

College of Health and Human Services

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The College of Health and Human Services at IUP has over 3,100 students enrolled in nine departments, centers, and institutes. Visit us at iup.edu/healthhumanserv.

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Recent Campus Events

Homecoming (below) with Hope Kiehl and Dean Sylvia Gaiko



Family Weekend (below) at the picnic on the Zink lawn



Hospitality Management Creates New Partnership

The Department of Hospitality Management and Reinhart Foodservice, a family-owned enterprise and one of the largest foodservice distributors in the country, have partnered to deliver yet another

exceptional learning

opportunity for IUP

students. Reinhart Foodservice has created, for the IUP Hospitality Management student, a user-friendly accessible learning platform within their TRACS Direct® restaurant management system.

Zachery Young, Chef and Sales Consultant for Reinhart Foodservice, emphasized, "Reinhart is dedicated to helping IUP and the Department of Hospitality Management train the next generation of food and beverage management professionals. Our TRACS Direct® restaurant management system is the industry leading online kitchen and restaurant management system."

According to Dr. Stephen B. Shiring, Department Chairperson, the "IUP Hospitality Management students now have direct access

to Reinhart's Distribution Centers, providing real-time data, including specifications and pricing on thousands of products ranging from top national brands

to Reinhart's own high-quality Exclusive Brand assortment. Categories include fresh meat, seafood, produce, dairy/non-dairy, coffee, dry groceries, frozen

foods, refrigerated foods, china, utensils, disposables, and foodservice equipment and smallwares. This student learning platform will certainly give our graduates the experience to provide for them a

competitive advantage

when interviewing for the professional management job in the marketplace."

Dr. Yasong Wang added, "The RFS TRACS Direct® student learning platform allows our faculty to create real-operational assignments within the curriculum content areas of purchasing, recipe development and management, real-time cost analysis and pricing, menu development and planning, nutritional information, quantity food production, and fine dining,

Students gain experience in budget forecasting, inventory control, placing orders, and understanding purchase requisitions and invoices."

"...a powerful addition to the curriculum."
Chef Santicola

Chef Jeffrey Santicola agreed saying, "Our students are required to work in three food production lab courses. The Reinhart TRACS Direct® Restaurant

management system will enhance the skill set of our students and be a powerful addition to the curriculum." Founded in 1972, Reinhart is dedicated to driving the success of their customers and the communities in which they serve and is committed to the highest level of customer service, safety, and sustainability. Shiring said, "We continue to strive to provide the IUP Hospitality Management student the Premier educational management training and necessary hands-on experience within the PASSHE system."

IUP has the largest Hotel, Restaurant, Tourism and Special Event undergraduate program in the PASSHE System and is accredited by the Accreditation Commission for Programs in Hospitality Education (ACPHA).

KHSS Student Teaching Experience in Puerto Rico

David Wachob, Kinesiology, Health, and Sport Science teacher education program coordinator, established an agreement with the Ramey School in Aguadilla, Puerto Rico, to allow IUP teacher candidates to complete their experience with the school.

Wachob, along with another KHSS teacher education faculty, Dave Lorenzi, traveled to Aguadilla and toured the school. While there, they met with teachers and administrators, and they observed several classes. They also visited the USCG Air Station Borinquen to establish housing options for the students while they are living there. Students will be staying in military housing, with access to the base amenities, including fitness center, swimming pool, library, and shopping.

Ramey Unit School occupies 20 lush, tropical acres located in the northwest corner of Puerto Rico near the town of Aguadilla. Ramey's approximately 500 students are dependents of active duty military members and civilian federal employees serving at USCG Air Station Borinquen and other federal

agencies located on what was once Ramey Air Force Base. Ramey Unit School offers a world-class education to students enrolled in classes from pre-kindergarten through 12th grade.



FCSE Students Participate in Coffee and Canvas

Students in the Family and Consumer Sciences Education Program hosted a Coffee and Canvas painting party in Ackerman Hall.

“Food Security in Action” Field Day for Dietetic Interns



Jodie Seybold, Food and Nutrition, worked with the Greater Pittsburgh Community Food Bank to develop a Food Security in Action field day for the IUP Dietetic Interns.

This past summer 2019, Seybold worked with the Greater Pittsburgh Community Food Bank, located in Duquesne, PA, to develop a field day surrounding food assistance programming for the IUP Dietetic Interns. The IUP Dietetic Internship Certificate Program has an Intervention and Community Education concentration, which heavily **serves the Indiana County community**, as well as surrounding counties. On



October 11, 2019, at the Food Security in Action field day, interns heard from the Nutrition Education/Publications and Healthcare Partnerships team, a SNAP Coordinator, representatives from the Produce to People program, Government Affairs employees, individuals involved with the Commodity Supplemental Food Program (Senior Boxes), and Child Nutrition programming coordinators. The interns finished their day with a tour of the food bank, learning about the process of donations, working with Feeding America, food storage, and distribution processes. Regularly, interns work with individuals and families who are served by these programs. Hearing

from the planning teams and coordinators about the time and effort to get these programs out to community members brought the dietetic intern’s learning experience **full circle**.

Understanding the complexity of food insecurity, Seybold has utilized past grant monies from Produce for Better Health to provide **fruit and vegetable education** to rural families in Indiana county. Seybold teaches community nutrition, and Sustainable Nutrition, which received an IUP Teamwork Grant in coordination with Dr. Hao Tang’s Environmental Aquatic Chemistry students to study rain water effects on soil composition and runoff. Seybold presented their findings at the Pennsylvania Academy of Nutrition and Dietetics Annual Meeting and Exhibition Open Poster Forum in March 2019.



Want to learn more about a potential career in Food and Nutrition? Visit <https://www.iup.edu/foodnutrition/>

Nursing Research Leading the Way

Faculty members in the Department of Nursing and Allied Health Professions presented research at the Professional Nurse Educators Group’s 46th Annual National Conference on Professional Nursing Education and Development in Cleveland, Ohio. On October 3, Mr. Benjamin Martin, Dr. Elaine Little and Mrs. Janis Barner presented, “Leading the Improvement of Clinical Judgment in Nursing Students.”

Criminology Student Receives Prestigious Phi Kappa Phi Fellowship

Megan Travers, a 2019 graduate of the Department of Criminology and Criminal Justice, received one of just 58 fellowships awarded annually by the Honor Society of Phi Kappa Phi. Fellowships are awarded to the nation's top scholars entering their first year of graduate school who attended an institution with an active Phi Kappa Phi chapter for their baccalaureate degree.

During her time at IUP, Travers worked on several research projects with faculty mentor Dr. Brandon Dulisse in the Department of Criminology and Criminal Justice.

Travers received the 2018 College of Health and Human Services Student Scholarly Activity grant and several other IUP travel grants to help support her research, which she presented at the annual conferences of the American Society of



Criminology and the Academy of Criminal Justice Sciences.

Travers previously received the Phi Kappa Phi Reynolds Scholarship, which is awarded by the IUP Chapter of Phi Kappa Phi to the top undergraduate student member of the

organization who plans to pursue post-graduate education. Travers began her first year of graduate studies at the University of Pennsylvania this fall.

Phi Kappa Phi is an interdisciplinary honor society headquartered in Baton Rouge, Louisiana. Membership is by invitation only to the top 10 percent of seniors and graduate students and the top 7.5 percent of juniors. Faculty, professional staff members, and alumni who have achieved scholarly distinction also qualify for membership.



Safety Sciences Career Fair a Success

The Safety Sciences Department held its 14th annual Career Fair on the last Thursday in September.

A record 75 companies were in attendance with company representatives searching for co-op students, interns, and permanent employees from our current students and alumni.

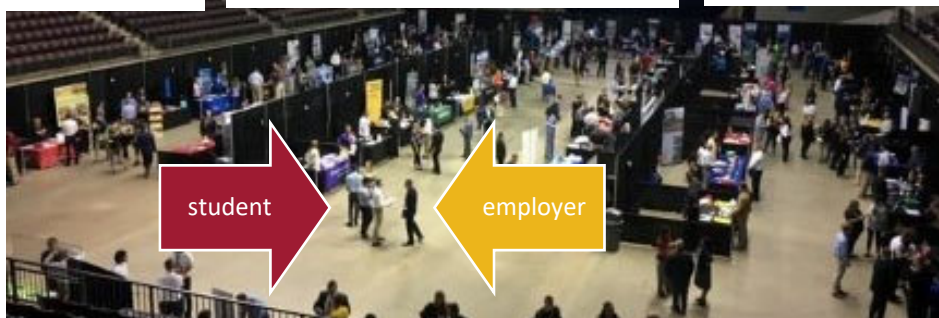
This year the first ever **Meet & Greet** was held on the evening prior to the Fair. This gave the students and recruiters an opportunity to meet in a casual atmosphere -- no resumes

required! Food and games were provided for this icebreaker event.

Special thanks to American Bridge, Equinor, and Leonardo DRS for providing funds for

student refreshments during the Fair.

Mark your calendar for next year's Safety Sciences Career Fair to be held Thursday, September 24, 2020.



Welcome Wagon Organizes a “Meet & Greet” for Students...

A local community group, the Welcome Wagon, hosted the Annual Meet & Greet for Students on Wednesday, September 18.

The Welcome Wagon, a local group of volunteers from the community, was created to offer support and a welcoming group to the students who chose Punxsutawney to further their education. The volunteers host events throughout the year for the students. One

that has become an annual event is the Meet & Greet. The Meet & Greet is a chance for our students to be introduced to businesses and community groups from Punxsutawney. This year’s event included nearly 30 vendors from local restaurants, churches, health care facilities, and grocery stores as well as other organizations such as the Salvation Army, Punxsutawney Chamber of Commerce, Punxsutawney



Community Center, and The Groundhog Club. Every vendor provided information and a “freebie” to each student, giving students a chance to learn more about the community they are a part of. It also gave students a chance to learn about volunteer and employment opportunities in the community. Students even had the opportunity to meet Punxsutawney’s biggest celebrity, Punxsutawney Phil!



...while HOSP welcomes a horse drawn wagon!

The Pittsburgh Brewing Company’s historic delivery horse-drawn wagon joined the Hospitality Management Department in the IUP Homecoming Parade on October 5.



Respiratory Care Club Activities

Students in the Respiratory Care Club, from the Nursing and Allied Health Professions Department, planned educational outreach activities to spread the word about respiratory care.

In September, they participated in IUP Day to increase awareness of their organization and allow students to explore ways of getting involved.

In October, club members educated high school students in the junior and senior level anatomy classes in the Indiana Area High School; they presented information on the effects of vaping on pulmonary health and discussed the profession of respiratory care.

In November, the Care Club visits the IUP Police Academy to educate the cadets on the importance of first responders and knowing the vitals of healthcare.



Employment and Labor Relations Joins the Parade



Members of the Employment and Labor Relations department enjoyed the camaraderie at the Homecoming Parade; they joined nearly 80 other campus and community units to celebrate the IUP alumni and students. The fun continued at the Crimson Huddle, followed by the Coal Bowl XI where IUP claimed victory with a 17-6 win over California University of PA.

People to Know and Something to Do

Meet the Dean of the College of Health and Human Services

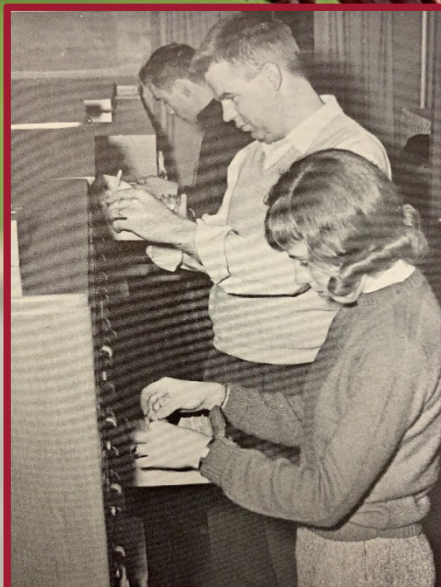
Dr. Sylvia Gaiko began work at IUP on July 1, 2019, coming from the College of Health and Human Services at Western Kentucky University. With her background as a faculty member, graduate coordinator, researcher, director, associate dean, and associate vice president, she brings a multitude of talents and a fresh perspective to the College. When she's not **Happily Helping Students**, you might find her enjoying a little free time with family and friends.



Each issue of the newsletter includes a photo in need of a caption. Send your idea for the best caption via email to chss-deans-office@iup.edu; include your name, IUP connection, and mailing address. Our staff will select one winning caption to be included in the next edition. The winner will receive a prize via postal mail. Hurry – the deadline to submit your entry is November 15!



Hope Kiehl, a family and consumer science education major with a minor in elementary and middle level mathematics, was selected as the 2019 College Crimson Court Representative. She is a Dean's List student, member of Phi Eta Sigma Honor Society, and member of the Family and Consumer Science Education Student Association.



Comments, suggestions, and questions regarding the newsletter can be sent to the editor at beverly.mastalski@iup.edu.