

College of Health and Human Services, IUP

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The College of Health and Human Services (HHS) at IUP continues to provide a high-quality education that prepares our students to become leaders in the field. It has been a busy Fall as we welcomed approximately 910 new students and 1900 returning students. We continue to put students first in all aspects of our work, while taking pride in establishing a learning-centered environment. Our faculty are truly amazing, and you will see glimpses of that in the articles enclosed. If you are ever in the area, please stop by as we welcome you anytime.

Happy Thanksgiving – from all of us, we are thankful for each of you!

Proud Hawk,
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College of Health and Human Services

Student Receives the 2022 National League for Nursing Education Scholarship

Laurie Connors, a student in Indiana University of Pennsylvania's PhD doctoral program in nursing, has been selected for a 2022 National League for Nursing Education Scholarship. She will be recognized as a scholarship recipient at the National League for Nursing Education Summit on September 29.

She completed her Doctor of Nursing Practice degree with a project focusing on individual decision-making following clinical genetic testing, and never planned to go back for a PhD. However, her passion for genomics—and expanding genomics informed nursing and workforce skilling of nurse practitioners in genetics and genomics—led her both to Vanderbilt and eventually to IUP.

Connors decided that she wanted to go advance her research skills to the “next level,” she had heard about IUP's [Nursing DNP to PhD program](#)—“IUP's program definitely is well regarded by nursing professionals,”—and was excited to begin the program with a statistics course. She credits IUP nursing faculty Meigan Robb and Kristy Chunta for serving as mentors along the way. IUP's [PhD in nursing program](#) offers a unique blend of both the DNP and nurses on a direct path to the PhD component. The program is based in nursing education research, nursing pedagogy, and faculty role development, designed to offer students the skills necessary to excel as professors in the nursing field. The DNP to PhD opportunity definitely appealed to Connors. “IUP's program is just stellar, there are not many programs like it available. I also like how IUP's program has developed an inclusive academic environment of nursing students blending both DNPs and PhDs,” she said.



Culinary and Baking Students Active Outside the Classroom



Punxsutawney is a small community, but there is more to do here than you would imagine, especially thanks to the Punxsutawney Activities Board and a group called the Welcome Wagon. The Welcome Wagon Group is a volunteer community group that plans events to welcome IUP Punxsutawney students each year. Each semester the group plans fun or informative events for the students. The semester began with a sponsorship from this group. In September the Welcome Wagon's Meet & Greet Event brought in 33 organizations from the community which included churches, local businesses, healthcare, counseling services, banks, the Punxsutawney Community Center, and even Punxsutawney Phil himself!

The next event that the Welcome Wagon will be sponsoring is the Friendsgiving in November, where the

group will prepare a Thanksgiving feast for all the students. The Punxsutawney Activities Board is the campus organization that consists of students from all populations of students that plan events for everyone. The approximate 16 active members have planned a karaoke night, a pumpkin decorating night and will be hosting the Annual Halloween party this week. More events are being planned to finish out the fall semester.

ASPP Board Highlights Monthly Member, a School Psychology Alumna

The ASPP Executive Board would like to highlight our September Monthly Member Spotlight/ASPP Accolade recipient, Dr. Angela McMasters, from Indiana Area School District! Dr. McMasters was nominated as the September Monthly Member Spotlight/ASPP Accolade recipient as a result of her Visionary Leadership.



“Dr. McMasters is the driving force behind the construction of our MTSS model here at IASD. Her vision for what our system needed to be to give all students the support they need has now come to fruition due to her hard work and dedication. She led the charge in our efforts to improve the organizational structures that were causing "curriculum casualties," and has built a system through which we can now be certain that a student has received all possible opportunities and supports possible before we evaluate them for special needs. This process has not been easy, and Angela accomplished it through difficult conversation after difficult conversation, unwavering advocacy, strategic collaborations, and undying optimism. She constantly says, "now that we know better, we have to do better," and will never stop fighting to improve the system of supports to make sure that each and every student has the best possible chance to succeed. Ange single-handedly changed my perception of what a School Psychologist should be.”

Thank you, Dr. McMasters! You are an everyday hero and we celebrate your visionary leadership!

The Academy of Culinary Arts is Presented in CAFÉ's New Journal Publication

CAFÉ is excited to announce publication of the “**Journal for Culinary Education Best Practices, Volume 5, Issue 2, September 2022.**”

This issue features “*Comparative Analysis of Student Success Rates Using a Traditional Teaching Model and Flexible Teaching Model*” written by Melinda L. McIsaac, M.Ed., MA, CEC, CCE, FMP of the [Indiana University of Pennsylvania](#) and is now available on our website. Please login and go to the [Member Section](#) to view this newest issue of the journal.

We would like to extend our thanks to Dr. Jean Hertzman for spearheading this issue and to Melinda L. McIsaac, M.Ed., MA, CEC, CCE, FMP for her article. Without their hard work and dedication to culinary education this September 2022 issue would not have been possible.



CAFÉ is now offering new membership categories if you have not already looked at our website. Along with our individual membership we have an institutional membership (for 3 or more memberships from the same institution) and an industry membership. All membership information can be found under our [Resource Center](#) on our website.

If you are no longer a current member of CAFÉ, please consider activating your membership again.

Our website is www.CafeMeetingPlace.com. If you have trouble logging in our website, please do not hesitate to reach out to us. Thank you.

Preparing Nursing Students to Remedy a Global Crisis



The list of reasons why hospitals, medical offices, and other companies lacked adequate nursing staff is long. There's an aging workforce that had been losing nurses to retirement faster than it was gaining them from colleges, many nurses chose to leave the field for something else because of burnout, and there's a shortage of qualified faculty to teach the next class of nursing students. The nursing crisis is touching virtually every part of the world, yet the seeds of a solution are being sown on

a smaller scale at places like IUP. Already known nationally for its undergraduate nursing program, IUP is helping by continuing to offer, and enhance, its nursing educator graduate-level programs, including the Nursing PhD, Online MS in Nursing, and the Doctor of Nursing Practice to PhD.

According to the US Bureau of Labor Statistics, there will be an average of 194,000 nursing openings every year for the next 10 years. That's a good thing for schools that have solid reputations for nursing, like IUP. "We have a reputation for excellence because of our high state board pass rates at the undergraduate level and because our graduate programs have a unique niche that focuses on nursing education and preparing future nurse educators at the master's and doctoral levels." Students who complete any of IUP's nursing programs don't often struggle to find a job. Many have multiple offers.

Culinary Students Win Ricupero Scholarship

The Ricupero scholarship was established in 2001 by members of the Ricupero and Lubold families to honor Tony and Emma Ricupero's reputation in the food service industry for hard work, quality service, customer satisfaction and service to the community. Originating as a "pop stop" in 1945, then owned by Tony and Emma Ricupero, the Rustic Lodge has flourished into Indiana's finest full-service banquet facility, spanning 50 years and three generations. Tony and Emma Ricupero dedicated their lives to their family and their business and created a Memorial/Rustic Lodge Scholarship that is given to an IUP culinary student every year.



Gabriella Finn, Pinecroft Avenue, Altoona and Emily Shaffer, Curwensville, received the scholarship, which provides financial assistance to full-time students enrolled at the IUP Academy of Culinary Arts. To be eligible for the award, recipients must have a grade-point average of at least 3.5 and be entering their third semester at the academy.

Finn, daughter of Thomas and Traci Finn, is a 2021 graduate of Bellwood-Antis High School. While at the Academy, she received an award for perfect attendance and was valedictorian of the Baking and Pastry Program. She completed her externship at Nemaquin Woodlands Resort in Farmington. Shaffer, daughter of Paula and Gary Shaffer, is a 2020 graduate of Curwensville High School. While at the Academy, she received awards for high academic honors and excellent attendance. She completed her externship at The Biltmore in Asheville, N.C.

IUP Department of Food and Nutrition Faculty Finds Journal



Dr. Pao Ying Hsiao (Professor, Department of Food and Nutrition) currently serves as the founding editor of the International Journal of Health, Nutrition, and Exercise Science (JNES). JNES aims to publish high quality, peer-reviewed research in the areas of health, nutrition, and exercise science, giving priority to articles that are multidisciplinary in nature. JNES is committed to disseminating knowledge to advance research agendas in health, nutrition, and exercise science, and promotes works that bridge the gap between scholarship and practice. Currently, there are no publication fees for authors.

Please visit the journal's website to view the first two issues (<https://www.gaics.org/journal/JNES>) and for author guidelines if you are interested in submitting a manuscript. The journal is also actively recruiting experts to serve on the editorial board. Please email (pyhsiao@iup.edu) if you are interested in serving.

Criminology Alum Selected as HHS Young Alumni Achievement Award

Derrick L. Maultsby, a 2017 graduate of Criminology at IUP, has been selected to receive the university Young Alumni Achievement award. Mr. Maultsby, Jr. is an Associate at Jackson Kelly PLLC, practicing in the Business Law, Intellectual Property & Licensing, and Tech & Data practice groups, focusing primarily on technology, data privacy, corporate compliance, corporate consultation, and sports & entertainment. He practices out of the Firm's office in Pittsburgh, Pennsylvania. He has been recognized for his legal expertise and thought leadership by several organizations including, but not limited to, the Pittsburgh Business Times in their 2020 30 under 30 class and the American Lawyer Magazine in their 2021 Trailblazer in the Law class. In addition to his legal practice, Derrick serves on several Corporate and Non-Profit boards, including his position as the Diversity, Equity and Inclusion Board Chair for Pittsburgh Young Professionals. Derrick is a recent graduate of the Duquesne University School of Law.



Kinesiology, Health, and Sport Science Faculty Selected for Prestigious Award

Dr. Keri Kulik has been chosen as the 2022 Shape Pennsylvania's University Teacher of the Year. She will be honored at the Teacher of the Year Award Celebration at Spooky Nook Sports on Thursday December 1st. This is a prestigious award that applauds leadership, dedication, professionalism, and service to school and community. Keri Kulik teaches in the undergraduate and graduate Health and Physical Education Teacher Education programs. Kulik is a certified teacher in health and physical education, general science, and biology. She also holds several national certifications, including certified strength and conditioning specialist from the National Strength and Conditioning Association, physical best certification, and Google Educator certification.



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