

# College of Health and Human Services

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The College of Health and Human Services at IUP has over 3,000 students enrolled in nine departments, centers, and institutes.

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Our College continues to provide high-quality programs that focus on student success and support while minimizing health risks to students, faculty, and staff. View our [Spring 2021 Plan](#).

## Culinary Faculty Use Technology to Help Students Learn

This year with the COVID pandemic, traditional ways of teaching have been challenged; however, our faculty have found new ways of helping students learn through new uses of technology.

[Chef Melinda McIsaac](#) has incorporated new technology into her classes in order to help students learn, and she shared that information at IUP's Virtual Technology Day on Monday, January 11, and Wednesday, January 13.

Chef McIsaac's session entitled, "Incorporating New Technologies into Your D2L Classes" showed faculty members how to embed technology that would help students learn and understand class material better. Some of the examples she shared included Quizlets, Kahoot games, and short videos. She explained that "embedding the items helps to be able to track usage and see if students are using the materials that are provided."

Even though culinary and baking are very much hands-on, the use of technology has become more important, especially in times of social distancing when the need for virtual learning increases.



## Adjunct Faculty Member Pam Walaski Published in Professional Safety Journal

Safety Sciences Adjunct Faculty member Pam Walaski had her article published in the *American Society of Safety Professional's (ASSP) Professional Safety Journal*. Her article, "The role of leading and lagging indicators in OSH performance management" appeared in the August 2020 issue.

Pam is serving a three-year term as ASSP Director-At-Large. She has a national reputation as a seminar leader and conference presenter on multiple Occupational Safety and Health (OSH) topics including risk management, Occupational Health Safety Management Systems (OHSMS), and serious injury.

## Research by Nursing Faculty

Dr. Teresa Shellenbarger and Dr. Elizabeth Gazza (BS '87 ,MS '01) recently published their research, "The lived experience of nursing faculty developing as scholarly writers," in the Nov/Dec 2020 issue of the *Journal of Professional Nursing*.

Dr. Nashat Zuraikat co-authored an article with his graduate assistant, Isaac Paintsil, in the *International Journal of Nursing and Healthcare Research*. The article was entitled, "The impact of educational Intervention on Incivility among Nurses: An Integrative Literature Review," 4(2):76-82.

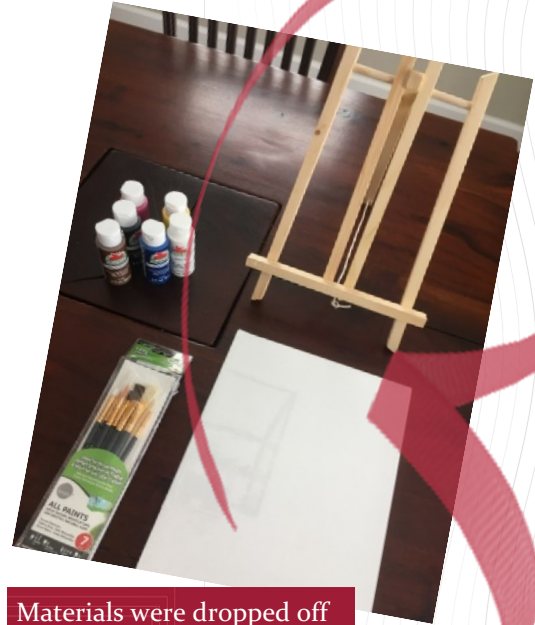


## CCAMPIS Program Hosts “Parents & Paint”

Student-parents enrolled in the CCAMPIS (Child Care Access Means Parents in School) Program participated in a “Parents & Paint” via zoom session on December 3rd.

The “Parents & Paint” event was spearheaded by CCAMPIS Family Support Specialist Kelly Swain and CCAMPIS assistants Avien Lawson (senior FSMR student) and Makenzie Sayers (senior FCSE student). Sayers has a knack for painting and teaching, and this was her first event teaching via zoom session, which was quite successful as shown by the positive feedback from enrolled student-parents.

Students with young children who would like more information about the program, can email [ccampis-program@iup.edu](mailto:ccampis-program@iup.edu) or find the application and income guidelines at [CCAMPIS](#). Follow CCAMPIS on Facebook at [CCAMPIS at IUP](#).



Materials were dropped off to parents in advance of the December event.

### What is CCAMPIS?



- IUP CCAMPIS program is authorized by the Higher Education Act and administered by the US Department of Education
- The program helps low-income student-parents stay in school and graduate.
- IUP CCAMPIS is fully funded by the US Department of Education.
- Dr. Kalani Palmer (HDFS/FSCE) is the project director/principal investigator, and Dr. Sarah Brown (HDFS/FCSE) is a co-investigator for CCAMPIS at IUP.



Examples of students' finished work after their Zoom session

## HOSP Faculty Participation and Presentation

Stephen B. Shiring, Chairperson and Professor in the Department of Hospitality Management, participated in a Dale Carnegie Training Course entitled, “Exemplary Student Centeredness,” and presented using Cisco Webex format. The Dale Carnegie course applied Dale Carnegie principles and identified ways to maintain a friendly, low pressure, and high service environment to ensure customers return.

The workshop specifically addressed “how to” improve customer service skills emphasizing positive point-of-service interactions, create a positive first and lasting impression for students, use tools to help employees manage customer expectations and follow through on service promises, provide training that focuses on enhancing communication with internal and external customers, identify quick, accurate solutions to concerns that enhance the student’s experience, and empathize with students and each other to improve the customer’s experience.

The Dale Carnegie Course was sponsored by IUP’s Eberly College of Business & Information Technology.

## CRIM Faculty and Alumna Publish

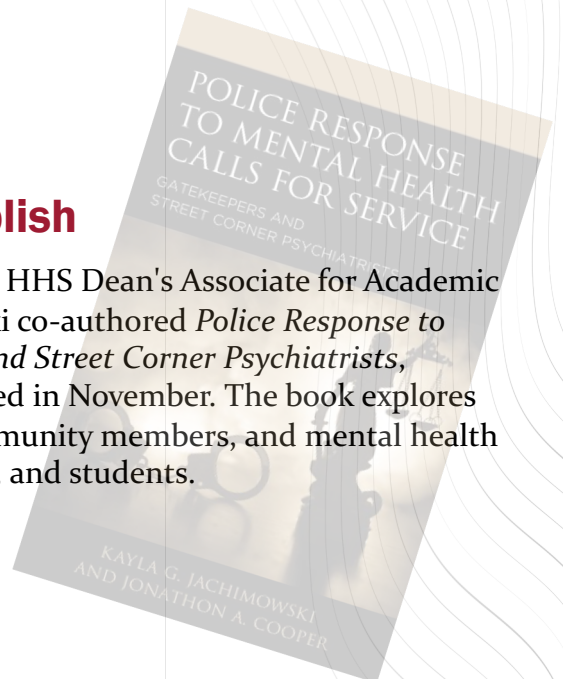
Dr. Jonathon Cooper, Criminology faculty and HHS Dean's Associate for Academic Affairs, and IUP alumna Dr. Kayla Jachimowski co-authored *Police Response to Mental Health Calls for Service: Gatekeepers and Street Corner Psychiatrists*, published by Rowman & Littlefield and released in November. The book explores the relationships between police officers, community members, and mental health providers, appealing to practitioners, scholars, and students.

## Former SAFE PhD Student Publishes Article with Current Faculty

Former IUP Safety Sciences student Francine Diehl published an article with faculty members Dr. Luz Marin and Dr. Majed Zreiqat titled, “An evaluation of AT&T social marketing delivery modes aimed at teen smartphone use while driving” in the *Journal of Cultural Marketing Strategy*, 5(1), 60-75.

## Editorial Board Invitation

Dr. Nashat Zuraikat, Nursing and Allied Health Professions faculty, was invited to serve on the editorial board of *Hospital Topics* journal as a consulting editor.



## Nutrition and Dietetics Students Volunteer at Indiana County Farmers' Market

During the Fall semester, members of IUP's Student Association of Nutrition and Dietetics ([SAND](#)) had the opportunity to volunteer at the Indiana County Farmers' Market.

SAND is a student-run departmental organization involved in the IUP and Indiana communities. Student nutrition and dietetic members volunteer and are active in community-based experience with support of the faculty from IUP's Food and Nutrition Department.

COVID-19 might have put a damper on the efforts of some IUP organizations, but SAND found a way to give back while learning important community nutrition skills that will be used in the future.

From August to October, SAND members attended the weekly farmers' market and assisted shoppers with choosing the best quality fruits and vegetables. SAND helped with menu and recipe ideas for the produce. SAND members also helped those receiving Supplemental Nutrition Assistance Program (SNAP) to understand how best to use their benefits and how to choose produce to complement other food assistance the individual or family received. Produce is often hard for the SNAP participants to obtain, but thanks to SAND, both the SNAP participant and the local farmers benefit, bringing often missed food sources from the farmer to those in need.



SNAP table at the Indiana County Farmers' Market



Erica Neff, senior dietetics major, volunteered at the Farmers' Market

Maddie West, a senior Dietetic student, stated, "I get so much out of going to the farmers' market and helping the SNAP participants make sure to use their benefits wisely. The SNAP participants would often ask me what they can do with a specific produce, and I can use what I learned at IUP to help them with recipe and menu ideas."

## Wearable Technology in the Ergonomics Laboratory



Students Logan Crooks and Joe Wilson demonstrate an overhead task while wearing an exoskeleton.



The [Safety Sciences](#) department was recently awarded an ACPAC grant to purchase a passive exoskeleton for the ergonomics laboratory. A passive exoskeleton uses a system of enclosed pulleys and springs to assist in holding up the weight of one's arm while performing overhead work. Occupations that require overhead static postures while holding a tool and applying force commonly result in shoulder-related musculoskeletal disorders (MSDs). Generally, MSDs such as sprains, strains, and tears have an astounding cost to private industry, totaling \$367 billion dollars in 1996 and increasing to \$796 billion dollars between 2009 and 2011. Direct and indirect costs are often not immediately available due to a variety of expenses, such as pain management, rehabilitation, excessive recovery time, and days away from work. Wearable technology such as the exoskeleton has emerged as a new strategy in lowering the exertion levels in overhead tasks.

Toward the end of the Fall 2020 semester, the exoskeleton was used in the laboratory by undergraduate students to simulate an overhead task. Eventually, as covid-19 restrictions ease, students will be able to measure muscle activity levels, using electromyography (EMG) analysis, while wearing the exoskeleton and compare it to muscle activity levels while performing the task without the exoskeleton. Additionally, user acceptance of the technology is extremely important as manufacturers work to refine the design of the exoskeletons. A recently admitted MS student has committed to conduct a thesis using the exoskeleton in her workplace to assess qualitative outcomes on user acceptance.

## HOSP Alumni lead the Pittsburgh Chapter CMAA

The Pittsburgh Chapter of the Club Management Association of America (Pittsburgh Chapter CMAA) is a professional association of managers of membership clubs in the Western Pennsylvania area. Leading the Pittsburgh Chapter's Board of Directors are two IUP Department of Hospitality Management alumni, Hannah Street and Paul Kobar. President Hannah Street ('12) is the Membership Director at Wildwood Golf Club, and serving as Vice President is Paul Kobar ('13), Banquet Manager at the Pittsburgh Golf Club.

President Hannah Street said, "I truly feel as a student in the Department of Hospitality Management the guidance provided by the faculty to help focus my time and professional experiences provided opportunities that have set me up to succeed in ways I could have never imagined while sitting in Ackerman Hall. From networking events to balancing work and life, IUP was the greatest starting point for my career, and I am proud to call myself an IUP alumni."

Paul Kobar, Vice President, echoed Hannah's words, stating, "I am proud to be an alumnus of the Hospitality Management program at IUP...The program helped me to understand the combination of hard work and dedication is what I need in order to succeed, and this continuous effort will help propel me to where I want to be in my career. This valuable learned life-lesson is something I continue to express when...I am invited back to IUP and the program."

The [Department of Hospitality Management](#) has sponsored a student chapter of the CMAA since 2006, and both Hannah and Paul jump-started their careers as student members in the IUP chapter. There are currently 42 CMAA student chapters chartered across the United States.

Faculty advisors to the IUP CMAA student chapter are Dr. Yasong Wang and Dr. Stephen B. Shiring and both also serve as Directors on the Pittsburgh Club Managers Foundation (PCMF), a leading organization founded by the major leaders of the Pittsburgh Chapter CMAA. The foundation aims to create and develop comprehensive fundraising initiatives as well as provide the scholarship programs and educational support for club managers and student members of the chapter. Dr. Wang serves on its scholarship committee to help select the recipients of the two prestigious Foundation Scholarships each year: the Pittsburgh Club Managers Foundation Internship Scholarship and the Distinguished IUP Hospitality Management Student Scholarship.



**Hospitality  
Management**