April 2013. Alisha also received the George Spinelli Scholarship in May 2013.

George Spinelli Scholarships

The **Indiana campus** recipient of the 2014 Spinelli Scholarship is **Ellen Stewart** a Clinical Mental Health Counseling student. Ellen is a board certified music therapist who has worked with elderly clients and children who have special needs. Ellen created and implemented a Wellness Workshop for mothers of children with special



needs this past March. She is a member of Phi Kappa Phi, the Golden Key International Honour Society and CESA. She volunteered to assist with the admission's workshop and the graduation ceremony.

In her essay for this scholarship Ellen said, "I would like to gently place my feet into George Spinelli's steps then continue to walk, creating a pathway of encouragement for others to continue their own journeys." Her future plans include working with families with children who have special needs, developing a conference for counselors to learn music therapy techniques and to pursue doctoral studies.

The **Pittsburgh campus** recipient of the 2014 Spinelli Scholarship is **John Tucker**, majoring in Professional School Counseling. He has been a graduate assistant for Dr. West for two years working on a range of duties from research to orientation for new students. He is a motivated, hard-working and bright student and several faculty have asked his permission to use his work as class examples. In his application for this scholarship, John demonstrates the passion that is needed to advocate for the role of a school counselor.



He writes, "despite budget cuts in many states, I believe it is an exciting time to enter the field of school counseling as more school districts are understanding the role of school counselors and how they are critical to the success of students in the personal/social, academic, and career domains." He hopes to be able to one day teach and train future school counselors who share his passion for the profession.

IUP Pittsburgh (Penn Center) Graduation - MA and MEd



INDIANA CAMPUS GRADUATION - MA and MEd



Members of Community Counseling Cohort 5 arranged a recent reunion in Monroeville. Pictured with Bob Witchel are Joelle Kemerer-Archer, Katja Smithley, Jessie Iole, Alicia Bisaha, Joan McCullough, Cynthia McGill (not pictured). Another reunion is planned in the future. Three of the alumni present are in private practice.

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2014 Career Day Workshops for Pregnant and Parenting Teens

“Career Day”, an annual, collaborative workshop coordinated by the Department of Counseling and the Armstrong Indiana Intermediate Unit (ARIN) Pregnant and Parenting Teen program was held on March 12, 2014 in the HUB at IUP. Five Department of Counseling master’s degree candidates presented career workshops to 34 pregnant and parenting teens to help them develop job search skills and post-secondary educational goals.

Dr. Carone assisted students in developing innovative workshops that were very well-received by the teens. Counseling students who developed and presented workshops were: Monica Truitt, Hillary Smith, Kathy Kane, Jennifer Barone, and Siara Gibson. Erin Fritz from IUP’s Department of Financial Aid was a guest presenter. The coordinators of the ARIN Pregnant and Parenting Teen Program, Tammy Wolfe, Tina Ganchur, Julia Valenti, and Gary Simmons provided breakfast and lunch and coordinated a raffle with many toys donated by programs at ARIN.

Workshop offerings included topics such as, “Career Personalities,” “Financial Aid for College Planning,” “Job Interviewing,” “Resume Writing,” and an interactive campus tour guided by Cathy Kane.



Pictured above: Siara Gibson



From left to right: Jennifer Barone, Cathy Kane.



From left to right: Monica Truitt, Hillary Smith

Three cheers for Dr. Witchel! (by John McCarthy)

I have the good fortune to run into alumni wherever I go...from conferences to family outings to classroom speakers...and I often receive comments about my professional activities. My first thought is, “Wow, that’s kind of them to say, but how in the world did they know about that?” “Why,” the response often goes, “I read it in the Alumni Newsletter.” But of course! I realize that this Newsletter is critical in keeping connections with our incredible alumni base, and I wanted to take a moment to recognize the outstanding dedication and efforts over many—I don’t know exactly how many—years in his role as Editor of the Newsletter. Three cheers and much appreciation for Dr. Witchel!

School Counseling Alumni PK (preK) -12 single certificate

Many of you may be aware of the changes in the School Counseling certificate to a preK-12 single certificate. For those of you who currently hold a single certificate, either K-6 or 7-12, who would like to get the new single certificate, please see our website:

<http://www.iup.edu/counseling/students/default.aspx>.

You’ll find directions on how to apply for the new certificate there. Feel free to call Dr. Dandeneau at 724-357-2306 with any questions.

Governor Corbett Signs Child Protection Bills

New Laws Define Mandatory Reporters of Suspected Child Abuse

The new laws will expand and further define mandatory reporters and the reporting process, increase penalties for those mandated to report suspected child abuse who fail to do so, and provide protections from employment discrimination for filing a good faith report of child abuse. The Bills signed into law are as follows:

Senate Bill 21 (Ward): Effective Dec. 31, 2014

- Clarify the definition of mandatory reporter to include anyone who comes in contact with a child, or is directly responsible for the care, supervision, guidance, or training of a child as a mandatory reporter.
- Outline the reporting process for mandatory reporters, including immediate reporting to the Department of Public Welfare by phone, with a written or electronic report filed within 48 hours.

House Bill 436 (Stephens): Effective June 16, 2014

- Add definitions, outline and streamline reporting procedures for mandatory reporters, while expanding those who are required to report suspected child abuse.
- Increase penalties for a mandatory reporter's failure to report suspected child abuse or make a referral to the proper authorities.
- Require the posting of signs in certain business establishments to provide information on where to make a report of suspected child abuse.

House Bill 431 (Gingrich): Effective Dec. 31, 2014; Applicable to applications or renewals on or after Jan. 1, 2015

- Require Department of State licensing boards with jurisdiction over licensees identified as mandatory reporters to provide training and continuing education, approved by the Department of Public Welfare, on child abuse recognition and reporting.
- Define number of hours of training required prior to the issuance or renewal of a license.

Senate Bill 33 (Mensch): Effective Dec. 31, 2014

Provide for protection from employment discrimination for mandatory and permissive reporters who report suspected child abuse in good faith.

Dr. Guth in Malawi



Dr. Guth is pictured with president of Malawi, Dr. Joyce Banda, during her visit to Malawi with a group from NBCC.

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We have seats available this summer and Fall in the following elective classes. Some of these classes are designated for a specific cohort, however there are still seats available. If you have difficulty enrolling contact Dr. Dandeneau at 724-357-2306.

Summer Elective Descriptions

Penn Center/Pittsburgh

COUN 673 (501) Wellness Based Counseling. In this course, definitions and models of wellness will be presented. A theoretical model of human change processes will be examined. Using a specific model of wellness in combination with the model of change, students will explore human change and wellness from personal and interpersonal perspectives. Current methods and research on habit change, incorporating concepts of commitment, adherence, and maintenance of change will be considered.

Dr. Bruno; July 7—Aug. 7; Thursdays, 4:45—9:50 p.m.

COUN 677 Crisis Addiction Counseling. Students will develop an understanding of counseling clients/students during crisis, disaster, and other trauma causing events and counseling clients/students through addictive process relating to chemical and behavioral addictions. For crisis and addiction counseling, this course will examine theories, models, assessment techniques, and intervention strategies. The counselor's collaborative role in crisis preparedness and response is discussed, including self-care strategies appropriate during crisis and addiction counseling. Student competencies are enhanced by participation in activities addressing theoretical as well as practical knowledge of crisis and addiction counseling.

Section 501 Dr. Branthoover; June 2—July 3; Thursdays, 4:45—9:50 p.m.

Section 502 Dr. Branthoover; July 7— Aug. 7; Tuesdays, 4:45—9:50 p.m.

COUN 672 (502) Counseling & Consultation within Systems Students will be provided with an in-depth exploration of systems theory and its interface in school, clinical mental health, and family counseling work. Students will develop an understanding of how to engage collaboratively with larger systems that have an impact on persons, families, and communities. The aim of this course is to develop collaborative clinical and consulting knowledge that contributes to families, organizations, and communities within a social justice framework. Models and processes for consulting within systems will also be applied to the work of counselors. Prerequisites: COUN 617 and COUN 637. **Lisa Maloney July 7— Aug. 7; Thursdays, 4:45—9:50 p.m.**

COUN 671 Diagnostic and Treatment Issues for Counselors This course provides an introduction to the principles and practices of the diagnostic process with a focus on the current edition of the Diagnostic and Statistical Manual of Mental Disorders. It focuses on the history of the major classification system, descriptions of various mental disorders, and their corresponding diagnostic criteria. Treatment issues and an introduction to the use of medication related to mental disorders will also be covered.

Prerequisite: None.

Section 501 Dr. Marshak; July 7— Aug. 7; Tuesdays, 4:45—9:50 p.m.

Section 502 Dr. Branthoover; June 2— Aug. 7; Thursdays, 1:30—4:00 p.m.

Indiana campus

COUN 738 (001) Advanced Counseling Theory: Experiential Counseling. This course will provide an overview of the concepts of experiential counseling. The approach emphasizes the promotion of deeper in-session (group or individual) experience (s) as a means of facilitating therapeutic change. The focus of the class will be on understanding and utilizing experiential activities, techniques, and interventions to facilitate here-and-now client/student awareness. Students will be exposed to both traditional (Client-Centered, Gestalt, and Psychodrama) and non-traditional experiential therapies (Adventure-based Counseling and Therapeutic Wilderness Camping). NOTE: This course involves physical activity. This course is offered **May 19-23 from 8:30 a.m. - 3:55 p.m.** **Dr. Dandeneau**

COUN 673 (001) Wellness Based Counseling Are you interested in learning strategies for enhancing wellness in self and others? If so, this exciting elective is being offered in a week long format on the Indiana campus **June 16 to June 20, 2014 (9:00 a.m. to 4:25 p.m.)**. Participants will learn about models of wellness and human change and apply wellness counseling principles. Students will also experience a variety of wellness techniques such as yoga, mindful meditation, guided imagery, exercise, and much more. If you have questions or need further information, please contact **Dr. Lorraine Guth (724-357-5509 or lguth@iup.edu)**.

Summer Elective Descriptions (continued)

Indiana campus (continued):

COUN 671 (001) Diagnostic and Treatment Issues for Counselors This course provides an introduction to the principles and practices of the diagnostic process with a focus on the current edition of the Diagnostic and Statistical Manual of Mental Disorders. It focuses on the history of the major classification system, descriptions of various mental disorders, and their corresponding diagnostic criteria. Treatment issues and an introduction to the use of medication related to mental disorders will also be covered. Prerequisite: None.

Lisa Maloney; June 2— Aug. 7; Wednesdays, 1:30—4:00 p.m.

COUN 677 (001) Crisis Addiction Counseling. Students will develop an understanding of counseling clients/students during crisis, disaster, and other trauma causing events and counseling clients/students through addictive process relating to chemical and behavioral addictions. For crisis and addiction counseling, this course will examine theories, models, assessment techniques, and intervention strategies. The counselor's collaborative role in crisis preparedness and response is discussed, including self-care strategies appropriate during crisis and addiction counseling. Student competencies are enhanced by participation in activities addressing theoretical as well as practical knowledge of crisis and addiction counseling. **Elizabeth Sysak; June 2—July 3; Thursdays, 4:45—9:50 p.m.**

Fall Elective Descriptions

Penn Center

COUN 675 (501) Grief Counseling This course is an in-depth exploration of the grief process with a focus on grief counseling strategies. The differences between "grieving well" and complicated mourning will be explored, along with counseling strategies to facilitate a healthy grieving experience. Providing counseling to individuals (children--adult) and families experiencing the trauma caused by a loss such as suicide, death of a child/sibling, homicide, and unexpected death will be included.

Dr. Bob Witchel Thursday, 7:20—9:50 p.m.

Penn Center/Pittsburgh Campus Remodeled

Penn Center was fully remodeled over winter break. All of the carpeting was replaced, walls painted, and there is new furniture in the computer lab area and lobby. Thanks to Paula Stossel, Assistant Dean for Administration at the Graduate School and Tracey Poach at Penn Center for all of their hard work to create a more comfortable space for our students and faculty.



Reception area



Student Computer and Lounge area

Alumni Feedback

We want to know what our alumni are doing – professional activities, publications, presentations, current employment positions and so forth. We also want to update our mailing list, and obtain e-mail addresses. We are interested in knowing about employment and internship opportunities for our current students. Please return this form (add additional sheet if needed) to: Dept. of Counseling, Stouffer Hall, Room 206, 1175 Maple Street, Indiana, PA 15705. 724-357-2306 or, you can email it to Bwitchel@iup.edu

Place of Employment _____ Job Title _____

Publications _____

Presentations _____

Other news _____

IMPORTANT:

As we are no longer printing our Newsletter, we will notify you by **EMAIL** when it is available on our Department Website. In order for us to accomplish this, we are asking you to update your email address and other contact information with the IUP Alumni Affairs office. You can do this in three ways: 1) simply call 800-YES-2IUP; 2) send an email to alumni-relations@iup.edu; or 3) fill out the form on the Alumni Affairs website: <http://www.iup.edu/upper.aspx?ekfrm=37027>. Currently, we only have about 1,000 emails for the over 2,050 counseling alumni who receive this newsletter. So, please update your email address so we can stay in touch with you!



As a way to acknowledge the mark of quality by our accreditation the Department would like to further support Clinical Mental Health Counseling and School Counseling students by defraying their registration and travel costs for professional conferences and for coursework in other countries. Your support may also be dedicated to faculty initiatives. Thank you!

4450/NCSPE/SUBS/AO14

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Newsletter on the Web

You can view this and previous issues of our newsletter at www.iup.edu/counseling in the news section.

Faculty email addresses

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 Dr. Carone: stacia.carone@iup.edu
 Dr. Dandeneau: cdanden@iup.edu
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Dr. Worzbyt jcworz@iup.edu
 904 Peltier Dr., Cary, NC 27519

Department Website Dr. Witchel and his GA, Kailyn Hall, maintain the department website at www.iup.edu/counseling. If you have any feedback or suggestions feel free to email us at bwitchel@iup.edu

Alumni

Brian Pysh, (MEd, 2004) completed his PsyD degree at Immaculata University in 2012 and is currently working as a Psychologist in a correctional facility in the state of Indiana.

Samantha Hughes Baillie (MA, 2011) is an Adolescent and Early Childhood counselor at Peak Wellness Center and living in Cheyenne, Wyoming, was married in June 2013 and expecting a baby in July.

Joanne Bissell (MA, 2013) working with Mobile Behavioral Health Team, Mon Yough Community Services.

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IUP Counseling Department Newsletter

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