

# College of Health and Human Services

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The College of Health and Human Services at IUP has over 3,000 students enrolled in eight departments, nine centers, and two interdisciplinary programs.

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The HHS Dean's Office is looking forward to the spring, although we'll miss the HEART-felt messages that are often left behind!



## CRIM Visiting Research Scholar Brown Bag Series



Dr. Wonyoung Song was the first presenter in a series of virtual brown bag discussions hosted by the College of Health and Human Services Research Committee in conjunction with the Department of Criminology and Criminal Justice. Dr. Song's presentation entitled *Two Heads are Better Than One: Introducing One Head from South Korea* provided the audience with an introduction to Dr. Song, an overview of his research interests, and discussion of his most recent research projects and future collaborative research projects with new partners.

Dr. Wonyoung Song is serving IUP this year as a Visiting Research Scholar sponsored by the College of Health and Human Services, Department of Criminology and Criminal Justice, and the IUP Center for Research in Criminology. Dr. Song is a Professor in the Department of Counseling and Psychotherapy at Konyang University. After earning a BA from Chungnam National University (South Korea), Dr. Song earned MA and PhD degrees in Clinical Psychology from Yonsei University. Dr. Song's expertise includes various research methodologies, the understanding of anxiety and other psychological conditions, and assessing the behaviors of sexual offenders. While at IUP, Dr. Song is working with Dr. Bitna Kim (CRIM) on a study investigating the validation of instruments that predict recidivism among sexual offenders.

Dr. Song is working out of Wilson Hall and is available for collaboration through December 2022.

## It's a SNAP – Celebrating National Nutrition Month

The Student Association of Nutrition and Dietetics (SNAP) celebrated National Nutrition Month in March with a smoothie sale, macaroni and cheese crockpot cook-off competition, and a program with a nationally known speaker.

The smoothies featured banana, coconut, and spinach flavors, with students, faculty, staff, and community members stopping by the Hadley Union Building for a taste.

In the middle of March, the macaroni and cheese cook-off, was a great success, with all proceeds from the event donated to the [IUP Food Pantry and Help Center](#), which provides food, toiletries, and some clothing items to IUP students in need. All the macaroni and cheese recipes had to include a whole grain pasta or a vegetable.

The final event for National Nutrition Month was a presentation by Haley Goodrich, certified eating disorder registered dietitian. Her program, "Developing a Healthy Relationship with Food in a Weight Obsessed World," was open to the community and focused on helping people heal from disordered eating and cultivating a peaceful relationship with food and their body. She specializes in eating disorder recovery, body image, and weight-inclusive nutrition therapy, and she is an *International Association of Eating Disorders Professionals Foundation* approved supervisor for registered dietitians. She is also co-founder of INSPIRD to SEEK, mentoring nutrition entrepreneurs and practitioners who are challenging the status quo of our health industry, integrating a non-diet approach and HAES philosophy into all health care settings.



## Class of 2022 McCauley Award Recipient



Najla Alfares, a senior student in IUP's Respiratory Care program, was selected by the program faculty as the Class of 2022 recipient of the Ann and Daniel McCauley Memorial Award for Respiratory Care. This is a very special award to the respiratory care program since the McCauley family felt very close to the respiratory therapists while in the hospital, and they chose our program to provide an endowment.

Each year, the respiratory care faculty nominates worthy candidates and subsequently votes for one graduating senior to receive this prestigious monetary award.

The recipient is one who best exemplifies and demonstrates the "4 Cs" of Respiratory Care -- Compassion, Caring, Communication and Competence -- in their day-to-day interactions with others and, most importantly, their clinical interactions with patients.

Congratulations, Najla!

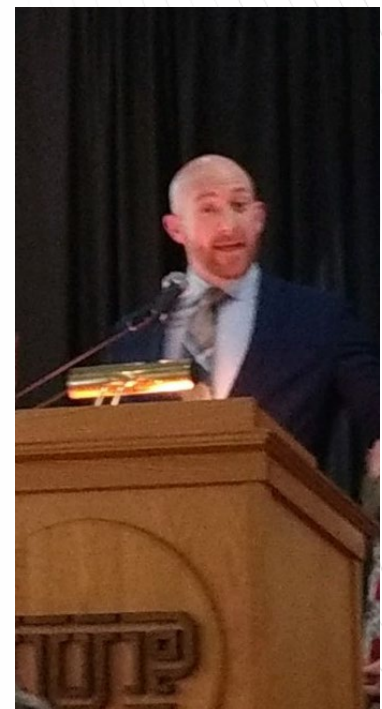


## 2022 Young Alumni Achievement Award

Dr. Garrett Keller, '08, M'12, professor of exercise science at Youngstown State University (Youngstown, OH), was selected by the College of Health and Human Services to receive the 2022 IUP Young Alumni Achievement Award. He was able to attend the awards ceremony in March as well as meet with faculty and students from the Department of Kinesiology, Health, and Sport Science. Keller enjoyed his return to campus!



*KHSS faculty members Bob Alman, Joshua Castle, and Leslie Stenger pose with Young Alumni Garrett Keller and KHSS alum Krista Matsko.*



*Young Alumni Award Winner Garrett Keller*



# Academy of Culinary Arts Students Compete in Cook-Off

Downtown Indiana's Annual Chili Cook-Off to benefit activities and initiatives for downtown Indiana took place on Saturday, February 26, at Nobel Stein Brewing Company in Indiana. The event raised more than \$2,000.

Culinary Arts students Stormy Dunmire, Claudia Conrad, and Emily Shaffer participated in the event. Stormy prepared a unique Kimchi Chili and won the student category. Emily prepared a vegan chili, named "Everything Under the Sun Chili." And Claudia made "CC's Homestyle 3 Bean Chili" and was the overall winner for the day.

Chef Thomas Barnes was the lead judge for the event. The event was also judged by the sponsors and the public through sampling.



*Congratulations!*





## Congrats to RT Leadership Award Recipient



The recipient of the Stacy Lynn Sabocheck Leadership Award demonstrates initiative, leadership, commitment to the profession, and excellent academic and clinical performance, as well as qualities that make him/her most likely to make a positive impact on the profession of respiratory and health care. This year's recipient was senior Alyssa Close.

In 2002, senior Stacy Lynn Sabocheck won the then-named Leadership Award, but sadly passed away shortly after graduation, and in her honor the award was renamed the Stacy Lynn Sabocheck leadership Award. Stacy exhibited the leadership award qualities on a daily basis, and our annual recipients are honored to have their name inscribed alongside Stacy's in our program hallway.

## Kim Publishes on Publication Bias in the Discipline

Dr. Bitna Kim's study entitled "Publication bias: A 'bird's-eye view' of meta-analytic practice in criminology and criminal justice" was recently published in the *Journal of Criminal Justice*. The study examined recent meta-analyses in the fields of criminology and criminal justice (CCJ) to capture a snapshot of the current state of publication bias practices and provided practical guidelines and recommendations on how to address the issue of publication bias in meta-analytic reviews. The content analysis reviewed 64 meta-analyses published in top-tier journals in the CCJ field between 2019-2020 and concluded there is a need to continue monitoring the quality of meta-analyses to gain a comprehensive picture of how bias leaves a potential imprint in CCJ research.



## ERHSA Remembers Program Co-Creator Marty Morand

The Employment Relations and Health Services Administration department (formerly the Industrial and Labor Relations Department) lost its "co-creator" of the program and department, Martin (Marty) Morand. Marty, who died March 5, 2022, at the age of 94, was a tireless organizer, skilled negotiator, and preeminent practitioner of worker education. A graduate of Cornell, he was deeply rooted in New York Jewish union culture, especially the International Ladies Garment Workers Union (ILGWU). He got to know Pennsylvania through years of servicing and negotiating for the union garment shops that fled New York City and settled in Pennsylvania after World War II. Marty threw himself into the transition of the Association of Pennsylvania State College and University Faculties (APSCUF) from a high-minded association into a serious union that negotiated a contract considered the best of its genre for decades. He also used his organizer position to create a degree-granting Industrial and Labor Relations Department and a worker-oriented Pennsylvania Center for the Study of Labor Relations both at IUP. His partner in the creation of these entities, Donald McPherson called Marty "the most successful strategist I have ever known. His thinking through of an issue, of moves to make, of interests of the parties, of forces to set in motion, was eons ahead of those with whom he was interacting to accomplish some goal."

## **Criminology MA “2022 Best Online Program”**

IUP’s Department of Criminology and Criminal Justices’ online MA program is ranked in the top 32 programs in the nation according to competitive rankings established by *U.S. News & World Report*. The publication’s “Best Online Programs” are the only US rankings that evaluate specific online programs rather than lumping all of a college’s online offerings into a single ranking, magazine editors said.

More than 1,200 programs were considered for inclusion in the rankings, which used five factors to evaluate programs:

- Faculty credentials and training (instructors with strong academic credentials);
- Services and technology (programs that incorporate diverse online learning technologies to allow for optimal flexibility for students);
- Engagement (courses that promote active participation between students and faculty responsiveness to student needs);
- Student excellence (accepting students with proven aptitudes, ambitions, and accomplishments); and
- Expert opinion (a survey of high-ranking academic officials in the discipline evaluating a program’s reputation).

## **Video Tutorials Published by Sociology Faculty**

Sage Publications recently invited Dr. Susan Boser to publish a series of Video Tutorials based on her scholarship on ethics in the context of community-based, or participatory, research. Filming was completed last fall. The Video Tutorials will be released in 2022 as part of the *Sage Research Methods Collection: Research Ethics*. The three 30-minute videos are "Introduction: How participatory research differs from traditional research design and the implications for ethics," "Using perspectives on power to design methods for participatory research," and "Complexity in insider/outsider relations: Implications for participatory research."

## **Nursing and Allied Health Professions Keep Busy**

IUP’s Zeta Lambda Chapter of Sigma Theta Tau International Nursing Honor’s Society will hold an Induction Ceremony for new inductees in April at the Rustic Lodge in Indiana.

The Nursing Christian Fellowship (NCF) meeting was held on Monday, March 21, to discuss “The Principal of Sowing and Reaping.” The discussion and refreshments were enjoyed by all who attended.

Four Respiratory Care students have been nominated for membership in the Lambda Beta Honor Society – The National Honor Society for Respiratory Care. Each year, nomination in the Society is awarded to respiratory care students who are in the academic top 25% of respiratory care majors in their last semester of study. The four recipients for 2022 are Najla Alfares, Lubabah Khawi, MacKenzie Lockhart, and Saja Albedaiwi. Congratulations on your accomplishment!