

IUP Dining: Guide to eating on campus during Ramadan.

(February 28, 2025 through March 29, 2025)

To accommodate students who observe Ramadan, we have the following options at **North Dining Hall**:

Breakfast

- Students can preorder a take-out breakfast meal from North Dining Hall. This take-out breakfast meal can be picked up between 4pm and 7pm the day prior. IUP Dining will use a meal swipe from the student at the time of pick up for the breakfast meal being picked up.
- Arrangements can only be made by emailing Anne Stiffler at stiffler-anne@aramark.com by 11am on the day requesting to pick up a bagged breakfast during dinner hours. Include your name, banner number, and one breakfast meal selection from the following options:
 1. Egg and cheese breakfast sandwich
 2. Cheerio cup with milk.
 3. Bagel with cream cheese or butter

All Breakfast meals will include a yogurt cup, whole fruit, and a bottle of water.

Dinner

- Students can preorder a take-out dinner meal from North Dining Hall. This take out dinner meal can be picked up between 4pm and 7pm that day. We will use a meal swipe from the student at the time of pick up.
- Arrangements can only be made by emailing Anne Stiffler at stiffler-anne@aramark.com by 11am on the day you are requesting to pick up a take-out dinner. Include your name, banner number and your dinner meal selection from the following options:
 1. Veggie wrap or PB & Jelly sandwich with bag of chips, whole fruit, and bottle of water. This option is available Mon-Sun.
 2. Taste of Home dinner items to include 1 protein, 1 starch, 2 veggies and a pasta.
 - This option is available Mon-Fri. Menu details can be found on
 - Menu details can be found on <https://iup.campusdish.com/>
 3. True Balance dinner items to include 1 protein, 1 starch, 2 veggies.
 - This option is available Mon-Sun
 - Menu details can be found on <https://iup.campusdish.com/>

IUP Dining also has several **retail** locations that are open past sundown. Please see below for our hours of operation.